

**A STUDY OF THE USE OF CONTRACEPTIVE DEVICES ETWEEN  
CHHETRI AND YAKKHA COMMUNITY OF MAMLING  
V.D.C. SANKHUWA-SAVADISTRICT.**

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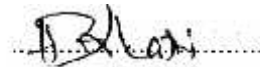
**MORANG**

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## ***RECOMMENDATION***

The thesis entitle "**A Study of the Use of Contraceptive Device between Chhetri and Yakkha Community in Mamling VDC of Sankhuwa-Sava District**" has been completed by Mitra Mani Basnet under my supervision and guidance. I therefore, recommended this thesis for final approval and acceptance.

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## ABSTRACT

The challenging problem of population growth attracts everyone to find the solution. Since governmental and non-governmental policy and programme had lunched the growth rate did not reduce hopefully. So, it is necessary to study about knowledge, attitude and practice of using contraceptive devices. This study was under taken for getting the knowledge, attitude and practice among Chhetri and Yakkha communities about using contraceptive devices of family planning in this background.

It studies on "Use of Contraceptive Devices between Chhetri and Yakkha Community at Mamling VDC of Sankhuwa sava district". The objectives were to find out the existing condition of contraceptive devices of both Chhetri and Yakkha Community. It is descriptive types of study included 82 (age group of 15-49 years) married women by convenient sampling method. The primary data was collected from the means of interview schedule. The collected data was coded, edited and processed manually; calculation of percentage was major statistical measure for analyzing and interpretation the data.

The study revealed that, socio-economic status is medium in this VDC. About 83.46 percent Chhetri and 66.05 percent Yakkha were literate and majority of Chhetri and Yakkha respondents engaged in Agriculture. It shows 48.83 percent Chhetri and 30.77 percent Yakkha respondent household annual income was above fifty thousand to one lakh. 88.38 percent Chhetri and 79.49 percent Yakkha respondents were familiar with at least one contraceptive device. 76.74 percent Chhetri and 63.88 percent Yakkha respondents were using the contraceptive devices. Among Chhetri 90 percent knew about the condom, 97.59 percent knew about the pills, 60 percent knew about the IUD, 97.5 percent knew about the Depo, 62.5 percent knew about the Implant and 70 percent knew about the male and female sterilization. Among Yakkha, 88.23 percent knew about the condom, 97.05 percent knew about the pills, 61.76 percent knew about the IUD, 91.18 percent knew about the Depo, 62.5 percent knew about the Implant and 87.65 percent knew about the male and female sterilization. Most of the respondents of this study area said that Health post is an important source of contraceptives devices.

Birth spacing view was above 4 years from 76.75 percent Chhetri and 41.02 percent Yakkha respondents. 46.52 percent Chhetri respondents were used contraceptive for limiting birth and 44.87 percent Yakkha were used for birth control.

The study shows that Chhetri were comparatively in higher favor of contraceptive devices having more knowledge about it positive attitude and small family size than Yakkha community. At present, people of both communities have been trying to make better life style using contraceptive devices. But most of the people want to use temporary devices than sterilization.

From this study, the researcher has given suggestion to the concerned authorities and institutions as well as for further researcher. All the sectors related to the aspect of contraceptive devices should conduct educational programme to provide better information. Furthermore, such types of studies are necessary conducted at national level.

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## **ABBREVIATION**

|        |   |  |
|--------|---|--|
| CBO    | : | Community Based Organization                           |
| CBR    | : | Crude Birth Rate                                       |
| CBS    | : | Central Bureau of Statistics                           |
| CD     | : | Contraceptive Devices                                  |
| CPR    | : | Contraceptive Prevalence Rate                          |
| DEPO   | : | Depo-Provera   |
| DHO    | : | District Health Organization                           |
| DHS    | : | Demographic Health Survey                              |
| FHS    | : | Family Health Survey                                   |
| FP     | : | Family Planning  |
| FPAN   | : | Family Planning Association of Nepal                   |
| GOS    | : | Governmental Organization                              |
| ICPD   | : | International Conference on population and Development |
| INGO   | : | International Non Governmental Organizations           |
| IUCD   | : | Intrauterine Contraceptive Device                      |
| MOH    | : | Ministry of Health                                     |
| MOPE   | : | Ministry of Population and Education                   |
| MOPE   | : | Minister of Population and Environment                 |
| NCP    | : | National Planning Commission                           |
| NFHS   | : | Nepal Family Health Survey                             |
| NGO    | : | Non Governmental Organization                          |
| NHRC   | : | Nepal Health Research Council                          |
| SAARC  | : | South Asian Association for Regional Cooperation       |
| TFR    | : | Total Fertility Rate                                   |
| UN     | : | United Nation  |
| UNFPA  | : | United Nations Fund for Population Agency              |
| UNICEF | : | United Nations Children Emergency Fund                 |
| VDC    | : | Village Development Committee                          |
| WHO    | : | World Health Organization                              |

**MAP OF SANKHUWA-SAVA DISTRICT**