

**COMMERCIAL VEGETABLE FARMING AND ITS  
IMPACT ON WOMEN EMPOWERMENT**

**A Study on Hemja V.D.C., Kaski**

**A Thesis Report**

**Submitted to the Central Department of Rural Development in  
Partial Fulfillment of the Requirements for the Degree of  
Master of Arts in Rural Development**

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## RECOMMENDATION LETTER

This is to certify that Miss. Rebati Acharya has worked under my supervision and guidance for the preparation of this thesis entitled **Commercial Vegetable Farming and Its Impact on Women Empowerment: A Case Study on Hemja VDC Kaski** in partial fulfillment of the requirements for the Degree of Master of Arts in Rural Development. Therefore, I hereby recommend that the thesis be evaluated by the thesis evaluation committee.

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## **APPROVAL SHEET**

This is certified that this thesis submitted by Miss. Rebati Acharya, entitled **Commercial Vegetable Farming and Its Impact on Women Empowerment: A Study on Hemja VDC Kaski** has been approved by this department in the prescribed format of the Faculty of Humanities and Social Sciences.

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## **ABSTRACT**

*This thesis report entitled **Commercial Vegetable Farming And its Impact on Women Empowerment: A Study on Hemja VDC Kaski District** an analysis of women status in the study area. The main objectives of the study are to find out the socio-economic status of women in the study area, to determine the level of empowerment before and after commercial vegetable farming and in sum to identify the impact of commercial vegetable farming.*

*This thesis also oriented to find out the women empowerment status in relation to awareness, capacity building, participation in resource mobilization and decision making that lead empowerment and also strengthening women's institution leading to sustainability.*

*The field survey was conducted in November \_ December 2011. Both primary and secondary data and various research techniques have been used. Both quantitative and qualitative information have been collected from the field. The study was based on exploratory and descriptive research design. Field study was undertaken using questionnaire, group discussion and checklist.*

*This study is oriented to find the socio economic condition and problems of women from adopting the commercial vegetable production. The study was carried out in Hemja VDC. The majority of the settlement are Brahmin followed by Chhetri, Dalit and others. In the study area the total population of female is 5519 out of them 1085 women are adopting commercial vegetable farming. Among the women farmers only 50 women farmers were selected purposively.*

*Literacy is one of the prerequisite steps for overall development of individuals and community as well. This study shows the women literacy rate is 88 percent. 54 percent can just read and write. But only 8 percent*

*attained higher than S.L.C. However, the situation in literacy has been improving overtime due their economic independence.*

*Nepali social norms and taboos discourage women for decision-making in all sphere of life especially for rural women. In the study area out of 50 respondent 62 percent of them participate in their household decision-making process. But 24 percent of them never participate on household decision-making process.*

*Gradually, commercial vegetable farming bring a positive result on women's livelihood on the basis of education, economic access, awareness level. Commercial vegetable farming give house to houseless. Social status and identity to the rural women farmers.*

<b>CONTENTS</b>	<b>Pages</b>
RECOMMENDATION LETTER	i
APPROVAL SHEET	ii
ACKNOWLEDGEMENT	iii
ABSTRACT	iv
CONTENT	vii
LIST OF TABLE	x
LIST OF FIGURE	xi
ABBREVIATION AND ACRONYMS	xii
<b>CHAPTER – ONE :INTRODUCTION</b>	<b>1-6</b>
1.1 Background of the Study	1
1.2 Statement of the Problem	3
1.3 Objectives of the Study	4
1.4 Significance of the Study	5
1.5 Rationale of the Selection of Study Area	5
1.6 Limitation of the Study	6
<b>CHAPTER –TWO: LITERATURE REVIEW</b>	<b>7-16</b>
2.1 Developed Commercial Farming	8
2.2 Commercial vegetable Farming	9
2.3 Women Empowerment Related Studies	10
2.4 Women and Agriculture	15
<b>CHAPTER-THREE: RESEARCH METHODOLOGY</b>	<b>17-20</b>
3.1 Research Design	17
3.2 Nature and Sources of Data	17
3.3 Universe and the Sample Size	17
3.4 Techniques of Data Collection	18
3.4.1 Household survey	18

