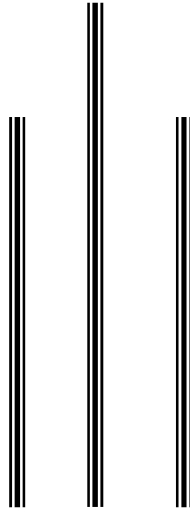


**Experience of Pubertal Changes and its Adjustment
among Adolescent Girls in Higher Secondary School**



**A Thesis submitted to Tribhuvan University, Tri-Chandra Multiple
Campus, Department of Sociology/Anthropology
in partial fulfillment of requirements for the
Master's Degree of Arts in Sociology.**

Submitted By:

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Kathmandu

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GHANTAGHAR, KATHMANDU

RECOMMENDATION LETTER

This thesis entitled **“Experience of Pubertal Changes and its Adjustment among Adolescent Girls in Higher Secondary School”** by Krishna Devi Shrestha has been prepared under my guidance and supervision. Therefore, I would like to recommend this thesis for evaluation to the evaluation committee.

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APPROVAL LETTER

This thesis prepared and submitted by Krishna Devi Shrestha entitled **“Experience of Pubertal Changes and its Adjustment among Adolescent Girls in Higher Secondary School”** has been accepted as partial fulfillment of requirements for the Master’s Degree of Arts in Sociology.

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