## DETERMINANTS OF WOMEN DECISION MAKING <br> (A study of Vyas Municipality, Tanahun)



## A THESIS

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## By

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## RECOMMENDATION LETTER

This is to certify that Mr. Tulasi Jang Dahal has completed this dissertation entitled "Determinants of Women Decision Making (A study of Vyas Municipality of Tanahun, District) under my supervision and guidance. I recommend this thesis for final approval and acceptance by dissertation committee.

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## Letter of Acceptance

This dissertation entitled Determinants of Women Decision Making (A study of Vyas Municipality of Tanahun, District) submitted to the Department of Sociology/Anthropology, Tribhuvan University, Prithivi Narayan Campus, Pokhara by Tulasi Jang Dahal has been accepted as the partial fulfillment of the requirement for the Degree of Master of Arts in Sociology by undersigned members of dissertation committee.

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## Recommendation by Language Editor

This is to certify that I have read through the draft of dissertation entitled Determinants of Women Decision Making, A study of Vayas Municipality, Tahanu by Tulasi Jang Dahal as language editor and made necessary correction and improvement there in. I have been impressed by his intelligible presentation of the facts through the medium of plain and correct English.

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## ACRONYMS/ ABBREVIATIONS

| AGI | Alan Guttmacher Institute |
| :--- | :--- |
| CEDAW | Convention on the Elimination of all forms Discrimination Against Women |
| ESP | Enabling State Programme |
| FGDs | Focus Group Discussions |
| FWLD | Forum for Women Legal and Development |
| GDI | Gender Development Index |
| GEM | Gender Empowerment Measures |
| ICCPR | International Covenant on Civil and Political Rights |
| ICESCR | International Covenant on Economic, Social and Cultural Rights |
| DFID | Department for International Development |
| ICPD | International Convention on Population and Development |
| MA | Master in Arts |
| MWCSW | Ministry of Women Children and Social Welfare |
| MDGs | Millennium Development Goals |
| NPC | Nepal Planning Commission |
| PAN | Population Association of Nepal |
| PSSN | Population Students' Society of Nepal |
| QEH | Queen Elizabeth House |
| SIRF | Social Inclusion Research Fund |
| SRS | Simple Random Sampling |
| TU | TribhuvanUniversity |
| UN | United Nations |
| UNDP | United Nation for Development Programme |
| UNFPA | United Nations Population Fund |
| UNIFEM | United Nations Development Fund for Women |

## CHAPTER I

INTRODUCTION

### 1.1 General Background

Decision making of women is one of the most burning issues in the field of women inclusion and empowerment since women have the greater roles to make a society more inclusive. Nepalese society is a male dominated society, where incidences of female marginalization and deprivations are uncontrolled. Though, they are playing their roles and responsibilities very sincerely as mother, daughter, sister, wives, etc, they are not able to make their selfidentity. The discrimination of women is widespread not only in the form of gender but also it is witnessed among caste and ethnicity.

There are various socially constructed so-called systems, which are the main responsible factors to create discrimination, prejudice against women in our society (Pandit, 2003: 4). Nepalese women are excluded due to Hindu culture and the system .The rules and practices of Hindu culture forced women to be so-called "PATIBRATA NAARI", That is why, they cannot claim and argue for their rights and freedom. It is concluded that 'Hindu Religion" is the root cause of women's disempowerment (Bennett, 2002).

The status of women is not well, they are compiled to face various types of injustice; these all are possible because of their low participation. Women lag far behind men in social, economic, political and legal aspects thus; they are restricted them from leading complete and dignified life (Pradhan, 2000:7). The right of women to own or inherit property is limited in many countries. Women frequently lack the right or the power to make personal decisions or to participate equally with men in family decision-making. Women are seldom equally represented in political or economic power structures, even in wealthier, industrialized countries (AGI, 1995:4).

The greater participation of women in decision-making will be a greater step towards ensuring women of their rights to voluntary motherhood and in turn improve her status (Limbu, 1995:10). There is no doubt that educated and empowered women can definitely
contribute substantially to the development of her life, family, society and ultimately the whole nation. Therefore, women's empowerment is promoted in all spheres of life (Pradhan, 2000:7). Without equality and empowerment for women, the sustainable development is entirely impossible.

Empowerment builds people's capacity to gain understanding and control over personal, social, economic and political forces to act individually as well as collectively to make choices about their way they want to be and to do things in their best interest to improve their life situation. It is the sharing of power to those who are marginalized, excluded and deprived. Decision making ability of women is achieved by women empowerment.

Women's empowerment means reinforcing their capacity to participate as equal partners in cultural, social, economic and political system of a society; without empowering women, actual and effective development impossible (Baral, 2004:62). So, women's empowerment must involve women making choices that enhance their individual as well their families and communities.

Hence, prior to decision making by women there should be social inclusion of them which helps them in empowerment where," Inclusion is about reducing inequalities between the least advantaged groups and communities and the rest of society by closing the opportunity gap and ensuring that support reaches those who need it most" (http://www.scotland.gov.uk accessed on 3rd June 2008).

In our society, women are deprived and they need support most. Social inclusion of women means as participation of women basically socially, economically and politically; which is the indicator of empowerment which directly affiliated on decision making process. If their participation is well then they are empowered and there will be right decision.

Decision making is a prominent issue in Nepal because of the continuing deprivation of Nepalese women. In spite of Nepal's constitution and International agreements signed by Nepalese government for guarantying women freedom from discrimination (ESP, 2000;1).

Therefore, decision making by women cannot become sustainable without eliminating entrenched socio-cultural norms as discriminatory practices.

The decision making is balanced after the sustainable empowerment of women where sustainable empowerment is defined as a situation where people are empowered socially, economically and politically (UNDP, 2004:12). The Nepalese women's situation is not indicating that they are empowered. In the context of empowerment Nepalese women have limited gains in the last couple of decades. Women's educational status and visible economic participation have improved in absolute terms. But on the other hand, gender disparity in access to modern resources and power structure is increasing (Acharya, 1997:1).

Nepal have the indicators GDI is 0.520 and GEM is 0.351 ;where The GDI indicates that females are more excluded than males and The GEM indicates that for every 100 males only about 35 females have the same levels of empowerment in the basic dimensions of empowerment namely economic and political participation, decision-making and power over economic resources (UNDP,2008). Therefore the proposed study has an aim of obtaining information on the decision making ability of women in the context of Nepal.

### 1.2. Statement of the Problem

For the sustainable development, decision making of women, their inclusion and empowerment is very essential. Men and women are two wheels of a cart; in the absence of one, it cannot be driven. Women in Nepal live in an oppressive, backward and feudal environment, which is caused by patriarchal system, unequal power relation, and socioreligious and cultural norms and traditions. The religious, cultural as well as existing laws of Nepal permit male to be superior, which set free to man to govern over women. Therefore, women are largely excluded from education, legal aid and feel to have lost their own identity. Whereas half of the population is represented by women but is still, treated as second grade citizens.

Women's access to land and property is derived through her marriage relationships. Women may not make any transaction in the property without consent of her husband. Women have
not decision-making power as well as right of their own life. There is no right of parental property, which creates economic dependency of women, marginalization of women and breaks over all their empowerment.

Decision making may be viewed as the process of selecting a course of action from among several alternatives in order to accomplish a desired result. The purpose of decision making is to direct human behavior and commitment towards a future goal. It involves committing the organization and its resources to a particular choice of course of action thought to be sufficient and capable of achieving some predetermined objective. Women's empowerment refers to enhance the capacity of the women, which is only possible by increasing their participation in every sector. Decision making of women eliminates the inequalities and barriers. That's why participation of women is the way to empowering them in decision making. Decision making by women itself is a challenging job in male dominant social structure. For good decision taken by women they should be empowered and empowered women can take more active roles in the household and community to confront the challenges of poverty, improve family health as wellbeing and increase household income (Dhakwa, 2001).

The reality is that without participation of women in decision making, empowerment and equality of women are not possible; and without equality and empowerment of women, the sustainable development of nation is entirely impossible.

Women's lives have been dramatically changed in recent years. There is tremendous improvement in their conditions as more and more women are getting education, entering in to the labor market, and have access to health care facilities. However, gender inequality still persists; women's subordination is deep and wide -spread (Acharya, 2001: 11).

Women have remained voiceless and their representation in social, economic and political life has been minimal. Problems related to women in power and decision-making have qualitative and quantitative dimensions. The First dimension involves the capacity of women to assert and exercise their rights, and the lack of an enabling environment in which to do
this. On the other hand, some quantitative improvements have been made with the introduction of reservation of local election. The overall participation of women in decisionmaking position is very low and remains unsatisfactory. The statutory provisions alone do not adequately facilitate women's entry in to these positions. Quantitative growth has been horizontal and only observed at the lowest levels of representation. Higher levels, of both local and national politics, are still regarded as the "Male sector". Thus far, the political parties and legislature have failed to substantiate their commitment to ensuring women's access to powerful decision-making positions (Gurung, 2007: 4).

The main purpose of this study is to show that determents of decision making of women in the various aspects of their role and show how decision making helps in empowerment. This research is guided by the following research questions:

1. What is the condition of women in education, occupation, employment and income sector?
2. What is the status of women in household decision-making, household ownership, parental property and political participation?
3. How can women be empowered in decision making?

### 1.3. Objectives of the Study

The general objective of this study is to show the status of women and their role on decision making. The specific objectives of the study are as follows:

1. To examine the determinants of decision making of women in terms of social, and political, educational and participation.
2. To examine the literacy status of women and their role in decision making.
3. To examine the social exclusion and inclusion of women in terms of social and political participation and decision-making role.

### 1.4. Rationale of the Study

In Nepal, women are more than half of the population but their participation in social, economic and political sector is very pitiable though they have equal rights to be participated in decision making. There is impossible to achieve the expected sustainable development of
the nation without participation of women in decision making. Empowered women are able to perform their own duty with an honorable way. In our society, the Hindu culture is the root of the patriarchal systems; women are excluded from participation in social, economic and political area. Therefore to empower the women in decision making, all the barriers and inequalities should be eliminated which is possible only through their participation in all activities. Participation of women improves their confidence and decision-making power. Some studies have been conducted on the issues of women's decision making by various national and international agencies of organizations, freelance researchers, NGOs and university students. It is hoped that this study will also be another foundation in the field of determinants of women decision making.

The specific significances of the research are as follows:

1. It has explored the political awareness, participation in social activities and household decision-making power of women.
2. It would be useful for the concerned planners, policy makers, GOs/NGOs/INGOs, Academician, Scholars who are working in the same field.
3. It might be reliable and useful for the students of researchers who would be interested to study in this particular field.

### 1.5 Limitations of the Study

This study aims to find out the educational, political and demographic status of women in decision making in the study area. It was also micro study, which attempted to explore the major processes of decision making. Moreover, this study aims to find out the socioeconomic as well as political participation of women, which indicates the status of women empowerment and their ability on decision making.

This study has some of its limitations; which are as follows:
1 The limited and general social variables, economic variable; and political variables were chosen.

2 Since, this study has been based on a small sampling area; it may not show the macro view of socio-economic and political status.

3 This study has been concentrated to analyze the participation of women in social
activities and household decision-making power.
4 This study has focused only on 3 wards of Vyas Municipality.
5 This study has been taken only 150 respondents.
6 This study has covered only married women of aged 15 years and above.

### 1.6. Organization of the study

This study is divided into six chapters. The first chapter deals with "Introduction" of the study. This chapter includes general background, statement of problem, objectives of the study, rational of the study and limitation of the study as well as organization of the study. The second chapter deals with the "Literature Review", Which includes meaning and definition, theoretical literature, empirical literature, conceptual framework as well women's empowerment issues under UN and women issues in Nepal five year plan.

The third chapter deals with research methodology adopted for this study. It includes sample procedure, data collection techniques and tools, data processing and analysis techniques and ethical issues of the research.

The fourth chapter analyses the demographic characteristics as well as socio-economic characteristics of the household population of the study area.

The fifth chapter analyses the demographic characteristics as well as socio-economic characteristics of the respondents of the study area. It also explores the participation of women in social, economic, political and decision making process.

And finally the sixth chapter represents the overall summary of the study, conclusions and recommendations of the study.

## CHAPTER II

## REVIEW OF THE LITERATURE

This chapter presents literature on decision making, social exclusion/inclusion and women's empowerment based in available reports, articles and some web-based information prepared for particular purposes of the study.

It is mainly based on reports and research works on the related issues by national and international agencies, research institutes, research scholars and human rights organizations.

### 2.1. Meaning and Definition of the "Decision Making"

Human performance in decision terms has not been the subject of active research from several perspectives. From a psychological perspective, it is necessary to examine individual decisions in the context of a set of needs, preferences an individual has and values they seek. From a cognitive perspective, the decision making process must be regarded as a continuous process integrated in the interaction with the environment. From a normative perspective, the analysis of individual decisions is concerned with the logic of decision making and rationality and the invariant choice it leads to. Yet, at another level, it might be regarded as a problem solving activity which is terminated when a satisfactory solution is reached. Therefore, decision making is a reasoning or emotional process which can be rational or irrational, can be based on clear assumptions or hidden assumptions.

A major part of decision making involves the analysis of a limited set of alternatives described in terms of some evaluative criteria. These criteria may be benefit or cost in nature. Then the problem might be to rank these alternatives in terms of how attractive they are to the decision maker(s) when all the criteria are considered simultaneously. Another goal might be to just find the best alternative or to determine the relative total priority of each alternative (for instance, if alternatives represent projects competing for funds) when all the criteria are considered simultaneously.

## Decision-Making Stages

Developed by B. Aubrey Fisher, there are four stages that should be involved in all group decision making. These stages, or sometimes called phases, are important for the decisionmaking process to begin
Orientation stage- This phase is where members meet for the first time and start to get to know each other.

Conflict stage- Once group members become familiar with each other, disputes, little fights and arguments occur. Group members eventually work it out.
Emergence stage- The group begins to clear up vague opinions by talking about them.
Reinforcement stage- Members finally make a decision, while justifying themselves that it was the right decision.

It is said that critical norms in a group improves the quality of decisions, while the majority of opinions (called consensus norms) do not. This is due to collaboration between one another, and when group members get used to, and familiar with, each other, they will tend to argue and create more of a dispute to agree upon one decision. This does not mean that all group members fully agree-they may not want argue further just to be liked by other group members or to "fit in".

### 2.2. Theoretical Literature on Decision Making

The concept of decision making is a process for all those individuals or groups selecting a best option from among several alternatives. And it is also about the involvement in process of political, education and economic. At wider level, it may refer to exclusion from education health care and ultimately the freedom that and individual must have to organize or control his/her life in a given social settings (Nayak, 1995).

