

**KNOWLEDGE AND PRACTICE OF FAMILY PLANNING  
DEVICES IN CHAUDHARY COMMUNITY**

**By**

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FACULTY OF EDUCATION  
JANTA MULTIPLE CAMPUS  
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ITAHARI, SUNSARI**

**2018**

## DECLARATION

I hereby declare that this thesis has not been submitted for candidature of any another university degree.

.....

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M.Ed.2<sup>nd</sup> year



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**RECOMMENDATION LETTER**

This thesis entailed "**Knowlwdge and Practice of Family Planning Devices in Chaudhary Community**" submitted by **Shanta Subedi** in partial fulfilment of requirement for the Master's Degree in Health education is under my supervision. Therefore it is recommended for viva voice.

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**APPROVAL SHEET**

The thesis entitled "**Knowledge and Practice of Family Planning Devices in Chaudhary Community**" submitted to the department of Health Education by **Shanta Subedi** partial fulfilment of the requirement for the Master's Degree in Health Education has been approved.

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## ABSTRACT

The challenging problem of population growth attracts everyone to find the solution. Since governmental and non-governmental policy and program had lunched the growth rate did not reduce hopefully. So, it is necessary to study about knowledge, Attitude and Practice of using contraceptive devices. This study was under taken for getting the knowledge, attitude and practice of Chaudhary community about using contraceptive devices of family planning in this background.

It studies on "Knowledge and Practice of Family Planning Devices in Chaudhary Community" (A Case study on Itahari of Sunsari District). This study is conduct in Chaudhary community of Itahari- 9, Sunsari District. There were around 717 household and only 113 households of Chaudhary in ward no. 9 of the district According to Itahari sub metro polity profile 2011. The population of the study is 15-49 age group. The data was collected from primary sources. The primary data was collected from the means of interview schedule. The collected data was coding, editing and processing manually, calculation of percentage was major statistical measure for analyzing and interpretation the data.

This study on Knowledge and practices on use of family planning among Chaudhary married women community in the study area of the district. It has been conducted to identify the factors affecting the use of family planning devices among married women at reproductive age group (15-49). The main objectives were, to find out the demographic, socio-economic and educational status of the Chaudhary community, to identify the knowledge and practice on family planning devices on married women in Chaudhary community and to find out use and nonuse of family planning devices. It was carried out using primary data collected by using interview schedule from 113 married women at reproductive age 15-49 years. Collected data were analyzed systematically and interpreted in simple random method using interview schedule. The study revealed that 50 percent was familiar with Depo-Provera, 75 percent was familiar with Condom, 84 percent were Pills, 73 percent was familiar with female sterilization, 19 percent was familiar with Norplant and 79 percent was familiar with male sterilization. It was accounted that 52.54 percent respondents were marriage at 15-19 years but 3.38 percent respondents were married at above 24 years.

The rapid population growth is burning issues of Nepal. Similarly, number of burning issues are related to family planning is Chaudhary as whole nation. Although in the study area also respondents are facing various health problems due to lack of proper knowledge and contraceptive devices. Many respondents have joint family due to lack of knowledge of contraceptive devices.

From this study, the researcher has given suggestion to the concerned authorities and institutions as well as for further researcher. All the sectors related to the aspect of contraceptive devices should conduct educational program to provide better information. Furthermore, such types of studies are necessary conducted at national level.

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## ABBREVIATION

CBR	:	Crude Birth Rate
CBS	:	Central Bureau of Statistics
CD	:	Contraceptive Devices
CPR	:	Contraceptive Prevalence Rate
DEPO	:	Depo-provera
DHO	:	District Health Organization
DHS	:	Demographic Health Survey
FHS	:	Family Health Survey
FP	:	Family Planning
FPAN	:	Family Planning Association of Nepal
GOS	:	Governmental Organization
ICPD	:	International Conference on population and Development
INGO	:	International Non Governmental Organizations
IUCD	:	Intrauterine Contraceptive Device
MOH	:	Ministry of Health
MOPE	:	Ministry of Population and Education
NCP	:	National Planning Commission
NFHS	:	Nepal Family Health Survey
NGO	:	Non Governmental Organization
NHRC	:	Nepal Health Research Council
SAARC	:	South Asian Association for Regional Cooperation
TFR	:	Total Fertility Rate
UN	:	United Nation
UNFPA	:	United Nations Fund for Population Agency
UNICEF	:	United Nations Children Emergency Fund
VDC	:	Village Development Committee
WHO	:	World Health Organization