

**AN ANALYSIS OF SCHOOL BASKETBALL TOURNAMENTS  
IN KATHMANDU DISTRICT**

**Submitted by:**

**Rabindra Man Maharjan**

**Symbol No. 280745/071**

**T.U. Regd. No: 370 - 93**

**A Thesis**

**Submitted to Physical Education Department**

**In Partial Fulfillment for the Requirement of the Master Degree in Physical Education**

**CENTRAL DEPARTMENT OF EDUCATION**

**UNIVERSITY CAMPUS**

**TRIBHUVAN UNIVERSITY**

**KIRTIPUR, KATHMANDU**

**AUGUST 2019**

**AN ANALYSIS OF SCHOOL BASKETBALL TOURNAMENTS  
IN KATHMANDU DISTRICT**

**Submitted by:**

**Rabindra Man Maharjan**

**Symbol No. 280745/071**

**T.U. Regd. No: 370 - 93**

**A Thesis**

**Submitted to Physical Education Department**

**In Partial Fulfillment for the Requirement of the Master Degree in Physical Education**

**CENTRAL DEPARTMENT OF EDUCATION**

**UNIVERSITY CAMPUS**

**TRIBHUVAN UNIVERSITY**

**KIRTIPUR, KATHMANDU**

**AUGUST 2019**

## **RECOMMENDATION LETTER**

This is to certify that Mr. Rabindra Man Maharjan conducted this thesis entitled “**An Analysis of School Basketball Tournaments in Kathmandu District**” under my guidance and supervision. This thesis report is the result of his own work and he had not copied any aspect from others thesis.

**Date: -5 August, 2019**

.....

**Prof. Mr. ShantaBahadurShrestha**

**(Supervisor)**

**Physical Education Department**

**T.U. Kirtipur**

## APPROVAL SHEET

The thesis entitled “**An Analysis of School Basketball Tournaments in Kathmandu District**” is prepared and submitted by **Rabindra Man Maharjanin** partial fulfillment for the requirement of Master’s Degree in Physical Education has been approved.

### Thesis Evaluation Committee

### Signature

- |   |                     |
|---|---------------------|
| 1. Asso. Prof. Suresh Jang Shahi, Head<br>Physical Education Department<br>University Campus, TU, Kirtipur, Kathmandu | .....<br>Chairman   |
| 2. Prof. Shanta Bahadur Shrestha<br>Physical Education Department<br>University Campus, TU, Kirtipur, Kathmandu       | .....<br>Supervisor |
| 3. Prof. Dr. Lokendra Sherchan.....<br>Physical Education, Department<br>University Campus, TU, Kirtipur, Kathmandu   | External            |

Viva Date: 13 August, 2019

## **DECLARATION**

I hereby, declare that using best ability of my knowledge and deep studying of different reviews, this thesis is my original work. No part of it was earlier submitted for the candidature of research degree to any university, college or educational institution. Whatever subject matter I have presented in this thesis report belongs to my own creation of study.

**Date:- 4 August, 2019**

**Rabindra Man Maharjan**

## **ACKNOWLEDGEMENTS**

It is a matter of great privilege for the researcher to acknowledge his sincere and heartiest gratitude to the respected supervisor, First of all I would like to extend my special thanks and gratitude to my supervisor Prof. Shanta Bahadur Shrestha, Chairman of Physical Education Subject Committee, Tribhuvan University in Kirtipur for his invaluable significance guidance, providing me ideas, suggestions and encouragement in every situations during the completion of this study.

I would also like to express my profound gratitude to Associate. Prof. Suresh Jang Shahi, Head of Physical Education Department and Mr. Shailandra Chiluwal, Lecturer Physical Education Department, T.U., Kirtipur for their continuous guidance and encouragement incompletion this study.

Again, I would like to express my deepest appreciation prof. Dr. Ram Krishna Maharjan, Prof. Dr. Lokendra Sherchan, Prof. Dr. Hum Bahadur Baruwal, Physical Education Department, Tribhuvan University, Kirtipur for their constructive comments and valuable suggestion with making me conscious to complete this research work. In addition to, I offer my thanks to all the researched school Principals, Basketball Coaches, Sports Teachers, Basketball experts, Referees and Student Players for their continuous cooperation and assistance in preparation of this research report.

**August, 2019 Rabindra Man Maharjan**

## ABSTRACT

The study entitled "An Analysis of School Basketball tournament in Kathmandu District" was conducted in the boarding schools of Kathmandu district. The purpose of the study was to find out the situations, problems and other related information on this topic. Ten schools are chosen from different places within Kathmandu district which organize school basketball. The schools were chosen purposively among many schools that used to organize tournaments since last 5 years regularly. The study data and information were taken from principals, coaches, sports teachers and student players of study schools

Small check list was developed to get information of court size, status and event categories that were conducted in tournament. Questionnaire was developed for student players to get the necessary information regarding tournaments they played. Structured interview were taken from principals, sports teachers, coaches for the fulfillment of the study and also taken from other experts, association members and referees. The primary data collected for this study to find out the situations and other information related to school basketball tournaments in these schools.

