

**UTILIZATION OF MATERNAL AND CHILD HEALTH CARE SERVICES
IN MAGAR COMMUNITY OF DODHARA VDC**

By

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RECOMMENDATION LETTER

This is to certify that Mrs. Motimaya Baral has completed her research work entitled **“UTILIZATION OF MATERNAL AND CHILD HEALTH CARE SERVICES IN MAGAR COMMUNITY OF DODHARA VDC”** in partial fulfillments of the requirements of Master Degree in Population Education under my supervision.

I recommend this thesis for final evaluation.

Date: April, 2016

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APPROVAL SHEET

This thesis entitled "**UTILIZATION OF MATERNAL AND CHILD HEALTH CARE SERVICES IN MAGAR COMMUNITY OF DODHARA VDC**" submitted by Mrs. Motimaya Baral, in partial fulfillment of the requirements for the Master Degree in Population Education has been approved.

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DECLARATION

I hereby declare that to the best of my knowledge this thesis is my original no part of it was earlier submitted for the candidature of research to any University. Whatever subject matter I have presented in this thesis is the result of my own work.

Date: April, 2016

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ABSTRACT

This study entitled “Utilization of Maternal and Child Health Care Services in Magar Community of Dodhara VDC” has been carried out with the objectives; to find out the socio-economic and demographic characteristics of the study population, to identify the antenatal, natal and postnatal care practices in the mother groups and to assess the prevalence of disease affecting the child and mother. This study was descriptive and quantitative in nature. It was based on obtaining information about the existing situation of maternal and child health care practices in Magar community of Dodhara VDC, Kanchanpur. In this research, researcher focused on finding the maternal and child health care practices with maternal and infant death about childbearing mother with the consideration of their various background variables. The research was based on primary and secondary data. Primary data were collected from the 200 mothers having children less than 5 years. Married women aged between 15-49 years having at least one child less than 5 years were the population of the study.

Among all the respondents 6.66 percent were found with only first antenatal check up. It was found that 13.13 percent were found visiting health post two times during their pregnancy and 20 percent were found with the experience of ANC check up three times and remaining all other respondents had the experience of the more than three times ANC check up practices. Data showed that large number of the respondent mother were found with taking the Iron tablet during their pregnancy period and remaining other 15 percent mother had not the experience of the taking iron tablet. Among all the respondents most of them (94.73%) said they had given immunization to their baby and remaining 5.27 respondents were found not having any immunization to their child. In the present time the entire child should be immunized but in the community few percent of the child are still out of vaccination that was not good situation. They had protection against infantile diarrhea, respiratory infection and other kinds of pediatric disease. Breast –feeding provided a natural form of birth control. The situation of using family planning devices was found good in this study. Data showed that 57.90% of the respondents were found going to doctor or health worker in order to treat their children in the hope of being cured.

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ACRONYMS AND ABBREVIATIONS

| | |
|-------|--|
| AHW | Auxiliary Health Worker |
| AIDS | Acquired Immune Deficiency Syndrome |
| ANC | Antenatal Care |
| ANM | Auxiliary Nurse Midwife |
| CBS | Central Department of Statistics |
| CDPS | Central Department of Population Studies |
| CDR | Crude Death Rate |
| DHS | Demographic Health Survey |
| FCHV | Family and Child Health Volunteer |
| FP | Family Planning |
| HA | Health Worker |
| ICPD | International Conference on Population and Development |
| IMR | Infant Mortality Rate |
| INGO | International Non-Government Organization |
| MCHW | Maternal and Child Health Worker |
| MMR | Maternal Mortality |
| MOH | Ministry of Health |
| NESAC | Nepal South Asian Center |
| NFHS | Nepal Fertility Health Survey |
| NPC | National Planning Commission |
| PHC | Primary Health Center |
| PHW | Primary Health Worker |
| PNC | Postnatal Care |
| RH | Reproductive Health |
| SAARC | South Asian Association for Regional Co-operation |
| SLC | School Leaving Certificate |
| STDs | Sexually Transmitted Disease |
| TBA | Trained Birth Attendant |
| TT | Tetanus-Toxoid |
| UNFPA | United Nations Fund for Population Association |
| USA | The United States of America |
| VDC | Village Development Committee |
| VHW | Village Health Worker |
| WHO | World Health Organization |