

**Knowledge and Practices on Maternal Health of the Women: A  
Study of Lekhani VDC of Baglung District**

**A Dissertation Submitted to the Central Department of  
Sociology/Anthropology in Partial Fulfilment of the Requirement for M.A.  
Degree in Sociology**

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**KIRTIPUR, KATHMANDU**

**LETTER OF RECOMMENDATION**

This is to certify that **Mrs. Saraswoti Thapa** has worked under my supervision and guidance for preparation of the dissertation entitled **Knowledge and Practice on Maternal Health of the Women: A Study of Lekhani VDC of Baglung District** for the partial fulfillment of the requirement for the Degree of Master of Arts in Sociology. To the best of my knowledge, this study is original, based on primary data carried useful information on knowledge and practice about maternal health in Lekhani VDC of Baglung District.

I forward this dissertation to the dissertation committee for evaluation and approval.

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Mr. Madhusudan Subedi  
(Dissertation Supervisor)

Date: 24<sup>th</sup> February 2013

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**APPROVAL LETTER**

The dissertation entitled **Knowledge and Practice on Maternal Health of the Women: A Study of Lekhani VDC of Baglung District** by **Mrs. Saraswoti Thapa** has been evaluated or accepted as partial fulfillment of the requirement for the Degree of Master of Arts in Sociology.

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## **LIST OF ABBREVIATION**

ANC	Ante Natal Care
ANM	Assistant Nurse Midwife
FCHW	Female Community Health Worker
FCHV	Female Community Health Volunteer
HA	Health Assistant
HP	Health Post
HIV	Human Immuno- Deficiency Virus
INGO	International Non Government Organization
IMR	Infant Mortality Rate
MDGs	Millennium Development Goals
NDHS	Nepal Demographic Health Survey
NSMP	Nepal Safer Motherhood Project
NGO	Non Government Organization
PHC	Primary Health Care
PC	Prenatal Care
SBA	Skilled Birth Attendant
SHP	Sub Health Post
SSMP	Support for Safer Motherhood Program
TT	Tetanus Toxiod

TBA	Traditional Birth Attendant
USAID	U.S Agency for International Development
VHW	Village Health Worker
VDC	Village Development committee
WHO	World Health Organization