Saith (2001) has defined that decision making as the exclusion from participation in the normal activities of society. Further Barry suggests that a group is considered socially excluded if they actually desire to participate or not. The five dimensions of social exclusion in relation to lack of participation in normal activities may be measured as the consumption activity (being able to consume at least up to some minimum level goods and services considered normal for that society), saving activity (accumulating, savings, pension
entitlement or owning property), production activity (engaging in economically or socially value activities like paid work, education or training, retirement if over state pension age or looking after a family), political activity (including voting, membership of political parties and of national or local campaigning groups) (Saith, 2001:5).

Decision Making is, thus a complex and multi-faceted notion. It refers to both individuals and societies and to disadvantage, alienation and lack of freedom (Bhalla and Lapeyre, 1997:415). However, de Haan and Maxawalle (1998) have identified the key arenas of decision making and inclusion. They have emphasized that people are basically excluded from their rights, resources and relationships. Decision making refers to exclusion in the economic, social and political sphere. It goes beyond the analysis of resource allocation, mechanism and includes power relations, agency, culture and social identity (de Haan, 1998:12).

Decision making, social exclusion and inclusion are "Contested Concepts" defined from the perspective or framework of different social science paradigms and disciplinary and theoretical perspectives, political ideologies and even national discourses (Pradhan, 2006:1).

Social inclusion and decision making about participation, it is a method for social justice. It is about increasing opportunities for people especially the most disadvantages, to engage in all aspects of community life (http://www.socialinclusion.sa.gov.au/ accessed on 3rd June 2008).

Decision making describes the state of being included in a community and society as a whole; a condition in which individuals and groups can access the range of available opportunities, services and resources, and contribute actions and the processes needed to transform the situations and changing the perceptions that create and sustain exclusion. The aim of having specific work on decision making is to support the involvement of the most excluded groups and to try or insure the betterment of the most excluded and marginalized groups.

Social exclusion is the root cause of disempowerment of women. Empowerment is seen as occurring at the individual and group level and, to an important extent has to do with increasing their access to assets, capabilities and voice; and helping them to realize the power, they gain from collective action. Indian sociologist Kamala Bhasin defined, "Empowerment means the enhancement of social aspect, self-dignity, self-reliance and going control over resources"(Chaulagai and Others, 2003:36).

Empowerment refers transforming existing resource and power relations in favor of those marginalized, deprived and disadvantaged groups and more generally women, who have faced severe limitations in exercising power and making voluntary choice (Shrestha, 2007: 58). So, unequal power relations or lack of power is the hindrances to women's empowerment. Equality and participation of women in all sphere is mostly needed. That is why; social inclusion is as the key pathway to empowerment of individuals and has at times tended to conflate empowerment and participation (http://hdr.undp.org accessed on 3rd June, 2008).

DFID/World Bank (2006:9) defined, as "Decision making is the removal of institutional barriers and the enhancement of incentives to increase access of diverse individuals and groups to development opportunities. And Empowerment is the enhancement of assets and capabilities of diverse individuals and groups to function, and to engage influence and hold accountable the institutions that affect them".

Hence, Decision making and Empowerment are closely related but separate concepts that through the social inclusion process, the empowerment process operates. Bennett put her statement that decision making and empowerment play their contemporary role for equity and development (Bennett, 2005).

### 2.3. The women's empowerment decision making issues under the UN

On the issues of women's empowerment and decision making various conventions and conferences are held. Gender equality has become a motto for all international conventions and conferences sponsored by the institutions under UN-umbrella. All UN conferences and
conventions have emphasized women's participation and their empowerment and mainstreaming. Since the 1975 UN conferences on women (Mexico) the world community has acquired or great deal of knowledge about the situation of women worldwide and gained valuable insight into process of development from a gender perspective (Acharya, 1997: 1,7).

The three world conferences of UN-Decade for women held in 1975(Mexico City), 1980(Copenhagen) and 1985(Nairobi) were important mobilizing and awareness of the valuable opportunities for organizing locally, nationally, regionally and internationally and for influencing policy making (UNIFEM, 1995: 3).

At the very first UN Human Rights conventions had proclaimed that right of the people. It treated equally men and women as human being. The UN has been doing several works for women since its establishment. As a result of continuous efforts, the UN formed a commission to study the situation of women in order to promote their political, economic and social status in 1946. Then, UN passed conventions regarding the women's rights. The UN passed convention that women should have the political right to convert citizenship in 1952.Under this convention the following conventions raised the voice in the favor of equality:

The International Convenant on Civil and Political Right (ICCPR) 1966 has stressed overall right of men and women. It has recognized that everyone have equal rights to enjoy their civil and political, as well as their economic, social and cultural rights. It stressed that everyone have to be ensured for full participation in all sector for development (Surethri, 2002: 172-187).

The International Convenant on Education, Social and Cultural Rights (ICESCR) 1966 has proclaimed that everyone has the right to enjoy economic, social and cultural rights, as well as their civil and political rights. This covenant focused on woman at first. Especially, in its articles no. 3 and 7 emphasized the women's rights separately. Article- 3 stressed to ensure the equal right of women as men to the enjoyment of all economic, social and cultural rights. And similarly, article-7 emphasized on the equality of women in the employment
opportunities higher and lower level. It stressed to ensure the participation of women in all sectors for fair wage and equal remuneration for work of equal value without any kind of discrimination (Surethri, 2002: 195-203).

The Convention on Elimination of all forms of Discrimination against Women (CEDAW) 1979 is the first legally binding convention on the women's issues. It concerned to eliminate the obstacles to the participation of women, on equal terms with men in the political, social, economic and cultural life. This convention purposed to ensure the human rights of women and their fundamental freedom in the political, economic, social, cultural, civil or any other field. It focused the full movement of women such as education, employment, marriage and maternity field and political, which ensures their empowerment (Surethri, 2002: 214-223).

The ICPD 1994 has emphasized women empowerment and autonomy of women and the improvement of their political, social, economic and health status is a basic ends for a country's overall development and improving the quality of people's life. Therefore, it recommends full participation and partnership of both men and women in every sector (UN, 1994: 7). The ICPD recommended that each country should strive action to advance the status of women through their full participation in social and economic development including decision-making (Dangol, 2000: 78).

The fourth World women conference (1995) was held in Beijing, was the milestone in the field of women's issues. It has identified the twelve critical concerns area of women. It has focused on women empowerment and development by promoting their social, economic and political participation. The critical areas of concern of Beijing, emphasizing that the advancement of women and the achievement of equality between women and men are a matter of human rights, social justice and women's empowerment. All the actions of Beijing and Beijing +5 review has given main focus on women's right and empowerment through their equal participation in all aspects of production, employment, income-generating activities and social activities, full involvement in decision-making and policy making activities.

The MDGs (2000) has focused that by empowering women, the sustainable development will be achieved. It forced to ensure the women's education, their reproductive, productive rights as well as combating all kinds of discriminations against women. Therefore," promote gender equality and empower women" is one of the goals of the MDGs.

### 2.4 Status of World's Women

### 2.4.1 Education Status

In much of the world, women have progressed towards equal educational enrollment rates with men at all levels of schooling, but huge gaps persist between men and women's educational achievement. Many girls and women still do not receive equal access to educational and training resources.

In Sub-Saharan Africa, Southern Asia and Western Asia illiteracy rates are highest more than 70 percent of women aged 25 and over are illiterate. In eastern and south-eastern women aged 25 are still illiterate.

Girls' enrollments have caught up with boys' in most countries in the developed regions and in Latin American and the Caribbean. But they still lag far behind in Sub-Saharan Africa and in Southern Asia, where they have been increasing faster than boys' but from lower level base. Women increasingly are enrolling in colleges and Universities, but enormous disparities remain among countries. In the developed regions, western Asia, some countries of Southern Africa, and Latin America and the Caribbean, the numbers of women and men in high education have become nearly equal due to rapid increase in female enrollment. But by contrast, the Sub-Saharan African and Southern Asian countries enroll fewer than 30 women per 100 men in higher education (UN, 1991:45).

### 2.4.2 Economic Status

Although women are economically active, and female labor participation is underreported, many women are excluded from economic activities. Women are over represented in activities on land holdings often as unpaid family workers a sphere, which tends to disappear with the monetization of agriculture. Women are also active in the urban labor market, which
is highly segmented and where barriers to entry are much greater for women than men. Thus, female labor market participation may access to gainful activities (de Haan, 1995).

Women everywhere contribute to economic production. As officially measured, 46 percent of the world's women aged 15 years and above are economically active. At least another 1020 percent of the world's women are economically productive but not counted as part of the labor force because of inadequate measurement.

In many parts of the developed regions, there have been increases in women's economic activity rates over the past two decades. women's highest shares in wage and salaried employment are in eastern Europe and the Soviet Union, something that could change as new economic policies create wide spread unemployment there. Women tend to be in clerical, sales and domestic services. Women hold a mere 10-20 percent of managerial and administrative jobs worldwide and less than 20 percent of the manufacturing jobs.

In every country having data, women's non-agricultural wage rates lower than men's. The average gap is between 30-40 percent; their income remains lower (UN, 1991: 4-5).

### 2.4.3. Political Status

Women are poorly represented in the ranks of power policy and decision-making, women make up less than_5 percent of the world's heads of state, heads of major corporations and top positions in international organizations. Women continue to be denied equal access to high-status and highpaying positions but there has been some progress since United Nations Decade for women began in 1976. Many countries have set up special offices to review complaints of discriminatory practice in political parties, parliaments, Unions and professional organizations (UN, 1991:6).

Women have the right to vote and they do, but the proportion of women in parliament is not high. In 1987 only 10 percent of countries' parliamentarians on average were women. There 3.8 percent, were headed by women at the end of 1990 . Only 3.5 percent of the top of the world's cabinet ministries is a woman and women hold no ministerial positions in 93 countries of the world (UN, 1991: 31-32).

Women's political participation at the political level is very less even in highly developed countries such as America, Europe. The UnitedState of America, which has been preaching practices of democracy, equality and human rights to the world, is very conservative regarding women's participation in politics. The participation of women in the world politics, there is only 13.7 percent. As per UNDP statistics, there is 43 percent women participation in politics in Sweden, 37 percent in Netherlands, 35.8 percent Norway and 30.4 percent in Finland. Women's participation in politics has become an issue of serious contemplation since the UN World conferences on women and Development in 1975 to the fourth world women's conference in Beijing, China in 1995(Dhital, 2005: 97-100).

Women are grossly underrepresented in economic decision-making. Rarely found in high positions in finance ministries, central banks or foreign trade departments. Administrative and managerial workers including legislative officials, government administrators and managers make up elite of 2 to 3 percent of all workers. That proportion averaged 18 percent in the developed regions, 13 percent in Africa and 10 percent in Asia and Pacific (UN, 1991: 35).

### 2.5. Women Status in Nepal and Empirical Literature

Men and women are situated in society not only differently but also unequally - women get less of the material resources, social status power and opportunity for self-actualization and this inequality results from organization of the society not from any biological or personality differences between men and women. The subordinated status of women in the context of Nepal can be viewed from the study on women and poverty, education and training status, women and health, violence against women, women and economy, women in power and decision making, and institutional arrangement of women. The other areas of concern should be women and media, the human rights of women, and inclusion of women in the sectors, which necessarily would result in empowerment of women in private and public life as well.

In Nepal only a few ( $14 \%$ ) of women are household heads (NLSS, 2004) and only 17 percent of women own either house land or livestock (CBS, 2002). Large proportion of women are engaged in agriculture ( $49.3 \%$ ) and 43.6 percent are engaged in elementary
works (Pradhan, 2004: 55). The adult female literacy (15 years+) is accounted only to be 34.9 percent (CBS, 2003), which shows the pathetic social condition of women. The women participation in the local election (19.33 \%), professional jobs (18.75 \%), women share in income $(0.302 \%)$ and GDI and GEM of 0.452 and 0.391 respectively shows the lowered social condition in Nepal (UNDP, 2004).

Nepalese women have got the voting rights as well as stand for election in 1951 but women in government at ministerial level only 7.4 percent (UNDP, 2008:326-332). Women's representation in political and administrative offices is very poor. There is a strong tendency among political parties to confine themselves to the constitutional minimum (5\%) when it comes to fielding candidates in elections. Similarly in the judiciary, women judges all out for only 1.3 percent of the total no. of judges. The Supreme Court has only one women-judge. In other constitutional bodies women occupy some positions at the middle management level, leaving all decision-making positions for men. The public service commission has one women member. The NPC has never women member. Poor representation of women can also be observed in the cabinet (CEDAW, 2002:4).

In recent times, the social and political participation of women has slightly been increased when the state formed a policy of positive discrimination but which is not in a satisfactory condition. The interim constitution of Nepal 2007 has provided 33 percent reservation in all mechanism based on the caste/ethnic composition of women through the amendment of relevant laws and policies. It has also repealed of all discriminatory laws as according to the Nepalese international commitments. The state has taken the policy of increasing the access to and control over natural resources, making National Women Commission (NWC) autonomous, eliminating all discriminatory social norms to women and building women's capacity by providing modern skills and training are some positive actions to improve the condition of women in Nepal. Furthermore, property rights, sexuality rights, abortion rights and marriage and family laws after the 11th amendment of Civil Code in 2002 and further improvisation by Interim Constitution 2007 are important benchmarks in the process of women empowerment.

### 2.6. Institutional mechanism for the advancement of women

A number of institutional arrangements have been made as an effect of the Beijing Conference for the advancement of women. They include:-

1 Establishment of separate ministry of women and welfare (renamed MWCSW).
2 Establishment of the National Commission on women.
3 Formation of the National Women Co-ordination Committee under the chairpersonship of the minister for MWCSW.

4 Establishment of an informal caucus of women parliamentarians.
5 Creation of Child Welfare Committees in all 75 districts.

### 2.7. Women's Issues in Development plans of Nepal

Nepal has ratified all the international conventions on the issues of gender equality, women's participation and women empowerment. Nepal government is trying to manage the fundamental changes in its traditional institutional structure, attitudes and practices called for by those international commitments (UNFPA, 2007: 35).

The plan to uplift the status of women began with sixth five-year plan. The sixth five year plan attempted to increase empowerment for women through creating opportunities both formal and informal educations involving women in agricultural training, cottage and other small industries as well as population control activities. Similarly, the seventh five-year plan stated the legal reforms would be affected to remove provisions hindering women's participation in national development (Pantha, 2004: 4).

The eighth plan promises to include program designed to enhance women's participation in economic and social sectors such as agriculture, forestry, industry, education and health (Acharya, 1997: 23). It also emphasized on increasing women representation at decision-making levels in the government, non-government, at semi-government sectors (UNFPA, 2007: 35).

A gender approach to development was reflected fully only in the ninth plan. The plan adopted mainstreaming, eliminating gender inequality and empowerment has its major strategies. In policy terms it promised to integrate gender in all sectors at the regional and
national levels and to eliminate gender inequality. For the empowerment of women it included mandatory representation of women in formulating policies and programs at all levels and ensuring equal rights in ownership of land and the services others services.

