

**WOMEN'S EMPOWERMENT AND INSTITUTIONAL DEVELOPMENT: A  
SOCIOLOGICAL STUDY**

**A Case Study of Pandusain VDC under SAPPROS program  
Bajura district**

**A dissertation submitted to the Faculty of Humanities  
and Social Sciences in partial fulfillment of the  
Requirements to pursue the Master's  
Degree in Sociology**

**Submitted to:**

Tribhuvan University  
Faculty of Humanities and social sciences  
Department of Sociology/Anthropology  
Birendranagar Multiple Campus, Surkhet Nepal, 2007

**Submitted by:**

**Dev Datta Bhatta**  
Campus Roll No: 01  
T.U. Registration No: 18711-92  
T.U. Roll No: 4852  
July 20, 2007

**WOMEN'S EMPOWERMENT AND INSTITUTIONAL DEVELOPMENT: A  
SOCIOLOGICAL STUDY**

**A Case Study of Pandusain VDC under SAPPROS program  
Bajura district**

**A dissertation submitted to the Faculty of Humanities  
and Social Sciences in partial fulfillment of the  
Requirements to pursue the Master's  
Degree in Sociology**

**Submitted to:**

Tribhuvan University  
Faculty of Humanities and social sciences  
Department of Sociology/Anthropology  
Birendranagar Multiple Campus, Surkhet Nepal, 2007

**Submitted by:**

**Dev Datta Bhatta**  
Campus Roll No: 01  
T.U. Registration No: 18711-92  
T.U. Roll No: 4852  
July 20, 2007

## LETTER OF RECOMMENDATION

This is to certified that Mr. Dev Datta Bhatta has completed his dissertation entitled “Women’s Empowerment and Institutional development: Sociological study, a case study of Pandusain VDC under SAPPROS program in Bajura district” under my guidance and supervision. I, therefore recommend this dissertation for final approval and acceptance.

-----  
Anand Prasad Subedi  
Assistant Lecturer  
Depart of Sociology/Anthropology  
Birendranagar Multiple Campus, Surkhet, Nepal

Date: .....

Tribhuvan University  
Faculty of Humanities and Social sciences  
Department of Sociology/Anthropology  
Birendranagar Multiple Campus,  
Surkhet Nepal

## ACCEPTANCE CERTIFICATE

This dissertation entitled "Women's Empowerment and Institutional development: Sociological study, a case study of Pandusain VDC under SAPPROS program in Bajura district" prepared by Mr. Dev Datta Bhatta has been accepted as the partial fulfillment of the requirement for the Master Degree of Art in Sociology.

### Expert Committee

Mr. Purna Man Shrestha  
Campus Chief

Mr. Krishna Bahadur Regmi  
Head of the Department

.....  

### External Examiner

Mr. Anand Prasad Subedi  
Dissertation Supervisor

Date:

## ACKNOWLEDGEMENT

This dissertation entitled "Women's Empowerment and Institutional development: Sociological study, a case study of Pandusain VDC under SAPPROS program in Bajura district" is my personal requirement for the partial fulfillment of Master Degree in Sociology. I hope it will not only contribute to meet my immediate objectives but also will be useful to the individuals having interest in related subject. In completion of this thesis, a number of institutions and persons have granted me an amiable support and assistance from various sides. So I would like to express my sincere gratefulness and thanks to them all.

First of all, I would like to thank to the department of Sociology/Anthropology for granting me the permission to carry out my present dissertation. Equally I would like to express my sincere gratitude to my supervisor Mr. Anand Prasad Subedi, Assistant lecturer for his supervision, guidance and suggestion in furnishing this study.

I express my upsetting thanks to SAPPROS Nepal particularly Chairman Mr. Shreekrishna Upadhaya, Director Mr. Narendra K.C., Mr. Punnya Prasad Paudyal, Mr. Devendra Bilas Bajracharya, Mr. Keshab Regmi for providing me precious suggestion. Similarly field staff Mr. Baikuntha Paudel, Mr. Dhan Bahadur Dhimi, Pari B.K who support me to collect information. Also my heartily thanks to Mr. Bijaya Karki and Sanjeev Dhungel who help me in preparing the dissertation.

I am very much indebted to the group members who provide me necessary information and time to complete my thesis.

I am also thankful to the respondents, local intellectuals, politicians and women activist who co-operated kindly and with patience to respond all the queries without any hesitation.

Finally, I would like to express my thanks to my wife Mrs. Bhawana Bhatta and all my colleagues, friends, family members and all those people who have directly/ indirectly helped & co-operative me in preparing this thesis.

Dev Datta Bhatta

20 July 2007

## TABLE OF CONTENTS

Letter of Recommendation  
Acceptance Certificate  
Acknowledgement  
List of Tables  
List of Figures  
Abbreviation

### UNIT ONE: INTRODUCTION

1.1	Background	1
1.2	Statement of the problem	4
1.3	Objectives of the study	8
1.4	Development indicators	8
1.5	Importance of the study	12
1.6	Limitation of the study	14
1.7	Selection of the study area and its justification	14
1.8	Hypothesis of the study	15
1.9	Organization of the study	16
	Unit- 1 Introduction	16
	Unit -2 Literature Review	16
	Unit -3 Research Methodology	16
	Unit-4 General Introduction of the study area	16
	Unit -5 Data analysis and presentation	17
	Unit- 6 Summary, Conclusion and Recommendation	17
1.10	Conceptual framework:	17
1.11	Experience of the study	18

