

**WOMEN EMPOWERMENT THROUGH AAMA SAMUHA**  
*(A Case Study of Jagruk Aama Samuha of Chitwan District)*

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Submitted by

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**TRIBHUVAN UNIVERSITY**  
**FACULTY OF HUMANITIES AND SOCIAL SCIENCES**  
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**KRITIPUR, KATHMANDU**

**LETTER OF RECOMMENDATION**

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**LETTER OF APPROVAL**

The dissertation titled **WOMEN EMPOWERMENT THROUGH AAMA SAMUHA** (*A Case Study of Jagruk Aama Samuha of Chitwan District*) submitted by Jamuna Devi Subedi has been approved by the dissertation Evaluation committee under the Central Department of Sociology, Tribhuvan University in partial fulfillment of the requirement for Degree of Master of Arts in Sociology.

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## **ABBREVIATION**

CEDAW	Committee on the Elimination of Discrimination Against Women
CRC	Chemical Review Committee
SAARC	South Asian Association for Regional Cooperation
ILO	International Labor Organization
UNGASS	United Nations General Assembly Special Session
USAID	United States Aid
INGO	International Non Government Organization
NGO	Non Government Organization
GDI	Gender Related Development Index
HDI	Human Development Index
MG	Mother's Group
WEF	Women's Empowerment Framework
UNDP	United Nations Development Program
VDC	Village Development Committee
DDC	District Development Committee
WID	Women in Developmen
FGD	Focus Group Discussion