

**ROLE OF REMITTANCE IN CHANGING RURAL  
LIVELIHOOD:  
A Case Study of Dumarwana VDC Of Bara District**

**A Thesis Submitted to  
Central Department of Rural Development  
Tribhuvan University, Kirtipur, Kathmandu, Nepal  
In partial fulfillment of the requirements for  
The Master Degree of Arts  
in  
Rural Development**

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## DECLARATION

I hereby declare that the thesis entitled **ROLE OF REMITTANCE IN CHANGING RURAL LIVELIHOOD: A CASE STUDY OF DUMARWANA VDC OF BARA DISTRICT** Submitted to the Central Department of Rural Development, Tribhuvan University, is entirely my original work prepared under the guidance and supervision of my supervisor. I have made due acknowledgement to all ideas and information borrowed from different sources in the courses of preparing this thesis. The result of this thesis have not been presented or submitted anywhere else for the award of my degree or for other purpose. I assure that no part of the content of this thesis has been published in any form before.

.....

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(2073-11-24)

## RECOMMEDATION LETTER

This thesis entitles **ROLE OF REMITTANCE IN CHANGING RURAL LIVELIHOOD: A CASE STUDY OF DUMARWANA VDC OF BARA DISTRICT** has been prepared by **Ganga Regmi** under my guidance and supervision. I hereby forward this thesis to the evaluation committee for final evaluation and approval.

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(Ramesh Neupane)  
Supervisor

Date: 2017-03-07  
(2073-11-24)

## APPROVAL LETTER

This thesis entitled **ROLE OF REMITTANCE IN CHANGING RURAL LIVELIHOOD: A CASE STUDY OF DUMARWANA VDC OF BARA DISTRICT** submitted by **Ganga Regmi** in partial fulfilment of the requirement for the Master's Degree (MA) in Rural Development has been evaluated and approved by the evaluation committee.

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Ganga Regmi  
March 2017

## **ABSTRACT**

*This study was carried out to assess the local people perception on remittance, to identify the role on rural livelihood. Study was conducted in Dumarwana VDC of Bara District, Nepal was conduct with the objectives to analyze the impact of remittance on rural livelihood, accessthe contribution of remittance in poverty reduction on rural areas and analyze the factors related to the use of remittance in Dumarwana VDC of Bara District. This study is mainly based in the primary information and the data were collected using the technique of household survey with the help of questionnaire and interview.*

*There was 4416 population in VDC. Out of total households 820 households were receiving remittance money. Among them 60 households were selected as the sample for study by using random samples. Most of the households from the study area were receiving remittance. In the study area it was found that lama 30%, Brahmin 21.66%, and Magar 6.66% were caste of the study area. Remittance was the main source of livelihood of this study area. Of the total, 35% foreign migrant worker were spending their remittance in HHs expenditure, 20% spend for education. After remittance foreign migrant worker households economic condition has improved through remittance.*

*Similarly, there was significant improvement in the foreign migrant worker household going for better health check-up in private hospital and started to send their children in school, college and university after receiving the remittance in the study area.*

*In the study area, remittance income has an effective tool in reducing the poverty. The living standard of the people is gradually changing. People are now getting the proper health and facilities and their educational status is also gradually increasing. The income of the family has been raised up ultimately uplifting the living standard of the living under the poverty line.*

*Some utilize in productive from our side like income coming from remittance should be utilizes in productive sector like business, agriculture, agro forestry, real estate (land purchase and housing construction) etc, there should be some vocational training institution in the local area for their skill development and so on. Result of the study suggests that remittance helps to reduce rural poverty and helps rural development.*

## TABLE OF CONTEINS

	Page No.
DECLARATION	ii
LETTER OF RECOMMENDATION	iii
APPROVAL LETTER	iv
ACKNOWLEDGEMENTS	v
ABSTRACT	vi
TABLE OF CONTENTS	viii
LIST OF TABLES	x
LIST OF FIGURES	xii
ABBREVIATIONS/ACRONYMS	xiii
<b>CHAPTER ONE: INTRODUCTION</b>	<b>1</b>
1.1 Background of the Study	1
1.2 Statement of the Problem	4
1.3 Objective of the Study	4
1.4 Rationale of the Study	5
1.5 Limitation of the Study	6
1.6 Organization of the Study	7
<b>CHAPTER TWO: LITERATURE REVIEW</b>	<b>8</b>
2.1 Remittance	8
2.2 Global trends in remittance flows	9
2.3 Remittance flows in Nepal	10
2.4 Challenges of remittances	13
2.5 Definition of Livelihood	14
2.6 Conceptual Framework	17
2.7 Review of Previous Studies	18
<b>CHAPTER THREE: RESEARCH METHOLODOGY</b>	<b>20</b>
3.1Research Design	20
3.2 Nature and Sources of Data	20
3.3 Universe and Sampling Procedure	20
3.4 Data Collection Method and Tools	21
3.4.1 Household Survey	21
3.4.2 Key Information Interview	21