The tenth plan has integrated gender concerns in the program of some major sector traditionally accepted as important for women; including agriculture, education, health and local development, public administration and decision-making positions of government services.

### 2.8 Conceptual Framework

Decision making process is directly related to empowerment of women. Participation and Social inclusion is related to empowerment. Therefore decision making of women is the key pathway for the empowerment and inclusion.

In the framework, decision making of the women is the independent variables that determine their empowerment. Social, Economic and Political participation of the women play the significant role to strength their self-confidence that ultimately leads toward their empowerment.

The social variables such as Education, Social Activities; FCC, DWC, SMC, LWC, RI and Others, the economic variables such as Occupation, Income, Property ownership, Economic and Agriculture decision, Political participation are observed as the intermediate variables.


## CHAPTER III

## RESEARCH METHODOLOGY

This chapter represents overall research methodology, which had been applied for this study in order to meet the research objectives.

The proposed study is based on the primary sources of information. Information had been collected using both qualitative and quantitative tools. Several techniques such as household survey and focus group discussion with married women 15 years and above had been conducted meeting them personally. However, the female aged 15 years and above were the respondent of the questionnaire; some selected young males were also used for the crosschecking and verification of the information.

### 3.1. Selection of Study Area

This study is conducted in Vayas Municipality of Tahahun District where most of the women groups are formed. There are altogether 9 different group formed in ward no 3, 4 and 11. Among them two active group from each ward consisting 50 household were selected and each groups comprised around 25 members. Selected area (ward) is almost located in the central part of the Municipality. There are total 836 people in 150 households.

This area is selected due to following reasons:
The women groups' member are diverse characteristics and combination of variety of castes and ethnicities from different places. (Migrated from rural area)

This community is the working area of the researcher under the Women Empowerment Project of Animal Health Training and Consultancy Service. So it has become the topic of curiosity for the study and researcher also expected some help in data collection due to closeness with group member.

### 3.2 Research Design

A Research Design is a plan of the proposed research work. It is planned sequence of the process involved in carrying out a research study. Research design is a research plan providing
guidelines to researcher to get answer of the research questions and help to control experiment.

Research design is the plan, structure and strategy of investigation conceived to obtain answers to research question and control variance. Or it is the overall scheme of the research.

### 3.3 Nature of Source of Data Collection

Both primary and secondary data were used in this study. Secondary data were collected by adopting various secondary sources. It was collected from previous studies, published and unpublished documents.

For the need of study, more primary and some secondary data have been collected but priorities have been to the selection of primary data, which are both qualitative and quantitative. Primary data have been collected by applying various techniques. Primary data were collected through field study adopting various participatory means which are interview, observation, questionnaire, schedule, survey.

### 3.4. Sample Size

For this research study, the total sample size was 150 households of three selected wards 3,4,11 of Vyasmunicipality.The respondents all were the married women of aged 15 years and above.

### 3.5 Techniques of Primary Data Collection

For the collection of primary data following techniques were used.

### 3.5.1 Interview Schedule

Altogether 150 households were surveyed with the help of questionnaire prepared prior to the visit of field. Both structured and unstructured questionnaire were used during field survey. All the necessary information was collected through a structured questionnaire. The structured questionnaire was prepared to generate the realistic and accurate data from the study area. The respondents were requested to fill up the questionnaire. Some illiterate respondents asked researcher and answers filled up to collect data.

### 3.5.2 Key Informant Interview

Socially active and educated people, social mobilizers in the study area were taken as key informant and interviewed to find out situations of women on social inclusion and decision making. The data were also collected from checklist or unstructured interview. The respondents of such interview were especially renowned persons of the study area like local leaders, social mobilizers, and other educated persons.

### 3.5.3 Observations

Different activities of the women were observed during the field visit. Different models of activities of targeted people were directly observed during the field survey. Prior to the visit of the field a checklist was prepared for not to be confused during field study for what to be observed.

### 3.5.4 Focus group discussion

In order to access the qualitative information on the process of social inclusion of women, only 2 separate FGDs (Focus Group Discussion) in each wards of the study area were conducted with the aim of getting qualitative information about the women condition and level of inclusion and empowerment.

### 3.6 Data Analysis and Presentation

After the completion of data collection both primary and secondary data were processed manually. Quantitative data was analyzed and interpreted with the help of statistical tools (Microsoft Excel). Simple statistical tools were used to analyze the data. Mainly tables, charts were used as required. Qualitative data were analyzed descriptively.

## CHAPTER IV

## INTRODUCTION TO HOUSEHOLD POPULATION

This chapter represents the socio-economic and demographic characteristics of the household population of the study area.

### 4.1. Age-sex composition of the household population

The age-sex composition of a population is important in demographic analysis. A population's age and sex composition is considered as a map of its demographic history. If age composition is destroyed, all age-specific information of vital events is eventually destroyed. The various demographic events differ in different age and sex. Therefore, agesex composition has significant implications.

Information on age and sex of each household member were obtained from the married women of age 15 years and above. In 150 sampled households, the total population was 836 with 386 male and 450 female populations (Table 4.1).

Table 4.1: Distribution of the Population by age and sex (Age and Sex Structure of the population)

| Age Group | Sex |  |  |  | Sex ratio | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Male |  | Female |  |  | No | \% |
|  | No. | \% | No. | \% |  |  |  |
| 0-4 | 35 | 9 | 29 | 6.4 | 120.7 | 64 | 7.66 |
| 5-9 | 31 | 8.1 | 37 | 8.3 | 83.8 | 68 | 8.13 |
| 10-15 | 36 | 9.3 | 48 | 10.7 | 75.0 | 84 | 10.05 |
| 15-19 | 53 | 13.7 | 64 | 14.2 | 82.8 | 117 | 14.00 |
| 20-24 | 39 | 10 | 64 | 14.2 | 60.9 | 103 | 12.32 |
| 25-29 | 37 | 9.7 | 53 | 11.8 | 69.8 | 90 | 10.77 |
| 30-34 | 36 | 9.3 | 29 | 6.4 | 124.1 | 65 | 7.78 |
| 35-39 | 24 | 6.2 | 34 | 7.5 | 70.6 | 58 | 6.94 |
| 40-44 | 22 | 5.6 | 23 | 5.1 | 95.7 | 45 | 5.38 |
| 45-49 | 23 | 5.9 | 25 | 5.6 | 92.0 | 48 | 5.74 |
| 50-54 | 17 | 4.4 | 14 | 3.2 | 121.4 | 31 | 3.71 |
| 55-59 | 11 | 2.8 | 9 | 1.9 | 122.2 | 20 | 2.39 |
| 60-64 | 12 | 3.1 | 11 | 2.4 | 109.1 | 23 | 2.75 |
| 65-69 | 2 | 0.6 | 4 | 0.8 | 50.0 | 6 | 0.72 |
| $70+$ | 8 | 2.2 | 6 | 1.3 | 133.3 | 14 | 1.67 |
| Total | 386 | 100 | 450 | 100 | 85.8 | 836 | 100.00 |

Source: Field Survey, 2012

The majority of the population was found in age group 15-19 years (14.0\%) and lowest in age group 65-69 years $(0.7 \%)$. The proportion of female population was highest in age groups 15-19 and 20-24 years with 14.2 percent and 14.2 percent respectively followed by age group 25-29 years (11.8\%). Similarly, the highest proportion of male population was found in age group 15-19 years (13.7\%) followed by age group 20-24 years (10.0\%). The lowest proportion of male and female population was found in age group 65-69 years ( $0.6 \%$ and $0.8 \%$ respectively).

The sex ration in the study population was found to be low. This indicates that the number of females is higher than males. However the sex ration was found irregular in every age group. It is high in the age group 0-4 and is also high in the age 30-34. Similarly it is high in the age group 50-54, 55-59, 60-64 and 70 and above. Similarly, the overall dependency ratio was recorded to be 30.13 and child dependency and old age dependency was found to be 37.66 and 7.53 respectively (Table 4.1 calculation not shown).

Figure 4.1: Age distribution of the household population by broad age


If we examine the age composition in economic term, people below 15 years and 60 years above are supposed to be economically inactive that means "Dependent population" and age $15-59$ years is economically active population. In the study area, the economically active population age 15-59 years were found 69 percent where the remaining population was found as dependent population (Fig. 4.1).

### 4.1.1. Population pyramid

In general population pyramid is a kind of sliding bar chart which graphically represents the population of defined geographically regions. It is believed that a pyramid represents whole status of any region.

The pyramid of the study area represented that, there were high economically active population. The dependent population was low than the independent population. This pyramid showed that in study area fertility rate was declining and, infant and child mortality were also declining. It was also shown that life expectancy at birth was increasing because its apex was quite wide. (Fig. 4.2)

Figure 4.2: Population pyramid of the household population


The age structure of the pyramid shows that the population in the younger age group is also declining but the population in the age group 15-19 and 20-24 shows that there is the possibility of population expansion in the near future.

### 4.2. Educational Status of the Household Population

Education plays a vital role to bring changes in socio-economic status of the people as well as a nation. The higher literacy status and educational attainment affects the people's Participation in socio-economic, developmental as well as in policy making level. Education enhances the ability and capacity of human being to judge for right and wrong. Out of the total household population of six year and above, around 54 percent of the population were literate and around 46 percent were illiterate (Figure 4.3).

Figure 4.3: Population distribution by their literacy status (6 years +)


Educational attainment of the population ranges from grade one to masters and above. Among the literate population, 53.8 percent population had primary or no education at all. Around 34 percent of the population was in between grade 6 to 10 followed by 8 percent in SLC or Intermediate and around 3 percent in Bachelor or above than that. (Table 4.2).

Table 4.2: Distribution of population six years and above by their literacy status

| Literacy Status | Sex |  |  |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Male |  | Female |  | No. | \% |
|  | No. | \% | No. | \% |  |  |
| Literate | 209 | 60.40 | 198 | 47.83 | 407 | 53.55 |
| Illiterate | 137 | 39.60 | 216 | 52.17 | 353 | 46.45 |
| Total | 346 | 100 | 414 | 100 | 760 | 100.00 |
| Educational Attainment |  |  |  |  |  |  |
| Primary No Schooling | 95 | 45.45 | 124 | 62.63 | 219 | 53.81 |
| Some secondary(6 to 10th Grade) | 77 | 36.84 | 63 | 31.82 | 140 | 34.40 |
| SLC /Intermediate | 25 | 11.96 | 8 | 4.04 | 33 | 8.11 |
| Bachelor Plus | 12 | 5.74 | 3 | 1.52 | 15 | 3.69 |
| Total | 209 | 100.00 | 198 | 100.00 | 407 | 100.00 |

Source: Field Survey, 2012
Education by sex was found unequal among the study population. Female literacy is far lower than that of males ( $60.4 \%$ and $47.83 \%$ respectively). Female educational attainment seems to be high in primary level or they are literate through informal education. The proportion of female population in primary or level is accounted to be around 63 percent as against around 45 percent of male. But in higher classes the female proportion continues declining. And there were only three persons having education bachelors and above. So, it can be concluded that still women were excluded from higher educational opportunities.

### 4.3. Marital Status of the Household Population

Marriage is universal in our society. In Nepal, marriage is compulsion for both men and women. Marriage determines the social roles and responsibilities of the people. So it is called social institutions.

Table 4.3: Distribution of population 10 years and above by their marital status

| Marital Status | Sex |  |  |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Male |  | Female |  | No. | \% |
|  | No. | \% | No. | \% |  |  |
| Never Married | 125 | 39.1 | 112 | 29.2 | 237 | 33.70 |
| Married | 193 | 60.2 | 243 | 63.2 | 435 | 61.84 |
| Widow | 3 | 0.8 | 22 | 5.7 | 24 | 3.47 |
| Divorced |  |  | 1 | 0.3 | 1 | 0.16 |
| Separated |  |  | 6 | 1.6 | 6 | 0.85 |
| Total | 320 | 100 | 384 | 100 | 704 | 100.00 |

Source: Field Survey, 2012
In the household population age 10 years and above, majority of the population were married (61.8\%). Similarly 33.7 percent were unmarried followed by 3.4 percent widow. The proportions of divorced and separated were 0.2 percent and 0.9 percent respectively (Table 4.3).The highest proportion of married population was females ( $63.2 \%$ ) because their marital life begins early and the highest proportion of unmarried population was males ( $39.1 \%$ ). The proportion of widow among males seems negligible ( $0.8 \%$ ) because of the tradition of remarriages and lower life expectancy. Females widowed are far higher than the males. (Table: 4.3).

### 4.4. Occupation of the household population

Occupation is an indicator of economic condition of a person. Overwhelming proportion of household population age 6 year and above were engaged in agriculture (37.24\%) followed by students ( $16.84 \%$ ). Other occupations identified in the household populations were household work (14.34\%), daily wages (non -agriculture) (11.32\%), daily wages (agriculture) $(9.34 \%)$ and service $(2.24 \%)$. The involvement of female was much of less than male in income generating occupation. Broadly, the population engaged in non -agricultural
activities including service, business; wage (non-agriculture) student, teaching, foreign labor, household work and currently not working comprised around 44 percent of the total occupation. Only females ( $23.43 \%$ ) were household workers which seem to be relevant to say economically active population.

Table 4.4: Distribution of population six years and above by their occupation

| Occupation | Sex |  |  |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Male |  | Female |  |  |  |
|  | No. | \% | No. | \% | No. | \% |
| Agriculture | 152 | 43.93 | 131 | 31.64 | 283 | 37.24 |
| Service | 14 | 4.05 | 3 | 0.72 | 17 | 2.24 |
| Business | 7 | 2.02 | 6 | 1.45 | 13 | 1.71 |
| Daily Wage(Agriculture) | 27 | 7.80 | 44 | 10.63 | 71 | 9.34 |
| Daily Wage (Non- Agriculture) | 54 | 15.61 | 32 | 7.73 | 86 | 11.32 |
| Physically Not able to work | 4 | 1.16 | 11 | 2.66 | 15 | 1.97 |
| Student | 54 | 15.61 | 74 | 17.87 | 128 | 16.84 |
| Currently Not working | 1 | 0.29 | 1 | 0.24 | 2 | 0.26 |
| Household work | 12 | 3.47 | 97 | 23.43 | 109 | 14.34 |
| Teaching | 5 | 1.45 | 1 | 0.24 | 6 | 0.79 |
| Foreign Labor | 14 | 4.05 |  | 0.00 | 14 | 1.84 |
| Social worker | 1 | 0.29 | 1 | 0.24 | 2 | 0.26 |
| Don't Know |  | 0.00 | 1 | 0.24 | 1 | 0.13 |
| Not Stated | 1 | 0.29 | 12 | 2.90 | 13 | 1.71 |
| Total | 346 | 100 | 414 | 100.00 | 760 | 100 |

Source: Field Survey, 2012
Female participation in household work (23.43\%) and daily wage (agriculture) ( $10.63 \%$ ) and student ( $17.87 \%$ ) were higher than males but in income generating activities such as agriculture ( $43.93 \%$ ) services ( $4.05 \%$ ), business ( $2.2 \%$ ) and in teaching ( $1.5 \%$ ) male participation is higher. The list of the category shows that only males were gone for the foreign labor (4.05\%) (Table 4.4).

