

# **SOCIAL SECURITY AMONG THE SENIOR CITIZENS OF DANG DISTRICT**

A Thesis Submitted to  
The Central Department of Rural Development,  
in Partial Fulfillment of the Requirements for  
Master's Degree of Arts

By  
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## **Declaration**

I hereby declare that this thesis entitled **Social Security among the Senior Citizens of Dang District** submitted to the Central Department of Rural Development, Tribhuvan University, is entirely my original work prepared under the guidance and supervision of my supervisor. I have made due acknowledgements to all ideas and information borrowed from different sources in the course of preparing this thesis. The results of this thesis have not been presented or submitted anywhere else for the award of the degree or for any other purposes. I assure that no part of the thesis content of this thesis has been published in any form before.

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## **Recommendation Letter**

This thesis entitled **Social Security among the Senior Citizens of Dang District** submitted to the Central Department of Rural Development, Tribhuvan University, is has been prepared by Mukti Babu Regmi under my guidance and supervision. I hereby, forward this thesis to evaluation committee for final evaluation and approval.

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## Approval Letter

This thesis entitled **Social Security among the Senior Citizens of Dang District** submitted to the Central Department of Rural Development, Tribhuvan University, is prepared by Mukti Babu Regmi has been approved by research evaluation committee.

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## **Abstract**

The study entitled **Social Security among the Senior Citizens of Dang District**, is a descriptive explanatory type of the study. It has been carried out with the purpose of assessing the status of old aged people or senior citizens by tracing out their contemporary status of social security. This study is based on primary data collected from Bijauri VDC of Dang district, Nepal.

The main objectives of the study is to find out the intra family supports and services provided to elderly people, analyzes the health status, find out the socio-economic mechanism of the community to support elderly members in the family and find out the extent to what the given senior citizen's allowance offered social security for the elderly people. The census method of data enumeration is adopted to all family in the study area.

To find out such problems interview is needed, to conduct interview persons of both technical and general staffs of senior citizens were directly consulted for interview because they have more information than others. To take information from them I visited their homes and family as well as their interaction and information will be collected from them. Leaders social workers and other from the society too were consulted and asked them their secrets of success.

In this study, age sex, marital status, education status, household care have been taken as family support and social security characteristic of household population. Similarly, occupation status, size of home land, household decision, getting elderly allowance are taken as socio-economic condition and health care system, living status, is taken as health characteristic condition. Likewise, sampling procedure was required because there were very large numbers of household and among 103 old age respondents were chosen out from 86 households. The sampling is random but it was done purposefully. The male (66%) elderly population is about double than female (34%) elderly population in the study area.

Chetri/Brahmin, Tharu, Dalits, Magar, and Kumal were included in this study. The majority were Chetri/Brahmin (46%), followed by Tharu (19%), Dalits (15%), Magar (15%) and Kumal (5%). Over domination of aged male over female is evident among the old aged people. Proportion of aged population declines as the age increases. As obvious the education status is quite poor of the study population, though it is relatively higher compared to national educational status of dalits population. Majority (41%) are involved in agricultural occupation and household decision is generally done by son/daughter. Majority (almost 46%) elderly people are passing their time by household works. Most of elderly people are able to get allowance. Likewise, most of elderly expect love and affection from family.

Findings of this study show that the elderly population should have educational as well as training facilities. There are also problems of food so it should be fulfilled and discrimination should be avoided. Furthermore, there should be provision of community level elderly homes. However, the increasing level of monthly allowance for senior citizens some how has made their lives easy comparing with the past.



## TABLES OF CONTENTS

	<b>Page No.</b>
<i>Declaration</i>	<i>i</i>
<i>Recommendation Letter</i>	<i>ii</i>
<i>Approval Letter</i>	<i>iii</i>
<i>Acknowledgements</i>	<i>iv</i>
<i>Abstract</i>	<i>v</i>
<i>List of Contents</i>	<i>vi</i>
<i>List of Tables</i>	<i>x</i>
<i>Acronyms</i>	<i>xii</i>
<b>CHAPTER- I: INTRODUCTION</b>	
1.1 Background of the Study	1
1.2 Statement of the Problem	
7	
1.2 Objectives of the Study	8
1.4 Significance of the Study	9
<b>CHAPTER-II: LITERATURE REVIEW</b>	<b>10</b>
2.1 Introduction	10

