

**Utilization of Institutional Delivery Service in Rural Area of Ilam:**

**A Case Study of Ilam Municipality-2, Sumbek, Ilam**

**A Thesis**

**Submitted to the Faculty of Humanities and Social Sciences, Tribhuvan  
University, Mahendra Ratna Multiple Campus, Ilam, Department  
of Rural Development for the Partial Fulfillment of the  
Requirement for the Master Degree of  
Arts in Rural Development**

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## Letter of Recommendation

This thesis **Utilization of Institutional Delivery Service in Rural Area of Ilam( A Case Study of Ilam Municipality-2, Sumbek, Ilam )** has been prepared by **Bachaspati Bhattarai** under my guidance and supervision for his partial fulfillment of master of Arts in Rural development. I forward this thesis to the evaluation and approval.

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Devraj Ghimire

(Supervisor)

Date: 26-11-2017

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## Approval Letter

This thesis **Utilization of Institutional Delivery Service in Rural Area of Ilam( A Case Study of Ilam Municipality-2, Sumbek, Ilam )**, Submitted by Bachaspati Bhattarai in partial fulfillment of the requirement for the masters Degree (M.A) in rural Development has been approved by the evaluation committee.

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## Declaration

I hereby heartily declare that this thesis entitled " **Utilization of Institutional Delivery Service in Rural Area of Ilam( A Case Study of Ilam Municipality-2, Sumbek, Ilam )** , submitted to the Department of Rural Development Mahendra Ratna Multiple Campus Ilam, is my original and empirical work prepared under the intellectual guidance of my respected supervisor, the Rural Department Lecturer Shree Devraj Ghimire. I truly want to state that I have borrowed all idea and information from different sources for the preparation of this thesis. I made due acknowledgement to them it is also declared that the results of thesis have not been presented and submitted anywhere else for the award of any degree and for any other proposes. I want to assure that any part of the content of this thesis has not been published in any form before.

.....

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## Abstract

This thesis entitled "Utilization of Institutional Delivery Services in Rural Area of Ilam(A case study of Ilam municipality-2,Sumbek,Ilam) has been prepared for the fulfillment of Maser Degree in Rural Development from the Mahendra Ratna Multiple Campus, Ilam . Health is the basic thing of human life. In health sector maternal health is also most important matter for the concern of community and society. Maternal health condition of any society shows the development condition of that society . Maternal health is the condition of the health of mother mainly during pregnancy, in child birth and in postnatal period .To make the health condition of mother good one of the most important thing is utilization of health facility should be regular.

Maternal mortality and neonatal mortality is high in developing country like Nepal .This maternal and neonatal mortality and morbidity is high in rural area than urban area. To reduce maternal and neonatal mortality and morbidity the utilization of health facility is the main aspect. By utilization of health institution more life of mother and child can be saved. This study try to find out the condition of utilization of institutional delivery service and barrier in utilization of service in rural area of Ilam.

In the study descriptive research design is applied. The raw data are collected from respondent by field survey and other different necessary information are collect from key informant like HA ,SAHW,ANM ,FCHV and other senior people of study area.

By analyzing the collected raw data and information taken from findings are disseminated. The ANC visit is satisfactory and most of the respondent have knowledge about the ANC visit . Among respondents 78.26% of respondents delivered their baby at health facility which is greater than national status. Similarly 71.19% of respondents were interested to deliver their baby in health facility. Among respondents 47.46 % were Aadibasi/Janjati and 15.25% Dalit and 37.25% were Brahman/Chhetri. The big part of the population is sum of Dalit and janjati. In this scenario also the service utilization trend is some satisfactory.

The trend of ANC visit and baby delivered place is hopeful .But it is not time for well satisfy. Some woman have now also not good concept about ANC visit and need to delivery baby at health facility .They have now also traditional concept .In the study area

woman having no any ANC visit and baby delivered at home also found .Which shows still awareness about maternal health is necessary in remote rural area .

There are different barrier for utilization institutional delivery services and ANC visit. The key finding of the study shows that parity, maternal education, economic status of family, distance of health facility, interest of mother etc. were significant predictor of woman's place of delivery and ANC visit.

High maternal and neonatal mortality rate is our national problem. One main intervention to reduce the rate is to increase the utilization of health facility in concern of maternal health. This study gives the status of utilization of health facility in rural area of Ilam municipality .Perhaps it helps other scholar, policy maker and concerned sector.

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## ACONYMS/ABBREVIATIONS

AHW : Auxiliary Health Worker

ANC : Antenatal Care

ANM : Auxiliary Nurse Midwife

BEmOC :Basic Emergency Obstetric Care

CEmOC : Comprehensive Emergency Obstetric Care

CHU : Community Health Unit

CMR : Child Mortality Ratio

COIA :Commission Information and Accountability

CPR : Contraceptive Prevalence Rate

DoHS : Department of Health Service

DoSH : Department of State For Health

EDHS : Ethiopian Demographic and Health Survey

EMDHS : Ethiopian Mini Demographic and Health Survey

EPMM : Ending Preventable Maternal Mortality

FANC : Focused Antenatal Care

FCHV : Female Community Health Volunteer

FHD : Family Health Division

FY : Financial Year

GoN : Government of Nepal

HA : Health Assistant

HMIS : Health Management Information System

ICPD : International Conference of Population and Development

MCHW : Maternal Child Health Worker

MDGs : Millennium Development Goals

MMR : Maternal Mortality Ratio

MoHP : Ministry of Health and Population

NDHS : Nepal Demographic Health Survey

NMR : Neonatal Mortality Ratio

ORC : Out reach Clinic

PHC : Primary Health care Centere

PNC : Postnatal Care

PoA : Program of Action

SBA : Skill Birth Attendance

SDG : Sustainable Development Goal

SDIP : Safe Delivery Incentive Programme

TFR : Total Fertility Rate

UHU : Urban Health Unit

UN : United Nations

VDC : village Development Committee

VHW : Village Health Worker

WHO : Word Health Organization