

**Tribhuvan University**

**Deconstructing the Ideology of Ability and Beauty in "*A Flower in the Midst of Thorns*",  
an Autobiographical essays by JHAMAK GHIMIRE, Translated from Nepali "*Jivan  
Kanda kiPhul*" by Nagendra Sharma Safal Sharma.**

**A Thesis Submitted to the  
Central Department of English in Partial Fulfillment  
of the Requirements for the Degree of Master of Arts in English**

**By**

**Chhitup Dorji Lama**

**Roll No.: 208/069/070**

**TU Regd. No.: 6-1-36-28-2004**

**Central Department of English**

**Kirtipur, Kathmandu**

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**Faculty of Humanities and Social Sciences**

**Letter of Approval**

This is to certify that the thesis entitled Deconstructing the Ideology of Ability and Beauty in "*A Flower in the Midst of Thorns*", an Autobiographical essays by JHAMAK GHIMIRE, Translated from Nepali "Jivan Kanda kiPhul" by Nagendra Sharma Safal Sharma submitted to the Central Department of English, Tribhuvan University, by Mr. Chhitup Dorji Lama, has been approved by the undersigned members of the research committee.

Members of the Research Committee:

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Internal Examiner

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\_\_\_\_\_

External Examiner

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Head

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Central Department of English

Tribhuvan University

Date.....

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## **Abstract**

This thesis explores how the prevailing notion of ability and beauty is deconstructed/dispelled in the writings of a physically disabled woman writer, Jhamak Ghimire particularly based on her autobiographical book, *A Flower in the Midst of Thorn*. The renowned Nepali writer, Ghimire challenges the stigmas of the disabled body by deconstructing the ideology of ability and beauty through her autobiographical narratives. Based on the disability theory, feminist disability theory and the theory of post modernism, this research concludes that any creative work is accomplished through intellect, while the body is just a medium. It aims to prove the fact that disability is a beauty of life, not a disfigurement. Jhamak's life is not a burden but medium of creativity of different nature.

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