

STATUS OF RESCUED WOMEN AND GIRLS

A Case Study of Maiti Nepal Rehabilitation Centre, Kathmandu.

**A Thesis Submitted to the Central Department of Rural Development,
Faculty of Humanities and Social Science for the
Partial Fulfilment for the Degree of Master of
Arts in Rural Development**

By

Puspa Rizal Chhetri

TU Regd No 6-3-28-36-2005

Tribhuvan University

Kathmandu, Nepal

November, 2011

RECOMMENDATION

The thesis entitled **Status Of Rescued Women And Girls :A Case Study of Maiti Nepal Rehabilitation Centre, Kathmandu**, is prepared by Ms. Puspa Rizal Chhetri in the partial fulfillment of the requirement of Master' of Arts in Rural Development in Prescribed Format of Humanities and Social Sciences, under my guidance and supervision. It is, therefore, forwarded for evaluation and acceptance.

Date: November, 2011

Mr. Ratna Mani Nepal
Supervisor

APPROVAL SHEET

We certify that this thesis entitled “**Status Of Rescued Women And Girls :A Case Study of Maiti Nepal Rehabilitation Centre, Kathmandu**” submitted by Ms. Puspa Rizal Chhetri in the partial fulfillment of the requirements of the degree of Master of Arts in Rural Development, has been found satisfactory in scope and quality and thus hereby accepted and approved.

The Evaluation Committee

Prof. Dr. Pradeep Kumar Khadka
Head of Department

Prof. Dr. Pradeep Kumar Khadka
External Examiner

Mr. Ratna Mani Nepal
Supervisor

Date: 2068/ /

ACKNOWLEDGEMENT

There are many individuals and institutions that have played critical roles and without whom the research would not have been completed. First of all, I would like to thank my supervisor Mr. Ratna Mani Nepal for accepting me under his supervision and providing proper guidance and supervision during the research time. His idea and skill of research technique and preparing research report is really a great help to me. Without his initiation it was not possible to finish my dissertation in time. I would also take this opportunity to thank all my teachers from the department of rural development.

Secondly, I would like to thank my parents for fully supporting me in each and every step of my life. They are always been my source of inspiration and encouragement behind my every success and achievements.

I would like to take this opportunity to express my gratitude to staff at Maiti Nepal, Mr. Santosh Basnet who helped me to gather the idea and information for my research area. I also like to thank everyone my friends and family who directly or indirectly initiated and guided me through out this dissertation. My special thanks to my eight month old son Sachbir for keeping patience and allowing his time to me while preparing my report.

Puspa Rizal Chhetri

ABSTRACT

Trafficking is a global issue requiring national and international concern. Women and girls involved in trafficking, experience various forms of emotional, physical, and sexual abuse while they are in brothels. These women and girls when rescued are undertaken by NGOs in their rehabilitation centre. This research is proposed to focus on the socio-economic background of the rescued women and girls. Several factors relating to this topic are theoretically and practically discussed to analyse their existing situation in the process of rehabilitation and reintegration. The main objectives of the study are: 1)To find out the socio-economic background of rescued women and girls, 2)To find out the rehabilitation and reintegration process of RW/S and 3)To analyse the changing attitude of RW/S living in rehabilitation centre.

Quantitative data were analysed from the field survey at Maiti Nepal Rehabilitation Centre, Kathmandu. Information obtained from 27 respondents was of great experience to understand the existing situation of rescued women and girls. This research is the discussion of the various possible challenges, strategies and support system in terms of the social, economic, political and institutional obstacle. An important conclusion drawn from this study is the necessity to focus on poor socio-economic status of trafficked/rescued women and girls who had returned to Nepal .Many respondents who were currently resident at rehabilitation centre have not gained maximum level of recovery. So, the effort is needed from all sectors to facilitate them with higher degree of opportunities in terms of skill and income generating activities to upgrade their living as well as thinking condition. Last but not the least this research also provides recommendations on how existing efforts may be made more effective to support rescued women and girls for their social and economic development in the process of rehabilitation and reintegration.

TABLE OF CONTENT

	<i>Page No.</i>
Recommndation Letter	i
Approval Sheet	ii
Acknowledgement	iii
Abstract	iv
Contents	v
List of Tables	viii
List of Figures	ix
Acronyms	x

CHAPTER 1: INTRODUCTION

1.1 Background of the Study	1
1.2 Statement of the Problem	3
1.3 Objectives of the Study	5
1.4 Rationale of the Study	5
1.5 Scope and Limitation of the Study	6
1.6 Organization of the study	7

CHAPTER 2: REVIEW OF LITERATURE

2.1 Theoretical Review	9-19
2.2 Review of related studied	19-21

CHAPTER 3: RESEARCH METHODOLOGY

3.1 Research Design	22
3.2 Nature and Sources of Data	22
3.3 Sampling Method and Sampling Size:	23
3.4 Data Collection Tools and Technique	23
3.5 Data Processing	24
3.6 Ethical issue and confidentiality	24