### UNIT TWO: REVIEW OF LITERATURE 20

### UNIT THREE: RESEARCH METHODOLOGY 31

3.1	Research design	31
3.2	The universality and sample selection	32
3.3	Data Collection Techniques	32
	3.3.1 Questionnaire	32
	3.3.2 Group discussion	33
	3.3.3 Interview	33
	3.3.4 Observation	33
	3.3.5 Case Studies	33
3.4	Hypothesis Test	34
3.5	Sources of data	34
	3.5.1 Primary data	34

3.5.2	Secondary data	34	
3.5.3	Reliability and validity of data	34	
3.6	Rationale of the selection of the study area	35	
3.7	Pre-testing questionnaire	36	
3.8	Data processing and Analysis	36	
UNIT FOUR:	GENERAL INTRODUCTION OF THE STUDY AREA	38	
4.1	Geographical Composition	38	
4.2	Natural Resources	38	
4.3	Climate	39	
4.4	Occupation	39	
4.5	Religion /culture	39	
4.6	Ethnological Description of the study area	40	
4.7	Possibilities of Infrastructure Developmental on the study area	40	
4.8	Possibilities On economic development	41	
4.9	Demographic composition	41	
4.10	Migration	41	
UNIT FIVE:	DATA PRESENTATION AND ANALYSIS	42	
5.1	Sex and Caste wise Distribution of the Respondent	42	
5.2	Age wise distribution of the Respondents	43	
5.3	Impact on Education of the Respondents	44	
5.4	Health and sanitation	45	
5.5	Social Reforms of the Respondent		46
5.6	Caste Discrimination	47	
5.7	Gender Discrimination	47	
5.8	Saving & Credit groups in Study Area	49	
5.9	Production Pattern	50	
a.	Vegetable Production	50	
b.	Fruit Production	51	
c.	Livestock Production	51	
5.10	Resource generation and mobilization	52	
5.11	Loan Disbursement of the Respondent	53	
5.12	Indicators and Scale to assess the institutional development	55	
5.13	Marital Status	60	
5.14	Education	60	
5.15	Religion	61	
5.16	Family Structure	62	
5.17	Size of Family	64	
5.18	Involvement in Decision Making	66	
5.19	Land Ownership	67	
5.20	Housing Facilities:	69	
5.21	Family Income:	70	
5.22	Family Expenditure:	71	

5.23	Types of Houses:	72	
5.24	Family Headship:	73	
5.25	Intra / Inter- community Relationship:	74	
5.26	Self-perception on the Occupation:	74	
5.27	Analysis of institutional development:	74	
	5.27.1 Summaries of institutional development of the Respondent:	77	
	5.27.2 Classification of Institutional Development stage by percentage Score:		
5.28	Case Studies:	82	
	1. A Case of Micro Finance Provided by the Grass Roots Based Saving and Credit Organization		
	2. Change in Cropping Pattern		
	3. Return of Mortgaged Land		
	4. More Weaving Hands (A case on female skill development training in Bajura)		
	Summary of the Case Study:	86	

#### UNIT SIX: SUMMARY, CONCLUSION AND RECOMMENDATION

6.1	Summary:	87	
6.2	Conclusion:	93	
6.3	Recommendation	94	
Annex-1	Questionnaire		
Annex-2	Map of Nepal showing Bajura district		
Annex-3	Map of Bajura district		
Annex-4	SAPPROS Programme in Bajura District		
Annex-5	Project Photographs		



## LIST OF TABLES

	<u>Page</u>
1. Literacy rate above 6 years	27
2. Occupation description of people in study area	39
3. Sex wise distribution of the respondents	42
4. Age wise distribution of the respondents	43
5. Impact on Education of the respondents	44
6. Impact on Health and sanitation	45
7. Social reforms of the respondents	46
8. Gender discrimination of the respondents	47
9. Saving and Credit group in study area	49
10. Production pattern of the respondents	50
11. Resource generation and mobilization of the respondents	52
12. Loan disbursement of the respondents	53
13. Indicators and scale to assess the institutional development of the respondent	55
55	
14. Marital status of respondents	60
15. Education of respondents	61
16. Religion of respondents	61
17. Family structure of respondents	62
18. Size of family of respondents	64
19. Involvement in decision making of respondents	66
20. Land ownership of respondents	67
21. Housing facility of respondents	69
22. Family income of respondents	70
23. Family expenditure of respondents	71
24. Types of houses of respondents	72
25. Family headship of respondents	73
26. Cross Tabulation of Rank Scores by indicators and groups under SAPPROS program	

27. The summarized information	77
28. Classification of Institutional development stage by percentage score	77

## LIST OF FIGURES

1. Loan disbursement of the respondents	54
2. Religion of respondents	62
3. Family structure of respondents	63
4. Involvement in decision making of respondents	66
5. Land ownership of respondents	68
6. Types of houses of respondents	72
7. Family headship of respondents	73

## ABBREVIATION

AD	Anno Domini
BS	Bikram Sambat
CBS	Central Bureau of Statistics
CEDA	Centre for Economic Development Academy
CBO	Community Based Organization
FGD	Focus group discussion
HDR	Human Development Report
INGO	International Non-governmental Organization
NGO	Non-governmental Organization
GO	Governmental Organization
NPC	National Population Census
VDC	Village Development Committee
DDC	District Development Committee
GTZ	German Technical Cooperation
RDP	Rural Development Program
SAPPROS	Support Activities for Poor Producers of Nepal
MC	Micro Credit
SC	Saving and Credit group
IG	Income Generating Activities
DANIDA	Danish International Development Agency
UNDP	United Nations Development Program
HDR	Human Development Report
NPC	National Planning Commission
FAO	Food and Agriculture Organization
SCG	Saving and Credit Group
RDP	Rural Development Program
EFSA	Emergency Food Security Assessment
IMU	Impact Monitoring Unit
DAG	Dis advantage group
DWSO	District Water Supply Office
LDF	Local Development Fund