2.2 Key Concepts	11
2.2.1 Senior Citizen	11
2.2.2 Supporting Generation	11
2.2.3 Livelihood and Livelihood Assets	12
2.2.4 Resource Value	13
2.2.5 Social Exclusion	14
2.2.6 Place and Space	14
2.2.7 Intergenerational Support	15
2.3 Theoretical Nexus	16
2.4 Modernization and Social Change	16
2.5 Place, Space and Senior Citizens	19
2.6 Gender and Senior Citizens (Ageing)	21
2.7 Social Exclusion and Senior Citizens	24
2.8 Senior Citizens and Social Security	27
2.8. 1 Living Arrangements of Old People	30
2.8. 2 Legal Provisions	30
<b>CHAPTER -III: RESEARCH METHODOLOGY</b>	<b>34</b>
3.1 Selection of the Study Sites	34
3.2 Research Design	35
3.3 Sampling Procedure	35
3.4 Nature and Source of Data	35
3.5 Tools & Techniques of Data Collection	35
3.5.1 Household Survey	36

3.5.2 Focus Group Discussion	36
3.5.3 Key informant Interview	36
3.6 Data Analysis and Interpretation	36
3.7 Limitations of the Study	37
<b>CHAPTER -IV: STATE POLICIES AND SUPPORT SYSTEM FOR SENIOR CITIZENS</b>	
	<b>38</b>
4.1 Introduction	38
4.2 State Policies	38
4.2.1 Legal Instruments and Social Protection	38
4.2.2 State Policies of Formal Support Provisions	40
4.3 Existing Social Security Provisions for Senior Citizens	43
4.4 Senior Citizen’s Knowledge and Perception on State Provisions and Elderly Homes	44
4.4.1 Knowledge and Expectations	45
<b>CHAPTER- V: SOCIO-ECONOMIC CHARACTERISTICS</b>	<b>46</b>
5.1 Occupation status	46
5.2 Size of home land	47
5.3 Household decision	47
5.4 Status getting elderly allowance	49
5.5 Health Characteristics	51
5.5.1 Diseases	51
5.5.2 Health care by sex	52
5.5.3 Daily activities	53
5.5.4 Sleeping and getting up time	54

5.5.4.1 Sleeping up time	55
5.5.4.2 Getting up time	55
5.6 Challenges and Problems associated with Social Security of Old Aged people	56
5.6.1 Perception on Old Age Home	56
5.6.2 Critique of State Policies	61
5.6.3 Legal Vs Practical Concerns	61
5.6.4 Conceptualization and Internalization	62
5.6.5 Continuity versus Discontinuity	62
5.6.6 The Policy-Program Gap	63
5.6.7 Data Gap and the Issue of 'Age'	63
<b>CHAPTER-VI: CONCLUSION AND RECOMMENDATION</b>	<b>66</b>
6.1 Conclusion	66
6.2 Recommendation	67

## List of Tables

	<b>Pages</b>
Table 1: Distribution of aged population in the study by occupation status	46
Table 2: Distribution of aged population in study by ownership of homeland the family is living status and sex	47
Table 3: Distribution of aged population in the study by responsible person making decision on labor division of family members	48
Table 4: Distribution of aged population in the study by decision about the marriage	48
Table 5: Distribution of aged population in the study by goods buy/ sale	49
Table 6: Distribution of aged population in the study by ceremony of important festival	49
Table 7: Distribution of aged population in the study by status of getting elderly allowance	50
Table 8: Distribution of aged population in the study by reason of not getting elderly allowance	50
Table 9: Distribution of aged population in the study by types of disease they suffer with	51
Table 10: Distribution of aged population in the study by going for care while being sick	52
Table 11: Distribution of aged population in the study by manage medical care	52
Table 12: Distribution of aged population in the study by betterment of health facilities from the government sector in their view	53
Table 13: Distribution of aged population in the study by daily activities	54
Table 14: Distribution of aged population in the study by daily sleeping up time	55
Table 15: Distribution of aged population in the study by daily getting up time	55