CHAPTER 5: DATA PRESENTATION AND ANALYSIS

4.1 Socio-economic background of rescued women and girls	25
4.1.1 Age Composition	25
4.1.2 Ethnic Composition	26
4.1.3 Religion	26
4.1.4 Education Status	27
4.1.5 Place of Origin	27
4.1.6 Family Background	28
4.1.7 Marital Status	29
4.1.8 Decision Maker in Family	29
4.1.9 Occupation	29
4.1.10 Monthly Income	30
4.2 Analysing the rehabilitation and reintegration process of RW/G	31
4.2.1 Efforts at rehabilitation and reintegration of RW/S.	31
4.2.2 Rehabilitation practices made by Maiti Nepal	32
4.2.3 Rehabilitation Details	33
4.2.4 Life in Rehabilitation centre after being rescued	34
4.2.5 Residential Environment	35
4.2.6 Security in Rehabilitation centre	35
4.2.7 Food given in Rehabilitation Centre	35
4.2.8 Flexibility of going out	36
4.2.9 Medical Check up	36
4.2.10 Entertainment	37
4.2.11 Behaviour of staff	37
4.2.12 Training and Skill Development Programme	37
4.3 Reintegration Detail	37
4.4 Rescue Detail	38

4.4.1 In Brothel-based rescue of trafficked women and girls	40
4.5 Post Rehabilitation Process	40
4.6 To changing attitude of Rescued Women and Girls in rehabilitation centre	41
4.6.1 Factors that measures the changing attitude of rescued women and girls.	41
4.6.2 Empowering the rescued women and girls to develop positive attitude	43
 CHAPTER 5: SUMMARY, CONCLUSION AND RECOMMENDATION	
5.1 Summary	45
5.2 Conclusion	47
5.3 Recommendation	48
REFERENCE	50-52
ANNEXES	53-59

LIST OF TABLE

	<i>Page No.</i>
Table 4.1.1: Respondent age when trafficked	25
Table 4.1.2: Respondent classified under Ethnicity/Caste	26
Table 4.1.3: Religion of the Respondents.	27
Table 4.1.4: Educational status of the respondents	27
Table 4.1.5: Respondent place at the time of trafficking	28
Table 4.1.6.I: Respondent's family type	28
Table 4.1.6.II: Respondent's family size	28
Table 4.1.7: Respondent marital status	29
Table 4.1.9: Occupation of respondent at the time of trafficking	30
Table 4.1.10: Respondent monthly income at the time of trafficking.	30
Table 4.2.2: Types of services provided under Rehabilitation Reintegration process.	33
Table 4.2.4: Respondents opinion towards their life spend in rehab centre.	34
Table 4.2.5: Respondents opinion towards residential environment.	35
Table 4.2.6: Respondents opinion on security provided in rehab centre.	35
Table 4.2.7: Respondents opinion on food given in rehab centre.	35
Table 4.2.8: Respondents opinion on flexibility.	36
Table 4.3: Opinion on reintegration by respondent	38
Table 4.4: Respondents rescue process.	39
Table 4.6.1: Factors to measure changing attitude in RWG	42

LIST OF FIGURE

	<i>Page No</i>
Figure No. 2.1 Conceptual Framework of Entry and Exit to Sex Trafficking	11
Figure No. 4.6.2: Rehabilitation for Empowerment	44

ABBREVIATIONS AND ACRONYMS

AATWIN	_	Alliance against Trafficking of Women and Children in Nepal
ABC/ Nepal	_	Agro-forestry, Basic Health and Cooperatives
AIDS	_	Acquired Immune Deficiency Syndrome
CWIN	_	Child Worker's in Nepal Concerned Center
DDC	_	District Development Committee
GAATW	_	Global Alliance against Trafficking in Women Girls and Women
GOs	_	Government Organizations
HIV	_	Human Immune Virus
ILO	_	International Labour Organisation
INGOs	_	International Non-governmental Organizations
JIT	_	Joint Initiative in the Millennium against Trafficking in
MOWCSW	_	Ministry of Women Children and Social Welfare
NGOs	_	Non Government Organizations
NNAGT	_	National Network against Girl Trafficking
NPC	_	National Planning Commission
OHCHR	_	Office of the High Commissioner for Human Rights
PTS	_	Post Traumatic Stress
RW/G	_	Rescued Women and Girls.
STDs	_	Sexually Transmitted diseases
UN	-	United Nations
UNDP	_	United Nations Development Program
UNICEF	_	United Nations Children's Fund
UNIFEM	_	United Nations Development fund for Women
USAID	_	United States Agency for International Development
WOREC	_	Women Rehabilitation Centre