

KNOWLEDGE, ATTITUDE AND PRACTICE OF SAFE ABORTION

"A Case Study of Malakheti VDC in Kailali District"

A Thesis

Submitted to

Central Department of Rural Development

Faculty of Humanities and Social Science

**In Partial Fulfillment of the Requirements for the Degree of Master
of Arts in Rural Development**

Submitted By:-

Bindu Joshi

Exam Roll No.: 2442

Regd No.: 9-2-327-232-2003

Central Department of Rural Development

Tribhuvan University, Kirtipur

Kathmandu, Nepal

May, 2010

LETTER OF RECOMMENDATION

This is to certify that Ms. Bindu Joshi has completed this thesis entitled "**Knowledge, Attitude and Practice of Safe Abortion: A Case study of Malakheti VDC in Kailali District**" under my guidance. This is her independent work for the fulfillment of the Master's in Rural Development. I recommend this thesis for final evaluation.

.....

Prof. Dr. Mangala Shrestha

(Supervisor)

Central Department of Rural Development

Tribhuvan University

Kirtipur, Kathmandu, Nepal

ACKNOWLEDGEMENT

This study would be incomplete and worthless without the continuous inspiration and guidance provided by my respected thesis supervisor Prof. Dr. Mangala Shrestha Central Department of Rural Development, Tribhuvan University. Whatever expression would be less for the support and guidance, which got in spite of her busy schedule and I want to express my sincere and hearty gratitude towards her.

Similarly, I would like to express my most sincere gratitude to Prof. Dr. Pradeep Kumar Khadaka Head of Central Department of Rural Development Department, TU.

I thank to all the respondents who responded to all the questionnaires curiously and participated interestingly in my research work.

My sincere thanks goes to my uncle Dr. Anand B. Joshi, brother, Dr. Shambhu Dutta Joshi, sister Indu Joshi and Bimala Joshi, who helped me to prepare this thesis, Likewise special thanks goes to my friends Binita, Hemanti, NavaRaj Bista, Tiru Chaudhary and Duga Bajgai who helped me in my research work at the time of material collection, data collection. I would like to thank Mrs. Madhu Shah and IPAS organization for material collection, Frenz communication and cyber, Kritipur for their cooperation.

Bindu Joshi

Dhagadhi, Kailali

ABSTRACT

The study entitled "knowledge, attitude and practice of Safe Abortion: A case of Malakheti VDC in Kailali District" is selected for the study because it is a major problem of Nepal the women having different socio-economic and education status of different ethnic group are involving in abortion. The main objectives of this study are to identify the knowledge, attitude and practice of safe abortion case and causes of abortion.

The study area is Malakheti VDC of Kailali District. The total number of respondents are 51. The random sampling method is used for selecting the respondents. The interview schedule is used for data collections numerical statistical techniques are applied for data analysis.

In this study maximum of Dalit women are involved in safe abortion. The educational status of the respondents is good. Most women have married below 18 years and they have childbirth after one year of Marriage Women received information from family, friends and health workers about safe abortion. Most women get abortion because of unwanted pregnancy than other causes. Most of women have Practice in abortion between 3 to 12 weeks of pregnancy safe abortion and major sources are communication media and friends.

Women do not show interest of abortion health worker, teacher, TBA, should conduct different awareness programs of abortion in Malakhati VDC ward-3 chuki danda. WHO, INGOs Projects should lunch awareness program. Radio, TV is the third sources of knowledge about safe abortion. Radio, TV and other medias should get responsible position to provide knowledge about safe abortion.

TABLE OF CONTENTS

Title	Page
Recommendation Letter	
Approval Sheet	
Acknowledgements	
Abstract	
Table of Contents	
List of Table	
List of Figures	
Abbreviation & Acronyms	
CHAPTER-I: INTRODUCTION	1-12
1.1 General Background of the Study	1
1.2 Statement of the Problem	6
1.3 Objective of the Study	8
1.4 Significance of the Study	8
1.5 Limitation of the Study	10
1.6 Definition of Important Terms	12
1.7 Organization of the Study	12
CHAPTER-II: REVIEW OF RELATED LITERATURE	13- 22
CHAPTER-III: RESEARCH METHODOLOGY	23-24
3.1 Research Design	23
3.2 Rational of the Selection of Study Area	23
3.3 Sampling Procedure	23
3.4 Source of Data	24
3.5 Data Collection Procedure	24
3.6 Data Analysis and Interpretation	24
CHAPTER-IV: DATA ANALYSIS AND PRESENTATION	25-
4. Analysis and Presentation of Data	25
4.1 Knowledge of Abortion	25
4.1.1 Sources of Information of Safe Abortion	25

4.1.2 Attitude of Person, Family and Society about Safe Abortion	27
4.1.3 Practice of Safe Abortion	28
4.1.4. Period of Safe Abortion	30
4.1.5 First Child Birth	31
4.2. Socio-Economic Characteristics	33
4.2.1 Ethnicity	33
4.2.2 Occupation	33
4.2.3 Educational Status	35
4.2.4. Income	36
4.3. Information Related with Reason of Safe Abortion	37
4.3.1. Reasons of Safe Abortion	37
4.3.2 Age of Marriage	38
CHAPTER-V: SUMMARY, CONCLUSION AND	
RECOMMENDATION	40-43
5.1. Summary	40
5.2. Conclusion	41
5.4. Recommendation	42
REFERENCES	
Appendix I	
Appendix II	
Appendix III	

LIST OF TABLE

Table No.	Title	Page No.
1.	Source of Information of Safe Abortion	26
2.	Attitude towards Safe Abortion	27
3.	Place of Abortion	29
4.	Period of Abortion	30
5.	Information About Safe Abortion	31
6.	First Child Birth	32
7.	Ethnic Group	33
8.	Occupation	34
9.	Educational Status	35
10.	Income	36
11.	Reason of Safe Abortion	37
12.	Age of Marriage	38

LIST OF FIGURES

Figures No.	Title	Page No
1.	Source of Safe Abortion	26
2.	Attitude of Safe Abortion	28
3.	Place of Safe Abortion	29
4.	First Child Birth	32
5.	Occupation	34
6.	Age at Marriage	39

ABBREVIATIONS & ACRONYMS

CAC	- Comprehensive Abortion Care
CBS	- Central Bureau Statistics
CREPHA	- Center for Research on Environment, Population and Health Activities
FPAN	- Family Planning Association of Nepal
HA	- Health Assistant
IPAS	- International Project Assistance Service.
KAP	- Knowledge, Attitude and Practice
MA	- Medical Abortion
MDG's	- Millennium Development Goals
MMMS	- Material Mortalities Morbidity Study
MMR	- Maternal Mortality Rate
MOH	- Ministry of Health
MOHP	- Ministry of Health and Population
TBA	- Traditional Birth Attendant
VDC	- Village Development Committee
WHO	- World Health Organization