LIVELIHOOD STRATEGIES: CONTINUITY AND CHANGE

(A Case Study of a Tea Seller at Tribhuvan University)

A Thesis

Submitted to the Central Department of Sociology
Tribhuvan University, Kirtipur, Kathmandu, Nepal
In Partial Fulfillment of the Requirement for
The Degree of Master of Arts

In

Sociology

Submitted by:

Ganesh Bhusal

TU Regd. No.: 6-2-657-5-2008

Roll No.: 02513

Central Department of Sociology

Tribhuwan University, Kirtipur

Kathmandu, Nepal.

March 2019

TRIBHIIVAN UNIVERSITY

FACULTY OF HUM. S AND SOCIAL SCIENCES CENTRAL DEPARTMENT OF SOCIOLOGY KIRTIPUR, KATHMANDU

LETTER OF RECOMMENDATION

This is to certify that Mr. GANESH BHUSAL has completed this dissertation entitled "LIVELIHOOD STRATEGIES: CONTINUITY AND CHANGE" (A Case Study of a tea seller) under my guidance and supervision for the partial fulfillment of the requirement for degree of Master of Arts in Sociology. I, therefore, recommend and forward this dissertation for final approval and acceptance by the dissertation committee.

| Date: | |
|-------|--|
| | |

Associate Prof. Dr. Tika Ram Gautam

Central Department of Sociology
Tribhuvan University, Kathmandu
Nepal

TRIBHUVAN UNIVERSITY FACULTY OF HUMANITIES AND SOCIAL SCIENCES CENTRAL DEPARTMENT OF SOCIOLOGY KIRTIPUR, KATHMANDU

LETTER OF APPROVAL

This is to certify that the thesis submitted by Mr. Ganesh Bhusal entitled "LIVELIHOOD STRATEGIES: CONTINUITY AND CHANGE" (A Case Study of a tea seller at Tribhuvan University, Kathmandu) has been approved by this department in the prescribed format of the faculty of humanities and social sciences. This thesis is forwarded for the acceptance.

| Thesis Evaluation Committee: | | | | |
|--|---------------------------------------|--|--|--|
| Thesis Evaluation Committee. | | | | |
| | | | | |
| Prof. Dr. Tulsi Ram Pandey | | | | |
| Head of the Department | | | | |
| | | | | |
| | | | | |
| Sudin Nakarmi Laaturar | | | | |
| Sudip Nakarmi, Lecturer | | | | |
| External | | | | |
| | | | | |
| —————————————————————————————————————— | tam | | | |
| | · · · · · · · · · · · · · · · · · · · | | | |
| Supervisor | | | | |
| Super visor | | | | |
| r | | | | |

Date:

DECLARATION

I hereby declare that this dissertation entitled "LIVELIHOOD STRATEGIES:

CONTINUITY AND CHANGE" (A Case Study of a tea seller), submitted to the Central

Department of Sociology, Tribhuvan University is entirely my original work prepared under the

guidance and supervision of my supervisor. I have made due acknowledgements to all ideas and

information borrowed from different sources in the course of preparing this thesis. The result of

this thesis has not been presented or submitted anywhere else for the award of any degree or for

any other purposes. I assure that no part of the content of this thesis has been published in any

form before.

Ganesh Bhusal

T.U. Regd. No.: 6-2-657-5-2008

March, 2019

ACKNOWLEDGEMENT

This Thesis is submitted to The Central Department of Sociology, Faculty of Humanities and Social Science, Tribhuvan University Kirtipur, Kathmandu for fulfillment of Master's Degree in Sociology.

The successful completion of this thesis was a result of collaborative and supportive effort from many people to whom I would like to express my gratitude. It is indeed my privilege to express my deepest thanks and appreciation to my research supervisor Dr. Tika Ram Gautam, Associate Professor, Department of Sociology for his enthusiasm, constant guidance and valuable suggestions from the beginning to the end of this thesis writing. I am very much grateful to his sincere effort that he has provided to me.

