

**WOMEN EMPOWERMENT THROUGH
AAMASAMUHA:
A Case Study of HangdewaAamaSamuha of Taplejung
District**

**A Thesis Submitted to:
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LETTER OF RECOMMENDATION

This is to certify that Mr. Keshab Kumar Lama has completed this thesis on WOMEN EMPOWERMENT THROUGH AAMA SAMUHA: A Case Study of Hangdewa AamaSamuha of Taplejung District under my guidance and supervision for the partial fulfillment of the requirement for Degree of Master of Arts in Rural Development. I recommend and forward this dissertation for final approval and acceptance.

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LETTER OF APPROVAL

The dissertation titled WOMEN EMPOWERMENT THROUGH AAMA SAMUHA: A Case Study of Hangdewa Aama Samuha of Taplejung District submitted by Keshab Kumar Lama has been approved by the dissertation Evaluation committee under the Central Department of Rural Development, Kirtipur, Kathmandu in partial fulfillment of the requirement for Degree of Master of Arts in Rural Development has been approved.

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DECLARATION

I hereby declare that this dissertation has not been submitted for the candidature for any other degree.

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Keshab Kumar Lama

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ABSTRACT

This abstract of the thesis illustrates how the entire study has been conducted. This dissertation is a study of Ama Samuha. The major objectives of the study was to find out the role of mothers group for empowerment of women. Moreover, the specific objectives of the study are, to assess the role of HangdewaAamaSamuha for empowerment of women and social development and to explain the attitude of male, female and other members of society towards the empowerment of women through Hangdewa Aama Samuha therefore 90 women from has been selected as the very unique case of the Hangdewa Ama Samuha for the study.

In the study, in order to analyze and inter operate the meaning, empowerment theory is used and analyzed interrelation between theory and practices and tried to find out the gap in the practice level comparing and contrasting the practice. In the study, policies and empirical studies have been critically analyzed and interpreted.

For this study description research design has been used. Primary and secondary such as FGD, interviews and key informant interviews have been used as the dominant data collection tools and techniques in the study. There are mentioned decision making and organizational activities for social development. Within the social development there is described what problems are faced by women working in the group. There are exposed other realms of social and economic life of women. In this background this dissertation has been prepared and submitted to Department of Rural Development.

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Keshab Kumar Lama

Date:

Table of CONTENTS

Content	Page No.
Declaration	i
Letter of Recommendation	ii
Letter of Approval	iii
Acknowledgements	iv
Abstract	v
Acronyms	vi
Table of Contents	vii
List of Tables	x
List of Figures	Xi
CHAPTER - ONE: INTRODUCTION	1-9
1.1 Background of the Study	1
1.2 Statement of the Problem	3
1.3 Objectives of the Study	6
1.4 Conceptual Framework	6
1.5 Theoretical Framework	7
1.6 Rationale of the Study	8
1.7 Limitations of the Study	9
1.8 Organization of the Study	9
CHAPTER-TWO: LITERATURE REVIEW	10-19
2.1 Overall Status of Nepalese Women	10
2.2 Origin of Mother's Groups	12
2.3 Characteristics of Mothers' Groups	13
2.4 Mothers' Groups in the Community Development	14
2.5 The Notion of Empowerment	15
CHAPTER - THREE: RESEARCH METHODOLOGY	20-21
3.1 Research Design	20
3.2 Selection of the Study Area	20
3.3 Nature and Sources of Data	20

3.5	Techniques and Tools of Data Collection	21
3.5.1	Survey Questionnaire	21
3.5.2	Interviews	21
3.5.3	Focused Group Discussion (FGD)	21
3.5.4	Key Informant Interview	21
3.6	Data Analysis and Interpretation	21

