

KNOWLEDGE AMONG ADOLSCENCE  
ON STIs, HIV AND AIDS

By

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## **RECOMMENDATION LETTER**

This study certify that **Mr. Bhanu Bhakta Lamichhane** has prepared this thesis entitled "**Knowledge Among Adolescence on STIs and HIV/AIDS in Gaidakot VDC**" under my guidance and supervision.

I recommend this thesis for acceptance.

Date: 2068/06/07

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## **ABSTRACT**

This study entitled "Knowledge among Adolescence on STIs and HIV/AIDS in Gaidakot VDC" was carried out in order to assess the existing knowledge about STIs and HIV/AIDS among adolescence to find out health problems related to STIs and HIV/AIDS.

Majority 99% of the respondents had heard about STIs and HIV/AIDS but they were unaware about different modes of transmission signs and symptoms of STIs and HIV/AIDS. Most of the respondents were unaware about the transmission of STIs and HIV/AIDS.

52% of the respondents had known that HIV/AIDS and STIs are the communicable diseases. 94% of the adolescence had known about the infected mother can pass HIV virus to her new born baby and unsterilized infected needle may spread HIV/AIDS through blood transfusion. Most of them had heard about the condom.

There are various factors that hinder the awareness about STIs and HIV/AIDS among adolescence such as educational status, effective advertising programs from T.V., radio, news paper, and awareness programmes etc. and the main problem found in the study area was that the adolescence mainly girls could not talk about sexual behavior. Which has become the big problem to the safe sexual behaviour. Due to shyness, it is found that they didn't express their problems and early used to go for treatment and some of the respondents were unaware about the treatment of the STIs and HIV/AIDS. Having such traditional condition of healthy behavior may possibilities of transmission of AIDS and STIs is seen in the study area.

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## **ABBREVIATIONS**

AIDS	:	Acquired Immune Deficiency Syndrome
CBS	:	Central Bureau of Statistics
FM	:	Frequency Modulation
GOs	:	Government Organizations
HIV	:	Human Immune Deficiency Virus
IEC	:	Information, Education and Communication
INGOs	:	International Non-governmental Organizations
NCASC	:	National Centre for AIDS and STDs Control
NGOs	:	Non-governmental Organizations
SEARO	:	South-East Asia Regional Office
STDs	:	Sexually Transmitted Diseases
UNFPA	:	United Nations Funds for Population Activities
VDC	:	Village Development Committee
WHO	:	World Health Organization
DACC	:	District AIDS co-ordination Committee