

**KNOWLEDGE ON REPRODUCTIVE HEALTH AND SEXUAL  
BEHAVIOUR AMONG HIGHER SECONDARY SCHOOL  
STUDENT**

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**A Thesis Submitted to  
Health Education Department in Partial Fulfillment  
of the Requirements for Master's Degree in Health Education**

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ITAHARI, SUNSARI  
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Tribhuvan University



## Janata Multiple Campus

Itahari, Sunsari

Estd: 2045

(Science, Management, Humanities & Education)

Ref:

Date : 2073/12/20

### RECOMMENDATION LETTER

The thesis is entitled “**Reproductive Health and Sexual Behavior Among Higher Secondary Level School Student**” Submitted by **Mrs. Saraswati Sah** Partial fulfillment of requirement for the Master’s degree in Health Education under my supervision. Therefore, it is recommended for viva voice.

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### APPROVAL SHEET

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## **DECLARATION**

I hereby declare that this thesis has not been submitted for any other degree.

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## ABSTRACT

This is entitled **“Knowledge on Reproductive Health and Sexual Behavior of High Secondary Level School Student”**. The main objective of this study was to find out the knowledge on reproductive health and sexual behavior among students of higher secondary school of Siraha District.

This study was based upon descriptive type on qualitative and quantitative research. Out of 1116 student only 316 number of student have taken the simple random sampling technique was used to select student. All the information based upon questionnaire schedule. This thesis was stretched into five parts. First part deals with the introduction of the title and it's theoretical background. Second part reviews the related of the relevant work. Third part deals with methodology of the study. Fourth part deals with analysis and interpretation of data. Fifth parts deal with summary finding conclusion and recommendations.

In this research majority of respondents 32.91 percent were from age of 18 years. Similarly 56 percent of respondents were from grade 11 class, 75.32 percent of respondents were unmarried, 63.93 percent of respondents father occupation is agriculture, 77.63 percent of respondents were from joint family, 38.92 percent respondents have knowledge about age at marriage , 57.60 percent respondents said that immediate after marriage for going birth, 31.01 percent of respondents had knowledge about age will be start sex, 84 percent respondents help better knowledge about monarch, 40.82 percent gave right answer that 9 to 18<sup>th</sup> days of menses is high risk period of getting pregnant, 66.46 percent of respondents have better knowledge about supplementary food and there were more conscious about the important supplement Given for the prevention from anemia Vitamin 'A' .77percent had, knowledge about pre-marital sex, 65percent said pre-marital sex is not good, 32.91percent said that home sexual is abnormal sexual behaviors, 72.89 percent had knowledge effect of pre-marital sex, 43.16 percent respondents first source of TV from information about pre-marital sex, 57.91 percent had knowledge about S.T.D.S, 91.14 percent gave incorrect answer from routes, and all the students

agreed to include that topic about reproductive health and sexual behavior is essential to included in text book.

Based on the above finding and conclusion it is recommended that programs aiming at the disseminating of information about Reproductive health and sexual behavior should include adequate message on the Reproductive health and sexual behavior knowledge in related intervention program should e focused through election mass media, special health education and seer education program. Should be extensive and continuously implement to maintain the knowledge and attitude of health education and counseling survive to the student should be ensured ensure so as to achieve the expected the level of knowledge on reproductive health and sexual behavior, further study can be conduct in a large population for rural and development area.

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## ABBREVIATIONS

AIDS	:	acquired immune defiance syndrome
ASFR	:	Age specific fertility rate
CBS	:	Central bureau of statistics
CBW	:	Child birth weight
CDHE	:	Central department of health education
CDPS	:	Central department of population study
DHS	:	Demographic and health survey
FHD	:	Family health division
FOE	:	Faculty of Education
HC	:	Health Center
HIV	:	Human immune defiance
HMG	:	his majority's Government
INGO	:	International Non-Government origination
IUD	:	Intra-uterine device
NFHS	:	Nepal family health survey
NGO	:	Non-Government origination
Polio	:	Poliomyelitis
Q.N	:	Question Number
RH	:	Reproductive Health
SAARC	:	South Asia association for regional cooperation
STDS	:	sexually transmitted disease
T.V	:	Television
UN	:	united Nation
WHO	:	world Health Organization