## CHAPTER V

## INTERPRETATION AND ANALYSIS OF DATA

This chapter deals with the socio-economic and demographic characteristics of the study population and also deals with their political participation, political awareness and decision making characteristics.

### 5.1 Demographic characteristics

### 5.1.1. Age-composition of the respondents

The age structure plays a significant role in demography whether it influences the values, roles, social mores, responsibilities, social relation and fundamental social hierarchy. In the study from the 150 sampled respondents, their ages were broadly grouped as $15-29,30-49$, 50-64 and 65+ years of age.

In the sampled population, 46 percent respondents were found in age group 30-49 years, where 32.67 percent respondents were in age group 15-29 years. Only 5 respondents above 65 years were included in the study ( $3.33 \%$ )and the mean age of the respondents was recorded to be 38.77 years (Table: 5.1.1).

Table 5.1.1: Distribution of the respondents by broad age group

| Age group | No. | \% |  |  |
| :--- | :---: | :---: | :---: | :---: |
| $15-29$ | 49 | 32.67 |  |  |
| $30-49$ | 69 | 46.00 |  |  |
| $50-64$ | 27 | 18.00 |  |  |
| $65+$ | 5 | 3.33 |  |  |
| Total |  |  |  |  |
| $\mathbf{1 5 0}$ |  |  |  | 100.00 |

Source: Field Survey, 2012

### 5.1.2. Marital status of the respondents

Marital status is another important determinant, which changes the life cycle of a woman. As we know, marriage is essential and universal in our society. It determines women's position within family as well as her status within society. Females' roles are increased in family only
after her marriage and hr decision making power is accepted if she is considered to be married. Out of 150 respondents, 90 percent respondents were married followed by widow (9.33\%) and separated (0.67\%) (Table 5.1.2).

Table 5.1.2: Distribution of the respondents by marital status

| Marital Status | No. | \% |
| :--- | :---: | :---: |
| Married | 135 | 90.00 |
| Widow | 14 | 9.33 |
| Separated | 1 | 0.67 |
|  | Total | $\mathbf{1 5 0}$ |
| 100.00 |  |  |

Source: Field Survey, 2012

### 5.1.3. Age at marriage of the respondents

The age at marriage is also an indicator of socio-health status of the women. In this study, the age at marriage of the respondents were categorized into 5 groups such as; $<10$ years, 1014 years, 15-19 years, $20-24$ years and $25+$ years. It was observed that half of the respondents $(50 \%)$ had got married at the age 15-19 years followed by age group 10-14 years $(20 \%)$. This study had shown that more than three quarters of female had got married within their teenage period (Table 5.1.3).

Table 5.1.3: Distribution of the respondents by their marital age-group

| Marriage age-group of the respondents | No. | $\mathbf{\%}$ |
| :--- | :---: | :---: |
| $<10$ | 2 | 1.33 |
| $10-14$ | 30 | 20.00 |
| $15-19$ | 75 | 50.00 |
| $20-24$ | 33 | 22.00 |
| $25+$ | 10 | 6.67 |
| $r$ Total | $\mathbf{1 5 0}$ | 100.00 |
|  |  | 18.91 |

Source: Field Survey, 2012

### 5.2. Social characteristics

### 5.2.1. Caste/ethnicity of the respondents

Nepal is a state of multi cast and ethnicity. In the sampled area various caste and ethnic groups were found. Among these identified caste and ethnicity, they were categorized into 5 broad caste groups i.e. Brahmin, Chhetri, Newar, Darai and Magar and Dalit.

Table 5.2.1: Distribution of the respondents by their caste/ethnic group

| Caste group | No. | \% |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: |
| Brahmin | 38 | 25.33 |  |  |  |
| Chhetri | 44 | 29.33 |  |  |  |
| Newar | 39 | 26.00 |  |  |  |
| Hill Janajaties (Includes Tamang, Darai, Magar and Gurung) | 20 | 13.33 |  |  |  |
| Hill Dalits (includes Damai, and Kami) | 9 | 6.00 |  |  |  |
| Total |  |  |  | $\mathbf{1 5 0}$ | $\mathbf{1 0 0 . 0}$ |

Source: Field Survey, 2012

The majority of the respondents were from Chhetri (29.33\%) and Newar (26\%) caste groups. Other caste groups were Brhaman (25.33\%), Hill Janajaties (13.33\%) and Hill Dalits (6.0\%) (Table 5.2.1). The table exhibits the study area is full of Khas. Around 55 percent of the respondents were from the Khas ethnic group.

### 5.2.2 Religion of the respondents

Religious composition is the important social characteristics of population. Religion also plays a vital role to unite a society and keep solidarity among its members. It is also a factor that determines the role and responsibilities of a woman; because different religious groups have their own traditional values and systems which govern people beliefs.

In the sampled population, four religious groups were found. The majority of the respondents from Hindu religion (76\%) followed by Buddhist (20.67\%). Out of the 150 respondents, only three people were found in Kirant and two people in Christian religious group. (Table: 5.2.2).

Table 5.2.2: Distribution of the respondents by religion

| Religion | No. | \% |
| :--- | :---: | :---: |
| Hindu | 114 | 76.00 |
| Buddhist | 31 | 20.67 |
| Kirant | 3 | 2.00 |
| Christian | 2 | 1.33 |
|  | $\mathbf{1 5 0}$ | 100.00 |

Source: Field Survey, 2012.

### 5.2.3. Educational status of the respondents

Education is the main part of personal as well as societal development. It has a multidimensional significance. Education is also considered to be an indicator of women empowerment. Greater participation of women in education is the backbone of their empowerment.

Only 60.67 percent of the respondents were found to be literate and remaining 39.33 percent were illiterate. Among the literate respondents, the majority of the respondents had attended the primary level of education ( $32.97 \%$ ). Very negligible percent of the respondents had attained higher education. Over 90 percent of the respondents had the educational status below SLC, Intermediate or equivalent. Only two respondents had secured university education (Table 5.2.3 (a).

Table 5.2.3 (a): Distribution of the respondents by Educational status

| Literacy Status | No. | $\mathbf{\%}$ |
| :--- | :---: | :---: |
| Literate | 91 | 60.67 |
| Illiterate | 59 | 39.33 |
| Total |  | 150 |
| Educational Attainment | 100.00 |  |
| Below grade one | 24 | 26.37 |
| Primary | 30 | 32.97 |
| Lower Secondary | 13 | 14.29 |
| Secondary | 18 | 19.78 |
| SLC, IA or equivalent | 3 | 3.30 |
| Bachelor | 1 | 1.10 |
| Masters + | 1 | 1.10 |
| Not Stated | 1 | 1.10 |
|  | $\mathbf{9 1}$ | 100.00 |

Source: Field Survey, 2012

After marriage, only 12 percent (18) respondents had taken education. Remaining 88 percent had not taken any formal or informal education. In almost all caste/ethnic groups, the educational attainment after marriage seems equal. Table 5.2.3 (b)).

Table 5.2.3(b): Distribution of the respondents by education of attainment after marriage

| Education After Marriage | No. | \% |
| :--- | :---: | :---: |
| Yes | 18 | 12 |
| No | 132 | 88 |
|  | Total | $\mathbf{1 5 0}$ |
| $\mathbf{1 0 0}$ |  |  |

Source: Field Survey, 2012

Among the reasons for not taking education after marriage, 21 percent of the respondents said that they had no interest for further education. One forth ( $25 \%$ ) of the respondents had the response that their family members didn't like to send them to educational institutions after marriage and the same proportion ( $25 \%$ ) of them indicated the reason of early marriage. Around 15 percent of the respondents said that the traditional belief that the women shouldn't get education after marriage was the main reason for not taking the education after marriage. They also reported that because of economic reasons (9.09\%), early pregnancy (11.36\%), and household activities (18.88\%) for which they were not getting opportunities for further study after marriage (Table 5.2.3 (c).

Table 5.2.3(c): Distribution of the respondents by reasons for not taking education after marriage

| Reasons for not taking education after marriage | No. | $\mathbf{\%}$ |
| :--- | :---: | :---: |
| Not Interested for further Study | 28 | 21.21 |
| Husband/family didn't want | 33 | 25.00 |
| Due to Early Marriage | 33 | 25.00 |
| Economic Reasons | 12 | 9.09 |
| Traditional Belief | 20 | 15.15 |
| Due to Early Pregnancy | 15 | 11.36 |
| Left without reasons | 11 | 8.33 |
| No School Nearby | 4 | 3.03 |
| Household Activities | 24 | 18.18 |
| Due to illness | 1 | 0.76 |
|  | $\mathbf{1 8 1}$ | - |

Source: Field Survey, 2012

Only 30.67 percent of the respondents had reported that they were not satisfied with their current educational status whereas 69.33 percent said that they were mildly or fully satisfied with their educational status (Table 5.2.3 (d)).

Table 5.2.3(d): Distribution of the respondents by satisfaction with current educational status

| Satisfaction With their education | No. | \% |
| :--- | :---: | :---: |
| Yes | 104 | 69.33 |
| No | 46 | 30.67 |
|  | Total | $\mathbf{1 5 0}$ |

Source: Field Survey, 2012

### 5.2.4. Family types of the respondents

The family background determines the future of an individual. Family plays an important role to determine the career of a woman because of the social structure. In our society, a woman should fully depend upon their family, and without their permission and decision she is helpless to do anything on her own. It is believed that in nuclear family, a woman can get some extent of choices to do something freely than in a joint family.

Less than a quarter of the respondents $(22.4 \%)$ were from the joint family and remaining 76 percent respondents were from nuclear family and 2 percent were living in extended family (Table 5.2.4).

### 5.2.5. Head of the household of the respondents

Head of the household receives higher respect in Nepalese society. Generally, the eldest male member of household is regarded as head. Being male dominated society, most of households reported the male members to be the head of the household regardless of their age, social position and economic activity within household.
In the study area, out of 150 sampled households, only 27 female-headed households were reported where remaining 123 households were male-headed household (Table 5.2.5).

Table 5.2.4: Distribution of respondents by their family types

| Family type of the respondents | No | \% |
| :--- | :---: | :---: |
| Nuclear | 114 | 76 |
| Joint | 33 | 22 |
| Extended | 3 | 2 |
|  | Total | $\mathbf{1 5 0}$ |

Table 5.2.5: Distribution of the respondents by household head

| Head of the HHs | Male |  | Female |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | No. | \% | No. | \% | No. | \% |
|  | 123 | 82. | 27 | 18 | 150 | 100 |

### 5.3. Economic characteristics

### 5.3.1. Engaged in income generating activities

In the study area majority of the respondents had not been engaged in any kind of income generating activities. Out of 150 respondents, only 44.67 percent had reported that they had been contributing to the household income by being engaged in some kinds of activities but

55 percent f the respondents were not accounted to be engaged in any kind of income generating activities. This could be the reason that household activities including some minor agriculture activities were not taken as income generating activities by the respondents. In all caste/ethnic groups, majority respondents had reported that they had not participated in any income generating activities so far (Table 5.3.1).

Table 5.3.1: Distribution of the respondents by engaged in income generating activities

| Engaged in income generating activities | Total |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | No. | $\mathbf{\%}$ |  |  |  |
| Yes | 67 | 44.67 |  |  |  |
| No | 83 | 55.33 |  |  |  |
| Total |  |  |  | $\mathbf{1 5 0}$ | 100.00 |

Source: Field Survey, 2012

### 5.3.2. Sources of income

Among 44.67 percent respondents who were involved in income generating activities, majority of the respondents' sources of income was agriculture of livestock ( $28.36 \%$ ). Nearly one fifth of the respondents $(19.40 \%)$ responded that labor in non-agriculture sector was the main source of their household income. Other major source of income in the place of residence was service ( $17.91 \%$ ), business ( $16.42 \%$ ) and teaching ( $14.93 \%$ ) in governmental and non-governmental school (Table 5.3.2).

Table 5.3.2: Distribution of the respondents by sources of income

| Sources of income | No. | $\mathbf{\%}$ |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: |
| Agriculture/ Livestock | 19 | 28.36 |  |  |  |
| Business/beauty parlor/ | 11 | 16.42 |  |  |  |
| Labor in non-agriculture | 13 | 19.40 |  |  |  |
| Job/ Services | 12 | 17.91 |  |  |  |
| Teaching | 10 | 14.93 |  |  |  |
| Tailoring | 2 | 2.99 |  |  |  |
| Total |  |  |  | $\mathbf{6 7}$ | 100.00 |

Source: Field Survey, 2012

### 5.3.3. Respondents classified according to Monthly income

The income level of the respondents was not found well in the study area, almost above the level of poverty level. Around 48 percent of the respondents' income level was below 10,000 . This category ranges from 500 or lower than that to 10,000 monthly. Around a
quarter of the respondents $(25.37 \%)$ of the respondents had the income level in between $10,000-20,000$ per month and only 8 persons (11.94\%) were able to earn above 25,000 s monthly from different occupations. This shows that income generating activities and level of income is not only subsistence based. The proportion of the respondents in the income levels might be imperfect because of the perceived fear to tell their income level to the new interviewer. The real income level of the respondents might be higher than that (Table 5.3.3).

Table 5.3.3: Distribution of the respondents by their level of income

| Income level | No. | \% |
| :--- | :---: | :---: |
| Below 10,000 | 32 | 47.76 |
| $10,000-20,000$ | 17 | 25.37 |
| $20,000-30,000$ | 10 | 14.93 |
| $30,000+$ | 8 | 11.94 |
| $r$ | $\mathbf{6 7}$ | 100.00 |

Source: Field Survey, 2012

### 5.3.4. Reasons for not engaging in any income generating activities

More than half of the respondents ( $57.83 \%$ ) reported that they were not engaged in any kind of income generating activities due to the household chores. Household work is seen as a barrier to be engaged in any kind of activities. More than a quarter ( $28.92 \%$ ) percent reported that they were not able to be engaged in any type of the income generating activities because of the lack of ability to enter in the job market. Around 17 percent had no opportunity to do job and 10.84 percent were still students and said that study made them busy to be engaged in any kind of income generating activities (Table 5.3.4).