3.4.2	Focus group discussion	18
3.4.3	Key informant survey	18
3.4.4	Observation	19
3.5	Tools of Data Collection	19
3.5.1	Household interview questionnaire	19
3.5.2	Key informant interview questionnaire	19
3.5.3	Observation checklist	19
3.5.4	Case Study	20
3.6	Data Processing	20
3.7	Analysis of Data	20
<b>CHAPTER-FOUR: INTRODUCTION OF THE STUDY AREA</b>		<b>21-29</b>
4.1	Location And Physical Feature	21
4.2	Language	21
4.3	Settlement And House Pattern	22
4.4	Economic Activities	22
4.5	Agriculture	22
4.6	Population Composition	22
4.7	Socio-economic Characteristics of the Respondent	23
4.7.1	Respondents by Caste and Ethnicity	23
4.7.2	Land ownership pattern of the respondents	24
4.7.3	Family Composition of the Respondent	25
4.7.4	Respondents by Age Marital Status and Family Composition	26
4.7.5	Educational Status of the Respondents	27
4.7.6	Income Source of the Respondents	28
<b>CHAPTER FIVE: COMMERCIAL FARMING AND WOMEN EMPOWERMENT</b>		<b>30-42</b>
5.1	Women's Participation in Commercial Vegetable Farming in Hemja	30
5.2	Duration of Participation in Commercial Vegetable Farming	32
5.3	Women's Participation in Decision Making	34
5.4	Women's Access to Income Generation	35
5.5	Women Empowerment	39
5.3	Awareness Level	41
<b>CHAPTER-SIX: SUMMARY, CONCLUSION AND</b>		

<b>RECOMMENDATION</b>	<b>43-47</b>
6.1 Summary of Findings	43
6.2 Conclusions	44
6.3 Recommendations	46
<b>REFERENCES</b>	<b>48-49</b>
<b>ANNEX-I</b> Questionnaire	
<b>ANNEX-II</b> Map of the study area	

## LIST OF TABLES

	<b>Pages</b>
Table No. 4.1: Population Composition	23
Table No. 4.7.1: Caste/Ethnic Categories of The Respondents	24
Table No. 4.7.2: Land type and ownership	25
Table No. 4.7.3: Family Composition of the Respondent	25
Table No. 4.7.4: Age Groups and Marital Status of Respondents	26
Table No. 4.7.5: Educational Status of the Respondent	28
Table No. 4.7.6: Income Source of the Respondent	29
Table No. 5.1: Duration of Respondents Participation and Commercial Vegetable Farming	32
Table No. 5.2: Participation of the Respondents in Decision Making	35
Table No.5.3: Awareness level of the Respondents	41

## LIST OF FIGURES

	<b>pages</b>
Figure No. 4.1: Caste /Ethnic Composition of Respondents	24
Figure No.4.2: Family Composition of the Respondent	26
Figure No.4.3: Age Groups and Marital Status of Respondents	27
Figure No.4.4: Educational status of the Respondent	28
Figure No.4.5: Income Source of the Respondent	29
Figure No. 5.1: Duration of Participation and Commercial Vegetable farming	33
Figure No. 5.2: Participation of the Respondents in Decision Making	34

## **ABBREVIATION/ ACRONYMS**

APP	:	Agriculture perspective plan
APPSP	:	Agriculture Perspective Plan Support Program
CBS	:	Central Bureau of Statistics
DADO	:	District Agriculture Development Office
DDC	:	District Development Committee
GAD	:	Gender And Development
GDP	:	Gross Domestic Product
GO	:	Governmental Organization
HDI	:	Human Development Index
ha	:	Hectares
INGO	:	Agriculture Research Center
mt	:	Meters
NARC	:	Nepal Agriculture Research Center
NGO	:	Non Government Organization
PCRW	:	Production Credit for Rural Women
S.L.C.	:	School Leaving Certificates
WAD	:	Women And Development
UNDP	:	United Nation Development Program