3.4.3 Field Observation	22
3.4.4 Focus Group Discussion	22
3.5 Data Analysis	22
<b>CHAPTER FOUR: DATA ANALYSIS AND INTERPRETATION</b>	<b>23</b>
4.1 Dumarwana VDC of Bara District	23
4.2 <b>Socio-Economic Characteristics of the Households</b>	24
4.2.1 Size of Ethnicity/Caste	24
4.2.2 Sex and literacy Status	24
4.2.3 Household Size Status	25
4.2.4 Status of Occupational	26
4.3 <b>Profile of foreign employee</b>	26
4.3.1 Destination of country	26
4.3.2 Skill of foreign employment	27
4.4 <b>Status of remittance inflow</b>	28
4.4.1 Sample of receiving money per year	29
4.4.2 Medium of Transfer money from abroad	30
4.4.3 Status of receiving inflow	32
4.4.4 Uses of receiving money	33
4.5 <b>Socio-economic impact of remittance</b>	34
4.5.1 Positive Impact	34
4.5.1.1 Change in Income	34
4.5.1.2 Change in cooking fuel	35
4.5.1.3 Change in loan condition	36
4.5.2.4 Change in Health pattern	37
4.5.1.5 Change in Educational pattern	37
4.5.1.6 Change in Socio-Cultural pattern	39
4.5.1.7 Change in housing condition	39
4.5.1.8 Change in Expenditure pattern	40
4.5.2 <b>Negative impact of remittance</b>	41
4.5.2.1 Socio Cultural	41
<b>CHAPTER FIVE: SUMMARY, FINDING, CONCLUSION AND RECOMMEDATIONS</b>	<b>42</b>
5.1 Summary of Findings	42
5.2 Conclusions	44

5.3 Recommendations	45
<b>REFERENCES</b>	<b>56</b>
<b>ANNEXES</b>	
<b>ANNEXE I</b>	Questioner for Household Survey
<b>ANNEXE II</b>	Key Information Interview Guideline
<b>ANNEXE III</b>	Observation Checklist
<b>ANNEXE IV</b>	Focus Group Discussion Questionnaire

## LIST OF TABLES

### Page No.

Table 2.1: Remittances in flow and its contribution to GDP	12
Table 2.2: Contribution of remittance of Household level	13
Table 3.1: Sampling Procedures	21
Table 4.1: Size of Ethnicity/Caste	24
Table 4.2: Status of Household population	25
Table 4.3: Households size of the Respondents	25
Table 4.4: Occupational Status	26
Table 4.5: Destination of Country	27
Table 4.6: Skill of foreign employment	28
Table 4.7: Status of remittance flow	29
Table 4.8: Receiving money per year	30
Table 4.9: Ratio of receiving money from abroad	32
Table 4.10: Change in income	34
Table 4.11: Change in cooking fuel	35
Table 4.12: Change in loan condition	36
Table 4.13: Change in Housing Patterns	39
Table 4.14: Change in expenditure pattern	40

## **LIST OF FIGURES**

	<b>Page No.</b>
Figure 4.1: Mediums of Transfer from abroad	31
Figure 4.2: Use of Remittance money	33
Figure 4.3: Change in Health pattern	37
Figure 4.4: Student going to school and college	38
Figure 4.5: Types of school enrolled before and after the flow of remittance	38
Figure 4.6: HHs engaged in various activities	41

## **ABBREVIATIONS/ACRONYMS**

ACAP	-	Annapurna Conservation Area Project
BK	-	Bishowkarma
BS	-	BikramSambat
CBS	-	Central Bureau of Statistics
DFE	-	Department of Foreign Employment
GDP	-	Gross Domestic Product
HHs	-	Households
IME	-	International Money Express
ILO	-	International Labour Organization
ILM	-	International Labour Migration
KM	-	Kilometer
MENA	-	Middle East and North Africa region
NIDS	-	Nepal Institute of Developments
NLSS	-	Nepal Living Standard Survey
NRs	-	Nepalese Rupees
NRB	-	Nepal Rastra Bank
NTNC	-	National Trust for Nature Conservation
SLC	-	School Leaving Certificate
UAE	-	United Arab Emirates
VDC	-	Village Development Committee
WTO	-	World Trade Organization