Table 5.3.4: Distribution of the respondents by reasons for not engaging in income generating activities

| Reasons for not engaging in income generating activities | No. | $\mathbf{\%}$ |
| :--- | :---: | :---: |
| Due to Household Work | 48 | 57.83 |
| Due to Agriculture Work | 11 | 13.25 |
| No Education | 14 | 16.87 |
| No Proper time | 5 | 6.02 |
| Unwilling to work | 7 | 8.43 |
| Not able to do work | 24 | 28.92 |
| Due to poverty | 4 | 4.82 |
| No Opportunities got | 23 | 27.71 |
| Due to small baby | 1 | 1.20 |
| Due to busy in study | 9 | 10.84 |
|  | $\mathbf{8 3}$ |  |

[^0]
### 5.3.5. Having "PEWA" livestock

Having PEWA is also a kind of indicator of economic status. It is believed that having PEWA shows the sound socio-economic status. Most of the people put livestock/cattle as their PEWA. Among the respondents, it was found that very few women had PEWA livestock but 88.60 percent respondents didn’t have "PEWA" livestock (Table 5.3.5).

Table 5.3.5: Distribution of the respondents by having "PEWA" livestock

| Having personal livestock | No. | \% |
| :--- | :---: | :---: |
| Yes | 17 | 11.33 |
| No | 133 | 88.67 |
|  | Total | $\mathbf{1 5 0}$ |

Source: Field Survey, 2012

### 5.3.6. Ownership of the land

The study had shown that 80.67 percent respondents' family had land and 19 percent had no land at all. Among the respondents having land, 45.45 percent respondents had land on their own name and 54.55 percent respondents didn't have land on their own name. Thus, it can be concluded that most of the women were excluded from their legal rights on the land holding (Table5.3.6.).

Table 5.3.6: Distribution of the respondents by ownership of the land

| Having Land | No. | $\mathbf{\%}$ |
| :--- | :---: | :---: |
| Yes | 121 | 80.67 |
| No | Total | $\mathbf{1 5 0}$ |
|  | No. | 19.33 |
| Ownership of the Land | 55 | $\mathbf{\%}$ |
| Yes | 60 | 45.45 |
| No |  | $\mathbf{1 2 1}$ |
|  | Total | $\mathbf{1 0 0 . 0 0}$ |

Source: Field Survey, 2012

### 5.3.7. Ownership of the house by the respondents

Ownership of the house also represents the socio-economic status. The study had shown that most of the respondents had their own house. More than seventy percent respondents were living in their own house. Among the respondents having own house, 26.85 percent of the respondents were legal owner of the house and 42.59 percent said that their husbands were the legal owner of
the house. Parents also possess some 18 percent of houses on their own name. Other categories like dual ownership of husband and wife (2.78\%) and brothers and sisters (3.70\%) were negligible for the analysis (Table. 5.3.7).

Table 5.3.7: Distribution of the respondents by ownership of the house

| Type of the House | No. | \% |
| :--- | :---: | :---: |
| Own | 108 | 72 |
| Rented | 36 | 24 |
| Relatives | 6 | 4 |
|  | Total | 150 |
| Ownership of the House | No. | 100 |
| Husband | 46 | 42.59 |
| Parents | 19 | 17.59 |
| Self | 29 | 26.85 |
| Husband and <br> Wife Both | 3 | 2.78 |
| Brothers and <br> Sisters | 4 | 3.70 |
| Sons/daughter | $\mathbf{4}$ |  |
|  | 708 | 6.48 |

Source: Field Survey, 2012

### 5.3.8. Keeping household income

For sound and healthy family life, male and female both are equally responsible. They need to share benefits in family. The study had shown that 42 percent women kept their family income where 22 percent kept both of them. The result shows that little number of respondents had engaged in any kind of income generating activities and negligible percent of women had land or houses in their own name. Quite contrarily, most of the income is kept by them. This shows that the female right to handle household property is not fully accepted in the study area(Table 5.3.8.).

Table 5.3.8: Distribution of the respondents by keeping the household income

| Household income keeper | No. | \% |
| :--- | :---: | :---: |
| Husband | 32 | 21.33 |
| Parents | 17 | 11.33 |
| Self | 63 | 42.00 |
| Husband and wife Both | 33 | 22.00 |
| Sons and Daughter | 5 | 3.33 |
|  | $\mathbf{1 5 0}$ | $\mathbf{1 0 0 . 0 0}$ |

Source: Field Survey, 2012

### 5.3.9. Having saving accounts

The study had shown that 54 percent respondents had opened saving accounts and among them 39.51 percent responded that their parent hold the account. Among them, nearly one fifth $(22 \%)$ of the respondents were affiliated with saving accounts in their own where 30.86 percent their husband. There were 45.68 percent both husband and wife was equal owner of the saving accounts. They also opened the saving accounts on their children's name (14.08\%) (Table: 5.3.9).

Table 5.3.9: Distribution of the respondents by having saving bank account

| Saving Account | No. | \% |
| :---: | :---: | :---: |
| Yes | 71 | 47.33 |
| No | 79 | 52.67 |
| Total | 150 | 100.00 |
| Whom the saving accounts belongs to | No. | \% |
| Husband | 21 | 29.58 |
| Parents | 5 | 7.04 |
| Self | 37 | 52.11 |
| Husband and wife Both | 9 | 12.68 |
| Son And Daughter | 10 | 14.08 |
| Total | 71 | - |

Source: Field Survey, 2012(Note: the percentage may increase 100 due to the multiple responses)

### 5.4. Political participation

In the context of women's role and influence in the society, political participation needs to be analyzed from several angles. Conventionally, politics is understood to cover the science of governance in the public arena only. But in women's context it is imperative that politics includes gender politics within family and in the domestic scene, because that is where they are intensively exploited, repressed and excluded.

Women's political participation is defined as participation in social activities, participation in decision making roles within the domestic scene as well as in the community. Involvement in political movements and political parties forms another dimension of women's political participation. Awareness/knowledge about their rights and access to inheritance property are conceptualized as women's political empowerment.

### 5.4.1. Participation in community based organizations (CBOs)

Participation in any community based committees helps women strengthening their capacity and confidence. It also shows inclusion of females in development activities where a female share equal right and opportunity as that of male.

In the study area some community based organizations (CBOs) were found like Forest Consuming Committees (FCC), Drinking Water Committees (DWC), School Management Committees (SMC), Local Women's Committees (LWC), Religious Institutions (RI) and Other Committees.

Table 5.4.1: Distribution of the respondents by their participation in CBOs

| Institutions | Regular/full |  | Sometimes |  | Never |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
|  | No. | $\mathbf{\%}$ | No | $\mathbf{\%}$ | No. | \% |
| FCC | 17 | 11.33 | 27 | 18.00 | 106 | 70.67 |
| DWC | 23 | 15.33 | 32 | 21.33 | 95 | 63.33 |
| SMC | 21 | 14.00 | 32 | 21.33 | 97 | 64.67 |
| LWC | 28 | 18.67 | 32 | 21.33 | 90 | 60.00 |
| RI | 23 | 15.33 | 38 | 25.33 | 89 | 59.33 |
| Other | 4 | 2.67 | - | - | - |  |

Source: Field Survey, 2012

Among those committees, most of the women had no regular participation. The highest proportion of women were never participated in such committees, very few women had participated regularly. In those committees, the highest percentages of women (18.67\%) were regularly participated in LWC whereas 14.00 percent respondents participated in SMC. In other committees 11.33 percent in FCC, 15.33 percent in DWC and 15.33 percent in RI, the respondents had participated regularly. Thus, it can be concluded that the regular participation of women was higher in LWC than other committees. The never participants were high in all committees in the study area (Table 5.4.1).

### 5.4.2. Political participation and political awareness

In the study area, out of 150 respondents more than 58 percent reported that they didn't have membership of social institutions but 42 percent had been a member. Nearly a half (49.33\%) percent reported that they were willing to participate in any social activities (Table 5.4.2). Around 83 percent of the respondents had been utilizing their political rights by voting to any
of the political parties in the past elections including the election of the Constituent Assembly. Around 25 percent of the respondents had the membership in any of the political parties.

Table 5.4.2: Distribution of the respondents by their political participation and political awareness

| Political participation and political awareness | Yes |  | No |  |
| :--- | :---: | :---: | :---: | :---: |
|  | No. | $\mathbf{\%}$ | No. | \% |
| Having membership of any Social-institutions | 63 | 42.00 | 87 | 58.00 |
| Willingness to participate in any Social-activities | 74 | 49.33 | 76 | 50.67 |
| Voting to any political parties | 125 | 83.33 | 25 | 16.67 |
| Having membership of any political parties | 37 | 24.67 | 113 | 75.33 |
| Willingness to be a local representative | 61 | 40.67 | 89 | 59.33 |
| Having knowledge about the constitution | 133 | 88.67 | 17 | 11.33 |
| Having knowledge about the fundamental rights | 116 | 77.33 | 34 | 22.67 |
| Having knowledge about the property rights | 128 | 85.33 | 22 | 14.67 |
| Having knowledge about the divorce rights | 136 | 90.67 | 14 | 9.33 |

Source: Field Survey, 2012

To collect the necessary information on the political and social awareness of the respondents, a set of questions was asked in the field. Nearly 90 percent of the respondents said that they were conscious about the constitution and constitutional provisions relating to women. Knowledge about fundamental rights (77.33\%), female property rights ( $85.33 \%$ ) and divorce rights $(90.67 \%)$ show that the level of political consciousness is higher among the respondents irrespective of their utilizations (Table:5.4.2).

### 5.4.3. Reasons for being a local representative

Out of 150 respondents, 61 respondents reported that they were interested to be local representatives. Among 61 respondents, 44.26 percent said that they wanted to address women's issues' by being involved in local politics while 81 percent had the will to assist for the development of their village. 22.95 percent responses favored that being a local representative is a way to build up self-confidence, 18 percent wanted to be in a local position for the purpose of mere learning and 14 percent of the respondents wanted to be a local representative to uplift the women's status (Table 5.4.3).

Table 5.4.3: Distribution of the respondents' views to be a local representative

| Do you want to be a local representative? | No. | \% |
| :--- | :---: | :---: |
| Yes | 61 | 40.7 |
| No | 89 | 59.3 |
| Reasons for being a local representative | No. | $\mathbf{\%}$ |
| To Address the women's issues | 27 | 44.26 |
| To Uplift the women Earning | 9 | 14.75 |
| For Learning | 11 | 18.03 |
| To build up the confidence | 14 | 22.95 |
| To assist village development | 50 | 81.97 |

Source: Field Survey, 2012(Note: Above table shows that 61 is taken to calculate the individual component,the percentage may increase 100 due to the multiple responses)

### 5.4.4. Knowledge about the constitutional provisions relating to women

It was found that 133 respondents had heard of constitutional provision relating to women. Among them, 62.41 percent reported that they had known about women's equal property rights ensured in the constitution. Similarly, 61.65 percent reported " 33 percent reservation' for women in all governmental sectors, 30.08 percent citizenship rights, 27.07 percent equal education rights and only 9.02 percent divorce rights which were ensured by constitution. Some nine percent ( $12.78 \%$ ) reported that they didn't know about the constitutional provisions though they had heard about it (Table 5.4.4).

Table 5.4.4: Distribution of the respondents' views about constitutional provisions

| Do you know about the constitutional provisions? | No. | $\%$ |
| :--- | ---: | ---: |
| Yes | 133 | 88.7 |
| No | 17 | 11.3 |
| Knowledge about the constitutional provisions relating to women | No. | $\mathbf{\%}$ |
| Equal Property rights | 83 | 62.41 |
| Equal Educational rights | 36 | 27.07 |
| 33percent Reservation | 82 | 61.65 |
| Citizenship rights | 40 | 30.08 |
| Share from husband | 17 | 12.78 |
| Don't know | 17 | 12.78 |
| Equal rights to do work | 25 | 18.80 |
| Divorce rights | 12 | 9.02 |
|  | $\mathbf{T o t a l}$ | $\mathbf{1 3 3}$ |

Source: Field Survey, 2012(Note: Above table shows that 133 is taken to calculate the individual component, the percentage may increase 100 due to the multiple responses)

### 5.4.5. Knowledge about the fundamental rights

Fundamental rights are the asset of the human beings but most of the human beings especially women are excluded from their fundamental rights. In the study area 116 respondents reported that they had heard about the fundamental rights. Among them, 73.28 percent reported equal education to be a fundamental right of women. Similarly, 27.59 percent reported that decision on marriage also falls within the fundamental right of women. Some 37.07 percent reported 'right to basic needs', 56.90 percent 'Right to economy/property', and 15.52 percent reported 'freedom rights' as fundamental rights. Similarly, 2.59 percent reported that right of love and care from parents was also a fundamental right. Whereas around seven percent ( $6.03 \%$ ) reported that they didn't have any idea or knowledge about the fundamental rights (Table. 5.4.5).

Table 5.4.5: Distribution of the respondents' views about the fundamental rights

| Do you know about fundamental rights? | No. | \% |
| :--- | :---: | :---: |
| Yes | 116 | 77.3 |
| No | 34 | 22.7 |
| Knowledge about the fundamental rights | No. | $\mathbf{\%}$ |
| Right to Equal Education | 85 | 73.28 |
| Right to Marriage | 32 | 27.59 |
| Right to Speech | 21 | 18.10 |
| Property Rights /rights to Economy | 66 | 56.90 |
| Equal right for all | 24 | 20.69 |
| Right of Self Decision | 7 | 6.03 |
| Right to basic Needs | 43 | 37.07 |
| Freedom rights | 18 | 15.52 |
| Right to move freely | 9 | 7.76 |
| Don't know | 7 | 6.03 |
| Rights for love and care from parents | 3 | 2.59 |
|  | $\mathbf{7 o t a l}$ |  |

Source: Field Survey, 2012(Note: Above table shows that 116 is taken to calculate the individual component, the percentage may increase 100 due to the multiple responses)

### 5.4.6. Knowledge about the property rights

Access to property for women helps to be economic independent. But the property right to women is still lacking despite the legal provisions.

Among 150 respondents, 128 respondents reported that they had heard about the property rights. Most of the respondent, 66.41 percent reported that equal share from husband when separated was the property rights where 53.91 percent reported that equal share for son and daughter from their parent as their property rights (Table 5.4.6).