Likewise, I would like to express my sincere gratitude to Mr. Sudip Nakarmi for his scholarly guidance and valuable suggestions. I am deeply indebted to him. Moreover, I am heartily gratified to the Head of Central Department of Sociology, Prof. Dr. Tulsi Ram Pandey for his staunch support. Similarly, thanks to Central Library Tribhuvan University, Kritipur for providing me all the possible requirement of Thesis.

A special appreciation goes to the respondent who provided me his valuable time for interview and interaction as well as imperative information to prepare this thesis.

My deep sense of gratitude goes to my father and mother for their blessing, encourage and support. I cannot remain silent to express my deepest and special appreciation to my friend Kabita Kunwar for her cooperation and support in completing my dissertation.

At last but not the least, I would like to thanks all my friends and others personalities who always encouraged me directly or indirectly. I am alone responsible for the any kinds of errors and mistakes occurred during this research work.

TABLE OF CONTENTS

| DE | CLARATION | 4 | | |
|--|--|--|--|--|
| LET | TTER OF RECOMMENDATION | 2 | | |
| LET | TTER OF APPROVAL | 3 | | |
| ACI | KNOWLEDGEMENT | 5 | | |
| TAI | BLE OF CONTENTS | 6 | | |
| LIS | T OF ABBREVIATIONS | 8 | | |
| CH | APTER I: INTRODUCTION | Error! Bookmark not defined. <u>-6</u> | | |
| 1.1 | General Background | Error! Bookmark not defined. | | |
| 1.2 | Research Questions | Error! Bookmark not defined. | | |
| 1.3 | Research Objectives | Error! Bookmark not defined. | | |
| 1.4 | Importance of the Study | Error! Bookmark not defined. | | |
| 1.5 | Organization of the Study | Error! Bookmark not defined. | | |
| CH | APTER II <u>:</u> LITERATURE REVIEW | Error! Bookmark not defined15 | | |
| 2.1 | Theoretical Review | Error! Bookmark not defined. | | |
| 2.2 | Empirical Review | Error! Bookmark not defined. | | |
| CHAPTER III: RESEARCH METHODOLOGY. Error! Bookmark not defined18 | | | | |
| 3.1 | Research Design | Error! Bookmark not defined. | | |
| 3.2 | Nature and Sources of Data | Error! Bookmark not defined. | | |
| 3.3 | Research Methods and Data Collection | Techniques/ToolsError! Bookmark not defined | | |
| 3.4 | Limitation of the Study | Error! Bookmark not defined. | | |
| | APTER IV <u>:</u> GENERAL BIOGRAPHY ned. <u>-20</u> | OF THE RESPONDENT Error! Bookmark not | | |
| 4.1 | Determination (Inspiration) of Opening | of Tea ShopError! Bookmark not defined. | | |
| 4.2 | Initial Stage of Tea Shop | Error! Bookmark not defined. | | |
| CH | APTER V <u>:</u> LIVELIHOOD ASSETS | Error! Bookmark not defined24 | | |
| 5.1 | Human Capital | Error! Bookmark not defined. | | |

| 5.2 | Natural Capital | Error! Bookmark not defined. | | |
|---|-------------------|------------------------------|--|--|
| 5.3 | Physical Capital | Error! Bookmark not defined. | | |
| 5.4 | Financial Capital | Error! Bookmark not defined. | | |
| 5.5 | Social Capital | Error! Bookmark not defined. | | |
| CHAPTER VI: RISK AND VULNERABILITY CONTEXTError! Bookmark not defined26 | | | | |
| 6.1 | Government Policy | Error! Bookmark not defined. | | |
| 6.2 | Shocks | Error! Bookmark not defined. | | |
| 6.3 | Seasonality | Error! Bookmark not defined. | | |
| 6.4 | Other Problems | Error! Bookmark not defined. | | |
| CHAPTER VII: LIVELIHOOD OUTCOME Error! Bookmark not defined28 | | | | |
| REFERENCES | | | | |
| ANNEX | | | | |

LIST OF ABBREVIATIONS

BS Bikram Sambat

DFID The UK Department for International Development

e.g. Example

IFPRI International Food Policy Research Institute

Rs Rupees

SLF Sustainable Livelihood Framework

TU Tribhuvan University

UK United Kingdom

UNDPs United Nations Development Programs

VC Vice Chancellor