CHAPTER -FOUR: THE SETTING AND BACKGROUND OF THE RESPONDENTS **22-35**

4.1	General Topography of Nepal	22
4.1.1	Introduction of Taplejung District	22
4.1.2	Introduction of Hangdewa VDC	22
4.1.2.1	Population Composition	22
4.1.2.2	Education	23
4.1.2.3	Economic Condition	24
4.2	Mothers' Group of Hangdewa	25
4.2.1	Organizational Structure of Mothers Group	25
4.2.2	Resource Generation	26
4.2.3	Resource Mobilization	27
4.2.4	Registration	27
4.2.5	Frequency of Meeting	27
4.2.6	Activities of Hangdewa Mothers' Group	27
4.3	Background of the Respondents	28
4.3.1	Age composition	28
4.3.2	Educational Background	30
4.3.3	Caste and Ethnic Composition	31
4.3.4	Religious Composition	32
4.3.5	Family Background	33
4.3.6	Occupation	35

CHAPTER -FIVE: MOTHERS' GROUP AND EMPOWERMENT OF WOMEN **37-50**

5.1	Women Empowerment Programme	37
5.1.1	Saving and Credit Groups	39

5.1.2	Himali Mahila Savaing and Credit Co-operatioive Ltd	41
5.2	Activities Related to Social Development	41
5.3	Attitude of Males towards MG	44
5.6	Attitude of Non-member Mothers towards Mothers Group	46
5.5	Problems of Mothers' Group	47
5.5.1	The problems faced by Mothers Group Members While Working in MG	49
5.5.1.1	Lack of Sufficient Guidance from Social Leaders	49
5.5.1.2	Lack of Networking with Other Formal Organization	49
5.5.1.3	Internal Conflict	49
5.5.1.4	Limited Financial Sources	49
5.5.1.5	Influence over the Group by few Dominant Mothers	49
5.5.1.6	Low Level of Educational Attainment	49
5.6	External Support	50
CHAPTER - SIX: IMPACT ANALYSIS OF MOTHERS' GROUP		52-55
6.1	Change in Social Status	52
6.2	Involvement in Social Activities	52
6.3	Decision-Making Capabilities	54
6.4	Change in Attitude of Family Members and Neighbors	55
CHAPTER -SEVEN: SUMMARY AND CONCLUSION		56-57
7.1	Summary	56
7.2	Conclusion	57
REFERENCES		59-61
APPENDIX –I : QUESTIONNAIRE		62-68

List of Tables

Table No.	Title	Page No.
Table 4.1	Education Status of Hangdewa VDC	23
Table 4.2	Occupation of Hangdewa VDC	24
Table 4.3	The Source of Fund, Programs and Result	28
Table 4.4	Age Composition of the Respondents	29
Table 4.5	Educational Background of the Respondents	30
Table 4.6	Caste and Ethnic Composition of the Respondents	31
Table 4.7	Religious Composition of the Respondents	33
Table 4.8	Family Background of the Respondents	34
Table 4.9	Occupation of the Respondents	35
Table 5.10	Training Conducted by MG	38
Table 5.11	Problems Faced by MG Members	47
Table 5.12	External Support Received by the MG Members	50

List of Figures

Figure No.	Title	Page No.
Figure 4.1	Conceptual Framework	7
Figure 4.2	Organizational Structure	26
Figure 6.3	Mothers' Group and Others Institution	53

ACRONYMS

MG	Mother's Group
CEDAW	Convention on the Elimination of all Forms of Discrimination against Women
BPFA	Beijing Platform for Action
CRC	Children and Residential Care
ILO	International Labor Organization
UNGASS	United Nations General Assembly Special Session
SAARC	south Asian Association Regional Cooperation
USAID	United States Assistance for International Development
INGOs	International Non-Governmental Organizations
NGOs	Non-Governmental Organizations
VDC	Village Development Committee
WEF	Women Empowerment Framework
UNDP	United Nations Development Program
DFID	Department for International Development
DDC	District Development Committee
LSGA	Local Self Governance Act
ACAP	Annapurna Conservation Area Project
WID	Women in Development
FGD	Focus Group Discussion
CA	Constitution Assembly
Ltd	Limited
BS	Bikram Sambat
MFI	Mricro Finance Insitutions