Table 5.4.6: Distribution of the respondents' views about the property rights

| Do you know about fundamental rights? | No. | $\mathbf{\%}$ |
| :--- | :---: | :---: |
| Yes | 128 | 85.3 |
| No | 22 | 14.7 |
| Knowledge about the property rights | No. | $\mathbf{\%}$ |
| Equal Share for Son and daughter | 69 | 53.91 |
| Share from husband when separated | 85 | 66.41 |
| Don't know | 5 | 3.91 |
|  | Total | $\mathbf{1 2 8}$ |

Source: Field Survey, 2012(Note: Above table shows that 128 is taken to calculate the individual component, the percentage may increase 100 due to the multiple responses)

### 5.4.7. Knowledge about the divorce rights

It was reported that 136 respondents had heard about the divorce rights. Among them, 64.71 percent reported that if husband brought another wife, then she could give divorce to her husband and 40.44 percent reported that she could give divorce to her husband if she felt neglected in the family. Similarly, 37.50 percent reported if frequent quarrel, 25.74 percent reported if tortured, and 23.53 percent if husband showed bad character and 9.56 percent reported if husband didn't respect for her self-dignity, then she would give divorce. There were also reported that if husband has not fecund ( $8.09 \%$ ), if husband is living separately for 3 years ( $2.94 \%$ ), if not satisfied with husband ( $15.44 \%$ ) and if husband is mentally not well ( $0.74 \%$ ), then a woman can give divorce to the her husband (Table 5.4.7).

Table 5.4.7: Distribution of the respondents' views about the divorce rights

| Do you know about divorce rights? | No. | \% |
| :--- | :---: | :---: |
| Yes | 136 | 90.7 |
| No | 14 | 9.3 |
| Knowledge about the conditions, in which a women can give divorce | No. | $\mathbf{\%}$ |
| If step wife is brought | 88 | 64.71 |
| Frequent quarrel | 51 | 37.50 |
| If Neglected /Not respected in the family | 55 | 40.44 |
| If not fecund | 11 | 8.09 |
| If Husband lives separately for 3 years | 4 | 2.94 |
| If no respect for Self-Dignity | 13 | 9.56 |
| If tortured | 35 | 25.74 |
| If not satisfied with husband | 21 | 15.44 |
| If husband shows bad character | 32 | 23.53 |
| If husband is mentally not well | 1 | 0.74 |
| Don't know | 2 | 1.47 |
|  | $\mathbf{2}$ | - |

[^1]
### 5.5. Women in decision making process

### 5.5.1. Decision on their marriage

It might be the patriarchy society; it was found most of the respondent's parents decided their marriage. There were 65.19 percent respondents' parents took decision on their marriage and 14.81 percent had made the decision themselves (Table 5.5.1).

Table 5.5.1: Distribution of the respondents' decision on their marriage

| Decision makers | No. | $\mathbf{\%}$ |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: |
| Father | 14 | 10.37 |  |  |  |
| Mother | 7 | 5.19 |  |  |  |
| Both Parents | 88 | 65.19 |  |  |  |
| Self | 20 | 14.81 |  |  |  |
| Brothers/Sisters | 3 | 2.22 |  |  |  |
| Relatives | 3 | 2.22 |  |  |  |
|  |  |  |  | $\mathbf{1 3 5}$ | 100.00 |

Source: Field Survey, 2012; (Note: * No. of married women 135.)

### 5.5.2. Decision on taking education after their marriage

It was found very few respondents had taken education after their marriage. While taking education after their marriage, majority of them had self-decision for their further study whereas their parent in law also decided to continue their education (Table 5.5.2).

Table 5.5.2: Distribution of the respondents' decision on taking education after their marriage

| Decision Makers | No. | \% |
| :---: | :---: | :---: |
| Husband | 3 | 16.67 |
| Parents | 4 | 22.22 |
| Self | 3 | 16.67 |
| Husband and wife both | 6 | 33.33 |
| Brothers and Sisters | 1 | 5.56 |
| Sons and Daughters | 1 | 5.56 |
| Total | 18* | 100.00 |

Source: Field Survey, 2012. * Only 18 women had continued their education after marriage.

### 5.5.3. Decision on having children

It was found that almost 86 percent respondents had given a live birth. Among them most of the couple (husband and wife both) 75.79 percent decided to have children. The dual decision to bear a baby may be considered to be good but self-decision (6.98\%) is a right to be pregnant shows that they were not fostered the right of pregnancy. She alone was not able to decide on when, how much and how often should she be pregnant. Respondents were also liable to bear a baby on the decision of husband alone or because of the parents desire to have a grandchild (Table 5.5.3)

Table 5.5.3: Distribution of the respondents' decision on having children

| Decision on Having Children | No. | \% |
| :--- | :---: | :---: |
| Husband | 14 | 10.85 |
| Parents | 8 | 6.20 |
| Self | 9 | 6.98 |
| Husband \& wife Both | 98 | 75.97 |
|  | Total | $\mathbf{1 2 9}$ |

Source: Field Survey, 2012

### 5.5.4. Decision on using of family planning methods

Out of 150 respondents, only 117 respondents had used family planning devices. Among the 117 respondents, 53.85 percent couple had made decision together. Around one fifth (21.37\%) decisions on using FP methods were taken by their husband and only 24.79 percent of the respondents decided to use the FP methods on their own (Table 5.5.4).

Table 5.5.4: Distribution of the respondents by decision on using of family planning methods

| Decision on using of family planning methods | No. | \% |
| :--- | :---: | :---: |
| Husband | 25 | 21.37 |
| Self | 29 | 24.79 |
| Both | 63 | 53.85 |
|  | Total | $\mathbf{1 1 7 *}$ |

Source: Field Survey, 2012. * Only 117 women had used family planning methods.

### 5.5.5. Decision on buying or selling surplus food

Buying or selling surplus food in the house is the most important decision. Most of the Nepalese women have involved in household activities. Among 150 respondents, 42.00 percent respondents had made decision to buy or sell any surplus food (Table 5.5.5).

Table 5.5.5: Distribution of the respondents by decision on buying or selling surplus food

| Decision on buying or selling surplus food | No. | \% |
| :--- | ---: | ---: |
| Yes | 63 | 42.00 |
| No | 87 | 58.00 |
| Total | $\mathbf{1 5 0}$ | 100 |

Source: Field Survey, 2012

### 5.5.6. Decision on buying or selling livestock

Decision on buying or selling livestock, it was found that comparatively very less women had made decision to buy or sell any livestock in the household. Only 30 percent respondents had made decision by her (Table 5.5.6). Around 70 percent of the women had no right of buying or selling their foods, livestock or any other household assets.

Table 5.5.6: Distribution of the respondents by decision for buying and selling livestock

| Decision on buying and selling livestock | No. | \% |
| :--- | :---: | :---: |
| Yes | 45 | 30 |
| No | 105 | 70 |
|  | Total | $\mathbf{1 5 0}$ |

Source: Field Survey, 2012

### 5.5.7. Decision on visiting the relatives

Visiting relatives is also a social affair. In this study, it was found that often the respondent's husband decided to visit their relatives. There were 32 percent respondents had followed their husband's decision. While 28.67 percent both couple decided for visiting their relatives and 28 percent respondents had taken self-decision to visit relatives (Table 5.5.7).

Table 5.5.7: Distribution of the respondents' decision on visiting relatives

| Decision on visiting relatives | No. | \% |
| :--- | :---: | :---: |
| Husband | 48 | 32.00 |
| Parents | 17 | 11.33 |
| Self | 42 | 28.00 |
| Husband andWife Both | 43 | 28.67 |
|  | Total | $\mathbf{1 5 0}$ |

Source: Field Survey, 2012

### 5.5.8. Decision on participating in social activities

Most of the women were engaged in domestic/household chores. They are, to some extent, restricted to go outside and take part in any social activities due to the social and culture settings.

While taking decision to participate in social activities, women seem to be free to some extent. Around 24 percent of the respondents decided themselves whether to participate or not. In other cases, a female needs her husband's approval (26.74\%) to take part in such activities. Only 19.77 percent of such decisions were made in mutual understanding between husband and wife. Sometimes, parents, relatives, and son or daughter remain the decision makers in such cases (Table 5.5.8)

Table 5.5.8: Distribution of the respondents' decision on participating in social activities

| Decision on participating in social activities | No. | $\mathbf{\%}$ |
| :--- | :---: | :---: |
| Husband | 23 | 26.74 |
| Parents | 4 | 4.65 |
| Self | 21 | 24.42 |
| Husband and wife Both | 17 | 19.77 |
| Relatives | 5 | 5.81 |
| Son and Daughter | 2 | 2.33 |
| Other (friends | 14 | 16.28 |
|  | Total | $\mathbf{8 6}$ |
| $\mathbf{1 0 0 . 0 0}$ |  |  |

Source: Field Survey, 2012

### 5.5.9. Decision on to be member of political parties

Political membership helps increasing the social movement of the people. Political awareness helps people to know their rights and responsibilities. It was found that very less women had taken membership of political parties. However, 40 percent respondents had taken her-self decision to be a member of political parties. While (72\%) their husband and ( $44 \%$ ) their friends encouraged them to be a member of political parties. Similarly, 14.29 percent respondents took decision on to be a member of political parties in cooperation with their husband (Table 5.5.9).

Table 5.5.9: Distribution of the respondents' decision on to be member of political parties

| Decision Makers | No. | $\mathbf{\%}$ |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: |
| Husband | 18 | 72 |  |  |  |
| Self | 10 | 40 |  |  |  |
| Husband and wife Both | 7 | 28 |  |  |  |
| Relatives | 4 | 16 |  |  |  |
| Other (Friends) | 11 | 44 |  |  |  |
| Total |  |  |  | $\mathbf{2 5}$ | - |

Source: Field Survey, 2012(Note: the percentage may increase 100 due to the multiple responses)

### 5.6 Women in decision making process

The section mainly deals the respondents' social, economic, political and decision making participation by their literacy status. The results from the Focus Group Discussion are also included for the detailed cross verification of the quantitative nature of data.

Women in the process of decision making are another most important or the basic indicator of their empowerment. Household decision, decision of their own marriage, decisions of the
schooling after marriage are some of the primary rights to be enjoyed by women for the overall empowerment of females. If females failed in those matters, the talk of women empowerment is a buzz talk only. The dual role of women in home and outside, minimum time to be engaged in the matter of society, no legal framework of the empowerment, and their physical conditions including other various factors are the determinant of the down trodden women status in case of Nepal.

### 5.6.1. Women in decision making process in their marriage by literacy status

Out of 91 literate respondents, only 13 percent of the literate women had the decision on their marriage by themselves and 63 percent of the respondents were married by the joint decision of their parents.

Table 5.6.1: Distribution of respondents' decision making of their own marriage by their literacy status

| Literacy Status | Decision on marriage of the respondents |  |  |
| :--- | :--- | :---: | :---: |
| Literate | Decision makers | No. | $\mathbf{\%}$ |
|  | Father | 7 | 7.69 |
|  | Mother | 3 | 3.30 |
|  | Both Parents | 63 | 69.23 |
|  | Self | 13 | 14.29 |
|  | Brothers/Sisters | 2 | 2.20 |
|  | Relatives | 3 | 3.30 |
|  | Total | $\mathbf{9 1}$ | $\mathbf{1 0 0 . 0 0}$ |
| Illiterate | Decision makers |  |  |
|  | Father | 8 | 13.56 |
|  | Mother | 10 | 16.95 |
|  | Both Parents | 28 | 47.46 |
|  | Self | 13 | 22.03 |
|  |  | $\mathbf{5 9}$ | $\mathbf{1 0 0 . 0 0}$ |

Source: Field Survey, 2012

The other decision makers were father (7\%), mother (3.30\%), brother/ sister and relatives by 2 and 3 percent respectively.

Among the 59 illiterate respondents, the decision on their own marriage is higher than those who were literate. Around 22 percent of the illiterate respondents had their marriage decision on their own and 47 percent of the respondents had their marriage decision by their parents (Table:5.6.1).

### 5.6.2. Women in Decision Making Process in taking education after their marriage by literacy status

The decisions on the education of the respondents were taken by different household authorities. Among the literate respondents, 27.78 percent of the respondents had taken the decision of their education themselves after marriage and the same proportion of the respondents had the chance of getting education by the decision of their parents. And interestingly, 5.56 percent of the decision on their education was taken by their children (Table.5.7.2).

The participants of the FGD also stressed that literate women poses the logical bargaining power and they also see the need of education after marriage. The literate women are married to the literate men and there is higher understanding between both of the parties in decision making. The need of extended education for the empowerment of women is not realized by their family members. Husbands and their relatives also fail to raise the voice of their education after their marriage because of the nature of works the women is entitled.

Table 5.6.2: Distribution of respondents' decision making of their education by their literacy status

| Literacy Status | Decision on taking education after marriage of the respondents |  |  |
| :--- | :--- | :---: | :---: |
| Literate | Decision Makers | No. | \% |
|  | Husband | 4 | 22.22 |
|  | Parents | 5 | 27.78 |
|  | Self | 5 | 27.78 |
|  | Husband and wife Both | 2 | 11.11 |
|  | Brothers and Sisters | 1 | 5.56 |
|  | Sons and Daughters | 1 | 5.56 |
|  | Total | $\mathbf{1 8}$ | $\mathbf{1 0 0 . 0 0}$ |

Source Field Survey, 2012

### 5.6.3. Women in decision making process in having children, using FP methods and children's schooling by literacy status

Decision on having children, it was found that most of the literate women had discussed and decided with their husband. More than 81 percent literate women and nearly 45 percent of illiterate women decided in mutual understanding with their husband. But on taking self-decision, only 5.17 percent literate and 18.31 percent of illiterate women were accounted. This shows that the decisions on those matters are strongly taken by illiterate than the literate one. This supports the idea that primary education in case of childbearing negative affects the situation.

Similarly, on using FP methods, the study had shown that 31.67 percent literate women decided in cooperation with their husband but among illiterate women mostly their husband had decided. It was found 31.58 percent illiterate women's husband decided. But on taking self-decision more illiterate women were ahead of literate women (Table 5)

Table 5.6.3: Distribution of respondents by decision on pregnancy, using FP and children's schooling

| Literacy Status |  | Having children |  | Using <br> methods $\quad$ FP |  | Children's schooling |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Literate | Decision Makers | No. | \% | No. | \% | No. | \% |
|  | Husband | 5 | 8.62 | 20 | 33.33 | 8 | 15.09 |
|  | Parents | 3 | 5.17 | 12 | 20.00 | 4 | 7.55 |
|  | Self | 3 | 5.17 | 9 | 15.00 | 11 | 20.75 |
|  | Husband and wife both | 47 | 81.03 | 19 | 31.67 | 30 | 56.60 |
|  | Total | 58 | 100.00 | 60 | 100.00 | 53 | 100.00 |
| Illiterate | Husband | 15 | 21.13 | 18 | 31.58 | 34 | 41.98 |
|  | Parents | 11 | 15.49 | 9 | 15.79 | 8 | 9.88 |
|  | Self | 13 | 18.31 | 4 | 7.02 | 25 | 30.86 |
|  | Husband and wife both | 32 | 45.07 | 26 | 45.61 | 14 | 17.28 |
|  | Total | 71 | 100.00 | 57 | 100.00 | 81 | 100.00 |
|  | Grand Total | 129 | 100.00 | 117 | 100.00 | 134 | 100.00 |

Source: Field Survey, 2012(Note: Calculation on the basis of respondent's number)

The participants of the FGD stressed the importance of education while making decision on having children. As the illiterate women are far more unknown to the hazards of too many, too often and too frequent pregnancy, the complication during delivery, and the post-delivery care, their health condition may deteriorate forever. Husbands often decide to force them to have children which are almost invincible to them so they are ready to bear children. While using the family planning methods and sending their children to the school also, husband plays a major role. These all incidents are the outcome of the patriarchal society and cannot be removed from the society easily.

