



**STUDY OF HEALTH AND SANITATION FACILITY OF EX-KAMAIYA IN  
RAJAPUR AND DHADAWAR VDCs OF BARDIYA DISTRICT**

**A Thesis Submitted to the Faculty of Humanities and  
Social Science for the Partial Fulfillment of  
The Requirement for the Master's Degree  
Of Arts in Rural Development**

**By  
Ranju Gyawaly  
Exam Roll No: 281032  
T.U. Regd.No:9-2-50-1528-2004**

**Tribhuvan University  
Faculty of Humanities and Social Science  
Central Department of Rural Development  
University Campus  
Kirtipur, Kathmandu  
Nepal  
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**RECOMMENDATION LETTER**

This thesis report entitled “**Study of Health and Sanitation Facility of Ex-Kamaiya in Rajapur and Dhadawar VDCs of Bardiya District**” District submitted by Ranju Gyawaly is prepared under my guidance and supervision. I forward it recommendation for approval.

.....

**Prof. Dr. Pradeep Kumar Khadka**

**Supervisor**

Central Department of Rural Development

Tribhuvan University

Kirtipur, Kathmandu

## **LETTER OF APPROVAL**

This thesis report entitled Study of Health and Sanitation Facility of Ex-Kamaiya in Rajapur and Dhadawar VDCs of Bardiya District submitted by Ranju Gyawaly has been accepted as a partial fulfillment of the requirements

for the degree of Master of Arts in Rural Development by the undersigned member of the committee.

**Evaluation Committee**

.....

Prof. Dr. Pradeep Kumar Khadka

(Head of the Depart)

.....

Prof. Dr. Riddhi Bir Singh

External

.....

Prof. Dr. Pradeep Kumar Khadka

Supervisor

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## ACRONYMS AND ABBREVIATIONS

CBO	: Community Based Organization
CBS	: Central Bureau Statistic
HHs	: Households
HMG	: His Ministry Government
i.e.	: That is
ILO	: International Labor Organization
I/NGO	: International Non-Government Organization
INSEC	: Informal Sector Service Centre
MOH	: Ministry of Health
MWRA	: Married Women of Reproductive Age
NGO	: Non-Government Organization
SLTHP	: Second Long Term Health Plan
UNDP	: United Nation Development Program
VDC	: Village Development Committee
WHO	: World Health Organization

## **GLOSSARY**

Guruwa	: Traditional Healers
Jamindar	: Non-official tax collecting functionary in the Terai
Sudeni	: Traditional Birth Assistance
Saunki	: Loan taken by kamaiya from his landlord
Kamaiya	: Bonded labor
Kachhi	: Temporary

## **ABSTRACT**

*Health is one of the most important factors to improve the quality of life. If persons have healthy life, he can have wealth all the time, because healthy persons can enjoy in every aspects of this world. If people are not healthy, the development of citizens and nation is quite in possible. The manpower of any country should be healthy for the development of the country. The development of country cannot be imagined is also very obviously stated by this well-known dictum 'Health is Wealth'*

*This study specially focuses on Rajapur and Dhadawar VDCs in Bardiya District. Bardiya District is administrative divided into 31 VDCs and 1 municipality. Rajapur and Dhadawar VDCs are less developed villages of Tarai. There is lack of infrastructure, lack level of education, low income therefore backward disadvantage, illiterate and poor communities are in this study area and Ex-Kamaiya is one of them.*

*This study by nature largely based on primary information. The primary information is collected from the Ex-Kamaiya people of Rajapur and Dhadawar VDCs and the relative secondary data and information were accumulated from various published and unpublished sources. 50 households of Rajapur and Dhadawar VDCs are sample size of this study. The structure questioner is used to connect the information from individual households to fulfill the objectives of the study. All collected data are tabulated and analyzed by using simple statistical method.*

*This study revealed that the study of health and sanitation facility of Ex-Kamaiya this study has found about Ex-Kamaiyas community has no excess education. They are physically and economically very poor of the Ex-Kamaiyas. People are serving on labor and large number of Ex-Kamaiyas is landless. The health status of Ex-Kamaiyas people of the study area is absolutely poor and their socio-economic status is also poor and miserable.*

*Now Ex-Kamaiyas are becoming little conscious about sanitation and there good health.*



*On the basis of finding some recommendation has been suggested for the improvement Ex-Kamaiya has hold socio-economic aspect and to increase the participation in different development activities.*

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