The major finding of the study was that more schools and students were involved in basketball competitions. Through these competitions students enhance their skills, show their sport talent, their social and other life skills. Schools were also benefited by these competitions for their promotion and using as their marketing strategy.

In the tournaments nearly all the schools expenses more than four hundred thousand rupees per year in coaches salary, equipment, uniform, nutrition, transportation beside that they separately add extra budget in organizing their school tournament. They provide scholarship to the deserving student players and extra coaching classes to the academically weak student players.

The study have revealed that majority of experts said it has good future because it is much more popular in city areas schools. It should be spread around Nepal for more popularity and bringing more people to play. It is best game in small areas. They also suggested that it won't much future unless, it should be moved on

planned way in competition management, infrastructure, player development, coaches and referees development programs.

After drawing the conclusion, the researcher had suggested to work on sufficient physical facilities and well management to run the tournaments properly. Regardless of number of tournaments were being held for the school level basketball. It is to focus on age-based basketball which is the key to success for identifying the talents. For example, mini-basketball, U-14, U-16 basketball in boys' and girls' categories, are essential to develop the basketball in Nepal and proper policies and planning to address the problem regarding the conduction of competition for the development of basketball in school level



## TABLE OF CONTENTS

<b>Title</b>	<b>Page No.</b>
<b>DECLARATION</b>	<b>i</b>
<b>RECOMMENDATION LETTER</b>	<b>ii</b>
<b>APPROVAL SHEET</b>	<b>iii</b>
<b>ACKNOWLEDGEMENT</b>	<b>iv</b>
<b>ABSTRACT</b>	<b>v</b>
<b>TABLE OF CONTENT</b>	<b>vii</b>
<b>LIST OF TABLES</b>	<b>ix</b>
<b>LIST OF FIGURES</b>	<b>x</b>
<b>CHAPTER – I: INTRODUCTION</b>	<b>1-5</b>
1.1 Background of the Study	1
1.2 Statement of the Problem	2
1.3 Objectives of the Study	3
1.4 Significance of the Study	4
1.5 Delimitation of the Study	4
1.6 Definition of the Terms Used	4
<b>CHAPTER – II: REVIEW OF RELATED LITERATURE</b>	<b>6-9</b>
2.1 Implication of the Literature Reviews	8
2.2 Conceptual Framework	9
<b>CHAPTER – III: RESEARCH METHODOLOGY</b>	<b>10-11</b>
3.1 Research Design	10
3.2 Source of Data	10
3.3 Population of the Study	10
3.4 Sampling Procedure and Sample Size	10
3.5 Tools of Data Collection	11
3.6 Finalization of Tools	11
3.7 Method of Data Analysis and Interpretation	11
3.8 Ethical Consideration	11
<b>CHAPTER - IV ANALYSIS AND INTERPRETATION OF DATA</b>	<b>12-26</b>
4.1 Available basketball court condition and sports facilities	13

4.2	Number of interschool participations	13
4.3	Coaches professional skills, academic qualifications	14
4.4	Salary payment to coaches /duration of work(part time)	14
4.5	Tournament categories/days and participating school, players	15
4.6	Expenditure in tournaments, income sources and annual expenditure in basketball	16
4.7	Interest and benefit to school ,basketball coach and students	18
4.8	Student view on regarding Basketball Tournament	19
4.9	No of student players and categories of school team in a school	22
4.10	Problems faced during organizing basketball tournament	22
4.11	Representation of players in national squad , referees and coaches	23
4.12	View on school basketball development (principal/coach and student	23
4.13	Assistance of Nepal Basketball association in organizing tournament	24
4.14	Planning and initiation for the development of school basketball by Neba	25
4.15	School level basketball development and future(according to expert)and international exposers	25

**CHAPTER - V: SUMMARY, FINDINGS, CONCLUSION AND RECOMMENDATION 27-33**

5.1	Summary	27
5.2	Findings	28
5.3	Conclusions	29
5.4	Recommendations	30
	5.4.1 Recommendations for improvement	30
	5.4.2Recommendation for policy	31
	5.4.3 Recommendations for further study	32

**REFERENCES**

**APPENDICES**

## LIST OF TABLES

<b>Table No.</b>	<b>Title</b>	<b>Page No.</b>
1.	Sampling Procedure and Sample Size	10
2.	Available basketball court condition and sports facilities	13
3.	Number of interschool participations in a year	14
4.	Coaches professional and academic qualification	14
5.	Salary payment to coaches /duration of work (part time)	15
6.	Information of tournament regarding participation of teams, players, organizing categories, no of days	15
7.	Evaluation on Tournament management	20

## LIST OF TABLES

<b>Figure No.</b>	<b>Title</b>	<b>Page No.</b>
1.	Expenditure in tournaments	16
2.	Income resources for tournaments	17
3.	Budget for Basketball each year by a school	18
4.	Problem faced by student players	20
5.	Suggestions to improve school level basketball	21
6.	Facilities given to the players	22