### 5.6.4. Women in Decision making process in visiting relatives, to be member of SocialInstitutions and political parties by literacy status

Most of the illiterate women decided themselveswhile visiting relatives. Around a quarter of the women made the decision on their own while making decision on visiting relatives followed by 26.37 percent by their husband. But among literate women, very few of them took decision in cooperation with their husband. Only 13.56 percent made decision in mutual understanding with their husband whereas 23.73 percent women took self decision to visit their relatives (Table 5.7.4).

Most of the literate women had self-decision to be member of any social institutions. Among illiterate women, their husband took decision mostly. Thirty five percent literate women decided themselves to participate in social institutions whereas only around 4 percent of the illiterate women decided. Among the illiterate women, the matter is often decided by their husband. Nearly one third ( $30.43 \%$ ) of the respondents had been the member of social institutions by the decision of their husband (Table 5.7.4).

Among the participants of FGD, almost all stressed on the importance of education for the full and easy participation in social and political organizations. A man does not need to consult his wife whether he can participate in any political or social organizations, but in the case of women, the approval from her husband is almost compulsory. This event often takes place because of the sensitive nature of politics in the context of current Nepal. Males are not ready to involve their women in such organizations because of the fear that the wrong message was delivered by the illiterate females.

Table 5.6.4: Distribution of the respondents on decision making by literacy status

| literacy Status |  | Visiting relatives |  | To be member of Social-institutions |  | To be member of Political parties |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Literate | Decision Makers | No. | \% | No. | \% | No. | \% |
|  | Husband | 24 | 26.37 | 9 | 22.50 | 3 | 17.65 |
|  | Parents | 10 | 10.99 | 1 | 2.50 |  | 0.00 |
|  | Self | 23 | 25.27 | 14 | 35.00 | 6 | 35.29 |
|  | Husband and wife both | 34 | 37.36 | 7 | 17.50 | 3 | 17.65 |
|  | Sons and Daughters |  |  | 1 | 2.50 |  | 0.00 |
|  | Others |  |  | 8 | 20.00 | 5 | 29.41 |
|  | Total | 91 | 100.00 | 40 | 100.00 | 17 | 100.00 |
| Illiterate | Decision Makers |  |  |  |  |  |  |
|  | Husband | 24 | 40.68 | 14 | 30.43 | 2 | 25.00 |
|  | Parents | 13 | 22.03 | 5 | 10.87 |  |  |
|  | Self | 14 | 23.73 | 2 | 4.35 | 5 | 62.50 |
|  | Husband and wife both | 8 | 13.56 | 1 | 2.17 |  |  |
|  | Relatives |  |  | 11 | 23.91 |  |  |
|  | Others (Friends) |  |  | 13 | 28.26 | 1 | 12.50 |
|  | Total | 59 | 100.00 | 46 | 100.00 | 8 | 100.00 |
|  | Grand Total | 150 | 100.00 | 86 | 100.00 | 25 | 100.00 |

Source: Field Survey, 2012

To be the member of political parties, literate women do not need to take approval to their husband. Among 17 literate members being participated in political parties, 6 (35.29\%) had decided themselves. The proportion of illiterate women participating in the political parties on their own decision is far less than that of literate. Around one fifth and one third of literate and illiterate respondents respectively were encouraged by their husband. (Table 5.7.4).

### 5.6.5. Participation in local community committees of women by literacy status

It was found that literate women had participated more regularly than illiterate women in any social institutions. The local community committees, such like; in Forest Consuming Committee, 64.71 percent literate women participated regularly. Similarly in DWC 73.91 percent literate women, in LWC 85.71 percent literate women, in RI 86.96 percent literate women and other institutions 75 percent literate women participated regularly and rest were illiterate women (Table 5.7.5).

In the local level community, the participation of the women is low compared to that of men as according to the participants of focus group discussion. The government and political parties has brought some gender inclusive policies in their manifestoes so the gender inclusion $n$ such organizations is somehow increased in the present Nepal. Though the females are included, the situation of the illiterate women seems unchanged. So the participants stressed on the need of education to those who do not have education and awareness campaign to protect their political culture and social rights

Table: 5.6.5: Distribution of the respondents' participation in local committees by literacy status

| Literacy | FCC |  | DWC |  | SMC |  | LWC |  | RI |  | Other |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | No. | \% | No. | \% | No. | \% | No. | \% | No. | \% | No. | \% |
| Literate | 11 | 64.71 | 17 | 73.91 | 17 | 80.95 | 24 | 85.71 | 20 | 86.96 | 3 | 75.00 |
| Illiterate | 6 | 35.29 | 6 | 26.09 | 4 | 19.05 | 4 | 14.29 | 3 | 13.04 | 1 | 25.00 |
| Total | $\mathbf{1 7}$ | $\mathbf{1 0 0 . 0 0}$ | $\mathbf{2 3}$ | $\mathbf{1 0 0 . 0 0}$ | $\mathbf{2 1}$ | $\mathbf{1 0 0 . 0 0}$ | $\mathbf{2 8}$ | $\mathbf{1 0 0 . 0 0}$ | $\mathbf{2 3}$ | $\mathbf{1 0 0 . 0 0}$ | $\mathbf{4}$ | $\mathbf{1 0 0 . 0 0}$ |

Source: Field Survey, 2012

### 5.6.6. Political participation and political awareness of women by literacy status

The study had shown that political participation and political awareness were higher among literate women than illiterate women. Participation in any social activities and political parties were lower among illiterate women.

In the study area around 84 percent literate women were the member of any of the listed social institutions, 81 percent literate women had willingness to participate in any social activities, 75.76 percent literate women were a member of any political parties and 73.77 percent literate women had willing to be a local representative and rest were the illiterate women. Similarly, more than 66 percent of literate women had heard about the fundamental rights but only around 34 percent illiterate women had heard about such kind of the rights (Table 5.7.6).

Lack of education, socio-cultural setting, family background, and the policies adapted by the government were taken as the main hindrances of the lower political and social participation of women by the participants of the focus group discussion. To change the present scenario of women status in the study areas, they focused on the female- friendly policy intake by the responsible authorities. They also stressed on the awareness programs in the families of rural areas and programs for the alternative capacity building among the women of the areas. Local women organizations, women welfare organizations or any type of organizations that work to increase the participation in public life should be established. Women should not be fully dependent fully on the family, they should enjoy the rights provisioned by the constitution, national or international women rights instruments, and should be able to lead half of the social responsibilities were mainly focused in each of the focus group discussions. In many focus group discussions, gender discrimination was focused by the participants. Gender discrimination is the practice whereby one sex is given preferential treatment over the other sex. In most societies of Nepal, gender discrimination is observed as discrimination favoring men and against women. Women are discriminated since their childhood to old age. In their childhood, they have to live under the control of their parents, in adulthood or after marriage they have to live under the control of her husband.

Table: 5.6.6: Political participation and political awareness among respondents literacy status.

| literacy | Member of any <br> Social- <br> Institutions |  | Willing to participate <br> in any Social activities |  | Member of any <br> Political parties |  | Willing to be a local <br> representative |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | No | $\mathbf{\%}$ | No. | $\mathbf{\%}$ | No. | \% | No. | \% |
| Literate | 53 | 84.13 | 56 | 75.68 | 25 | 67.57 | 45 | 73.77 |
| Illiterate | 10 | 15.87 | 18 | 24.32 | 12 | 32.43 | 16 | 26.23 |
| Total | $\mathbf{6 3}$ | $\mathbf{1 0 0 . 0 0}$ | $\mathbf{7 4}$ | $\mathbf{1 0 0 . 0 0}$ | $\mathbf{3 7}$ | $\mathbf{1 0 0 . 0 0}$ | $\mathbf{6 1}$ | $\mathbf{1 0 0 . 0 0}$ |


|  | About Constitution |  |  | About <br> Fundamental <br> rights | About Property <br> rights |  | About Divorce <br> rights |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | No. | \% | No. | $\mathbf{\%}$ | No. | \% | No. | \% |
| Literate | 77 | 57.89 | 77 | 66.38 | 71 | 55.47 | 79 | 58.09 |
| Illiterate | 56 | 42.11 | 39 | 34.55 | 57 | 44.53 | 57 | 41.91 |
| Total | $\mathbf{1 3 3}$ | $\mathbf{1 0 0 . 0}$ | $\mathbf{1 1 6}$ | $\mathbf{1 0 0 . 0}$ | $\mathbf{1 2 8}$ | $\mathbf{1 0 0 . 0}$ | $\mathbf{1 3 6}$ | $\mathbf{1 0 0 . 0}$ |

Source: Field Survey, 2012

A Mother has to bear the same pain while giving birth to a boy or a girl. But discrimination starts from treatment. They have separate responsibilities given to them. Not only at home, the discrimination starts from the society, relatives, political parties, other organizations and club also. Therefore, to eliminate such problems from society and empower women, they preferred democratic policies favoring females.

## CHAPTER VI <br> SUMMARY, CONCLUSIONS AND RECOMMENDATIONS

This chapter presents the summary of the findings of the study and it also includes conclusions and recommendations of the study.

### 6.1. Summary of the Findings

The general or broad objective of this study is to find out the determinants of decision making of women in terms of social, and political, educational and participation in social institute of Vayas Municipality of Tanahun District. The specific objective of the study is to study prevailing decision making role of women.

There are total 836 populations in 150 households in ward no 3,4 and 11. Among them 386 were male and 450 were female population. And there are altogether 9 different groups. Among them two active group form each ward consisting 50 house hold were selected and each groups comprises around 25 members. Selected area is almost located in the central part of the Municipality. The majority of the population was found in age group 15-19 years (14\%) and lowest percent found in age group 65-69 years ( $0.7 \%$ ).It was found 68.95 percent economically active populations i.e. age group 15-59 years.Out of total household population, 53.55 percent were literate. Among the literate population, attained secondary level of 34.4 percent had the education Females' educational attainment was low in higher level education while males' was high.

Sampled 150 respondents, 46 percent respondents were from age group 30-49 years followed by 32.67 percent respondents from age group 15-29 years.Majority of the respondents were married ( $90 \%$ ) where 6.4 percent widow and 2.4 percent separated respondents.More than three quarters of female had got married within their age 10-19 years where as 50 percent respondents had got married at the age group 15-19 years. And the mean age of marriage was 18.91 years of the respondents.

By caste/ethnicity, the Brahmin (25.33\%), Chhetri (29.33\%) and Newar (26\%) were the major caste group of the respondents. Among other castes, 13.33 percent of Janajati and 6 percent Dalit respondents were found.Mostof the respondents were from Hindu religion
(76.0\%) followed by Buddhist (20.67\%).Among 150 sampled households, only 27 female headed households were found and the remaining 123 households were male headed households.Majority of the respondents had attended the primary level education (32.97\%). Only 2 percent respondents had attended Bachelor or Masters level education.Most of the respondents $(69.33 \%)$ reported that they were not interested for further study due to economic problem, traditional belief, because of her family and husband; they had not got the opportunity to study. Early marriage, Early pregnancy and busy in household works were also reasons for not getting chance to study.

It was found that majority of the respondents had never participated in local community based committees.Among the regular participants, majority of the respondents had participated in Local Women's Committee (18.67\%) where as14 percent in School Management Committee, 11.33 percent in Forest Consuming Committee, 15.33 percent Drinking Water Committee and in Religion Institutions.There were 42 percent respondents were a member of social institutions.It was found that 88.67 percent had heard about Constitution, 77.33 percent Fundamental rights, 85.33 percent Property rights and 90.67 percent Divorce rights.It was reported that 66.44 percent respondents said that 'Equal share from husband' was the property right of a woman where 53.91 percent reported 'Equal share from parents' was the property rights of a woman.

There were 14.81 percent respondents who had taken decision on their marriage though majority of them their parent had decided.To take education after marriage, majority of the respondents nearly one quarter of them had taken decision on their education.Majority of the respondents had taken decision on their children's education in cooperation with their husband.Minority of the respondents had taken decision to buy or sell any surplus food in the household andonly 24.42 percent respondents took her decision to participate in any social activities. Similarly, nearly 40percent respondents had taken self-decision to be a member of political parties while 72 percent their husband decided.

The socio-cultural settings and practices were the main causes of exclusion where lack of education, economic dependency, lack of awareness among women and poor mechanism of government were also seen the cause of women's exclusion.

### 6.2. Conclusions

This study has focused on examining the ability of decision of women in terms of their socio-economic, political and decision making process and its impact on their empowerment.

It has concluded that majority of the respondents were excluded from decision making in socioeconomic aspects as well their political participation community and decision making process.

On an average all the respondents' socio-economic status were seen not good, majority of them were excluded from their higher level education as well as income generating activities. They were compelled to busy in only household activities.

This study has also concluded that majority of the respondents were not participating in any local committees and other social activities regularly though they had willingness to participate.

Most of the respondents had heard about their rights, which ensured by constitution but in practice they were totally excluded from their basic rights.

Due to exclusion of women, they were lag far behind to make self-decisions. However it was seen that educated women were more aware about their rights and also participated in social activities, income generating activities and decision making process than illiterate women. So, it is concluded that "EDUCATION" is the main factor of decision making, inclusion and participation of the women. Women's participation with inclusion results in good decision making process.

Therefore, it is essential to improve educational status as well increase their participation in all sectors of the society and development then only women would be empowered in decision making process.

### 6.3. Recommendations

On the basis of findings of the study the following recommendations are made to improve the women's status and to increase their participation in socio-economic, political and decision making process.

1 Recommendations are divided into two parts. One for policy implications and other is for research.
$2 \mathrm{GOs} / \mathrm{NGOs} /[\mathrm{NGOs}$ concentration should focuses on awareness program about women's rights and responsibilities.

3 It is also recommended that family and society should encourage and provide them opportunities to participate in various social activities.

### 6.3.1 For Further Research Area

Decision making process of women is the very vague term however their status and empowerment's indicators are socio-economic and political participations.This study has been taken some selected variables to know the status of women in terms of decision making. So, this study couldn't cover all forms of decision making. This study is mainly based on quantitative tools (used open ended and close ended questionnaires both) however also used Focus Group Discussions (FGDs) method but it is not enough for qualitative research. It has only covered 150 sampled households of Vayas Municipality of Tanahun District.

So, upcoming researchers are requested to study on this area to find out more information about the status of women and their role in decision making. If time, money and manpower are favorable, it is requested to conduct various tools of qualitative methods, include more variables of decision making process and increase the sample population to get real situation of women.

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## APPENDIX 1

## Social Inclusion of Women Empowerment Questionnaire

## Section A: General information

01 . District .................... 02. VDC/Municipality................... 03. Ward No. ....... 04.

Name of locality (Tole).
06. Name of household head.
08. Caste/Ethnicity $\qquad$ 09. Sex (1: Male; 2: Female) 10. Religion of the household head...(1: Hindu; 2: Buddhist; 3: Kirant 4: Islam; 5: Christian)6. Other (specify) 11. Type of the family: .... (1. Nuclear; 2. Joint)

## Section B. Household Schedule

| SN | Name | Relationship to the household head | Sex | Age | Education <br> (To be asked aged six years \& above) |  | Marital status ( 10 years and above) | Main occupation <br> (To be asked aged six years \& above |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | (Lets begin with the name of the head of the HH head) | (see code) | Is this person male or female? <br> (1: <br> Male; 2: <br> Female) | How old is this person? <br> (completed year) | $\begin{aligned} & \text { Literacy } \\ & \text { status } \\ & \text { (1: Lit; } \\ & \text { 2: Illit } \end{aligned}$ | Class passed (see code) | (see code) | What is the person's current occupation? (see code below) |
| 01 | 02 | 03 | 04 | 05 | 07 | 08 | 09 | 10 |
| - |  |  |  |  |  |  |  |  |
| - |  |  |  |  |  |  |  |  |
| - |  |  |  |  |  |  |  |  |
| - |  |  |  |  |  |  |  |  |
| - |  |  |  |  |  |  |  |  |
| - |  |  |  |  |  |  |  |  |
| - |  |  |  |  |  |  |  |  |
| - |  |  |  |  |  |  |  |  |
| - |  |  |  |  |  |  |  |  |
| - |  |  |  |  |  |  |  |  |
| - |  |  |  |  |  |  |  |  |

Please add sheet if needed.

## Codes

| 03: Relationship |  | 08: Class passed | 09: Marital | 10: Main occupation |
| :---: | :---: | :---: | :---: | :---: |
| Head... 01 | Parent in law... 07 | Below grade $1 . . .00$ | Unmarried... 1 | Agriculture... 1 |
| Husband/wife... 02 | Brother/sister...08 | Grade 1 completed... 01 | Married... 2 | Cottage industries... 2 |
| Son/daughter... 03 | Other (specify)... | Grade 2 completed... 02 | widow... 3 | Service... 3 |
| Daughter/ son in law... 04 | Not a relative... 11 | Grade 9 completed... 09 | Divorced... 4 | Business... 4 |
| Grand child... 05 | Don't know... 98 | Class 10 completed... 10 | Separated... 5 | Daily wages(agriculture)... 5 |
| Parent...06 | Not stated ... 99 | SLC... 11 | $\begin{aligned} & \hline \text { Don't know ... } \\ & 98 \end{aligned}$ | Daily wages(nonagriculture)... 6 |
|  |  | Intermediate... 12 | Not stated... 99 | Physically unable to work... 7 |
|  |  | Bachelor ... 13 |  | Student... 8 |
|  |  | Masters and above ... 14 |  | Currently not working... 9 |
|  |  | Don't know ... 98 |  | Household work... 10 |
|  |  | Not stated... 99 |  | Other (specify)... |
|  |  |  | Don't know... 98 |
|  |  |  | Not stated... 99 |

Section C: Individual Schedule (female aged 18 years and above as identified during household survey)

## I. General Information

| Q.N. | Questions | Coding Specifications | Go to the Q. No |
| :---: | :---: | :---: | :---: |
| 301 | What is your marital status? | Unmarried...................... 1 Married.......................... 2 widow............................. 3 Divorced........................ 4 Separated....................... 5 Don't know.................. 98 Not stated...................... 99 |  |
| 302. | What was your age at marriage/? (Age in completed years)......................... |  |  |


| 303 | Who did decide your marriage? |  |  |
| :---: | :---: | :---: | :---: |
| 304. | What did you do at the time of marriage? |  |  |
| 305. | What was your educational status at the time of marriage? ( see code 8 ) |  |  |
| 306 | Are you taking any formal or informal education these days? | Yes .................... 1 No ...................... 2 | If no go to Q. No 308 |
| 307. | If yes who decided for your education? |  |  |
| 308. | If no, why didn't you get the opportunity to study? | Not interested for further study... 1 <br> Husband/ family didn't want ..... 2 <br> Due to early marriage ......... 3 <br> Economic reasons............. 4 <br> Traditional belief .............. 5 <br> Other (Specify ..................... 6 |  |
| 309 | Are you satisfied with your education? | Yes ................................ 1 No ................................. 2 |  |
| Ques | n to the Married women only (Please circle the ap | priate answer0 |  |
| 310. | Have you ever given any birth to live child? | Yes.......................... 1 No.......................... 2 |  |
| 311. | If yes how many children were born to you alive? | Total No. of sons Total No. of daughters. |  |


| 312. | Of these how many children are living with you? | No. of sons. <br> No. of daughters. |  |
| :---: | :---: | :---: | :---: |
| 313. | Of these how many children are living elsewhere? | No. of sons. $\qquad$ <br> No. of daughters. |  |
| 314 | How many children born alive but died later? | No. of sons............. <br> No. of daughters. |  |
| 315. | Have you ever heard of family planning methods? |  |  |
| 316. | If yes, from which source did you hear? |  |  |
| 317. | Have you ever used family planning methods? | Yes ................................ 1 No ................................. 2 | If no go to Q. No. 319 |
| 318. | If yes who made decision on using methods? |  |  |
| 319. | If no, why didn't you use? |  |  |
| 320. | Does your son/s go to school? | Yes ............. 1 No ................ 2 | If no go to Q. No. 322 |
| 321. | Does your daughter/s go to school? | Yes .............. 1 No............... 2 | If no go to Q. No. 323 |
| 322. | If sons do not go to school why? | 1. <br> 2. <br> 3. |  |


| 323. | If daughters do not go to school why? | 1. $\qquad$ <br> 2. <br> 3. |  |
| :---: | :---: | :---: | :---: |
| 324. | Who makes decision of going to or not going to school? | Father ...................... 1 Mother..................... 2 Both parents ............ 3 Self ....................... 4 Brothers/ sisters .......... 5 Other (Specify............ 6 |  |
| 325. | Do any of your children go to school? | Yes .................... 1 No...................... 2 | If no go to Q. No. 401 |
| 326. | If yes, who decides for it? | Father ........................ 1 Mother...................... 2 Both parents .................. 3 Self ............................ 4 Brothers/ sisters ................ 5 Other (Specify.................. 6 |  |


| Questions Related to property ownership and decision making (Please circle the appropriate answer) |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 401. | Does your family own any land? |  |  |  | If no go to Q. No. 404 |
| 402. | How much of land is your family using? | Bigha | Kathha | Dhur |  |
| 403. | Do you have any land in your own name? | $\begin{aligned} & \text { Yes .... } \\ & \text { No ..... } \end{aligned}$ |  |  |  |
| 404. | What is the type of house you are living? | Own ..... <br> Rented . <br> Others | cify |  |  |
| 405. | If it is yours, who is the owner? | Husband <br> Self $\qquad$ <br> Both . $\qquad$ <br> Parents <br> Other (s | fy. |  |  |
| 406. | Do you have your parental property? | $\begin{gathered} \text { Yes .... } \\ \text { No ..... } \end{gathered}$ |  |  | If no go to Q <br> No. 408 |


| 407. | Who owns the parental property? | Father ....................... 1 Mother ........................ 2 Both parents.................. 3 Husband ...................... 4 Self ........................... 5 Brothers/ sisters ................ 6 Other (Specify................... 7 |  |
| :---: | :---: | :---: | :---: |
| 408. | Are you engaged in agricultural activities? | Yes ...................... 1 No ....................... 2 | If no go to Q . <br> No. 410 |
| 409. | Who makes decision on cropping? | Husband ................... 1 Self ......................... 2 Both ........................ 3 Parents .................... 4 Other (specify............. 5 |  |
| 410. | Did you sell or buy any extra food by your own decision during the last year? | Yes ...................... 1 No ........................ 2 |  |
| 411. | Did you have any cattle as PEWA? | Yes ...................... 1 No ....................... 2 |  |
| 412. | If yes which animal do you have? | Cow/Buffalo/Yak number... <br> Goat/Lamb number... <br> onkey/Horse numbe... <br> Pig number... <br> Chicken number... <br> Other (specify....... |  |
| 413. | Did you buy or sell any livestock by your own decision during the last year? | Yes ..................... 1 No ...................... 2 |  |
| 414. | Are you engaged in any income generating activities? | Yes ..................... 1 No ...................... 2 | If no go to Q . <br> No. 417 |
| 415. | What is the main source of your income/ | Agriculture/ livestock............ 1 Business ............................. 2 Labour ............................ 3 Job/services ...................... 4 Others (Specify.................. 5 |  |
| 416. | What is your monthly income? | Income in <br> Rs. $\qquad$ |  |


| 417. | If no, what are the reasons? | 1. <br> 2. <br> 3. <br> 4. |  |
| :---: | :---: | :---: | :---: |
| 418. | What is the main source of income in your family? | Agriculture/ livestock........... 1 Business ............................ 2 Labour ............................. 3 Job/services ...................... 4 Others (Specify.................. 5 |  |
| 419. | What is your family's monthly income? | Income in <br> Rs. |  |
| 420. | Who keeps the household income? |  |  |
| 421. | Have your family opened any saving accounts? | Yes ....................... 1 No ........................ 2 |  |
| 422. | If yes, who the saving accounts belongs to? | Husband ................... 1 Self .......................... 2 Both ......................... 3 Parents ..................... 4 Other (specify.............. 5 |  |
| 423. | Is your family income sufficient for household expenses? | $\begin{aligned} & \text { Yes ........................ } 1 \\ & \text { No .......................... } 2 \end{aligned}$ |  |
| 424. | Who usually decide the relatives? |  |  |
| 425. | Is it compulsory to ask permission to visit relatives/ | No ........................ 1 Always .................. 2 Sometimes ............... 3 Others (Specify.......... 4 |  |



| 504. | If no, do you have willingness to participate? | Yes ......................... 1 No .................. 2 |  |
| :---: | :---: | :---: | :---: |
| 505. | Have you ever voted to the political parties in any elections? | Yes ......................... 1 No .................. 2 | $\begin{aligned} & \text { If no, go } \\ & \text { to Q. } \\ & \text { No. } \\ & \hline \end{aligned}$ |
| 506. | If no, why? |  |  |
| 507. | Have you ever been a member of any political parties? | $\begin{aligned} & \text { Yes........................ } 1 \\ & \text { No.................. } 2 \end{aligned}$ | $\begin{aligned} & \text { If no, go } \\ & \text { to Q. } \\ & \text { No. } 509 \end{aligned}$ |
| 508. | Who encourage you to be a member of the political party? | Husband .................... 1 Self ........................ 2 Both ..................... 4 Parents ................. 4 Other (specify............. 5 |  |
| 509. | Have you any willingness to be a local representative? | $\begin{aligned} & \text { Yes......................... } 1 \\ & \text { No.................. } 2 \end{aligned}$ |  |
| 510. | If yes, why do you want to be a local representative? |  |  |
| 511. | Have you ever heard of our constitution? | Yes...................... 1 No.................. 2 |  |
| 512. | If yes, what are the constitutional provisions relating to women's welfare and empowerment? |  |  |
| 513. | Have you ever heard of your fundamental rights? | Yes..................... 1 No................... 2 |  |
| 514. | What do you think are the fundamental rights? | $1 \ldots \ldots \ldots \ldots \ldots$. $2 \ldots \ldots \ldots \ldots .$. $3 \ldots \ldots \ldots \ldots .$. $4 \ldots \ldots \ldots \ldots \ldots$ |  |
| 515. | Have you any idea about property rights? | $\begin{aligned} & \text { Yes......................... } 1 \\ & \text { No................. } 2 \end{aligned}$ |  |
| 516. | What does the right of property talk about? | $\begin{aligned} & 1 \ldots \ldots \ldots \ldots \ldots \\ & 2 \ldots \ldots \ldots \ldots \ldots \\ & 3 \ldots \ldots \ldots . . \\ & 4 \ldots \ldots \ldots \ldots . \end{aligned}$ |  |
| 517. | Have you any idea about your divorce rights? | Yes...................... 1 No.................. 2 |  |
| 518. | In which situation can a woman give divorce to her husband? |  |  |

## APPENDIX 2

## Checklist for the FGD participants

| SN | Name of the <br> participants | Caste | Age | Sex | Education | Occupation | Social <br> affiliation | Political <br> affiliation |
| :---: | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| 1. |  |  |  |  |  |  |  |  |
| 2. |  |  |  |  |  |  |  |  |
| 3. |  |  |  |  |  |  |  |  |
| 4. |  |  |  |  |  |  |  |  |
| 5. |  |  |  |  |  |  |  |  |
| 6. |  |  |  |  |  |  |  |  |
| 7. |  |  |  |  |  |  |  |  |
| 8. |  |  |  |  |  |  |  |  |
| 9. |  |  |  |  |  |  |  |  |
| 10. |  |  |  |  |  |  |  |  |
| 11. |  |  |  |  |  |  |  |  |

## Questionnaire for the FDG participants

| Q No.1 | What may be the causes of fewer education among women( Probe: based on caste/ <br> ethnicity, language, religion, social and economic origin, color and sex) |
| :--- | :--- |
| Q. No. 2 | Why females are still backwards compared to males? (Probe : based on physical strength, <br> courage, heredity, participation, and decision making) |
| Q.No.3 | Why female participation in social, economic and political sector is less? |
| Q. No. $\mathbf{4}$ | What should be the policy of the state to empower the status of the women (Probe: based <br> on region of residence, caste/ethnicity, religion, social practices such as dowry related <br> issues, child marriages, accusation of witchcraft, etc.) |
| Q. No. $\mathbf{5}$ | Are males blockade to the societal development of the women? Why or why not? |
| Q. No. 6 | Do women have the courage to run the households, community, state or the nation? |
| Q.No. $\mathbf{7}$ | Despite several policy reformation, why women still behind? What are the hindrances? |
| Q. No. 8 | Are the government programs in this locality enhancing the women's status? If so how do <br> you think the help strengthening the women's status? |
| Q. No. 9 | What should be the role of women in the process of forming the New Nepal? |
| Q. No. 10 | What should be the status of women in Nepal after 10 years? |


[^0]:    Source: Field Survey, 2012 (Note: the percentage may increase 100 due to the multiple responses)

[^1]:    Source: Field Survey, 2012(Note: Above table shows that 136 is taken to calculate the individual component, the percentage may increase 100 due to the multiple responses)

