

ROLE OF NGOS IN WOMEN EMPOWERMENT

(A Case Study of Pokhara Valley)

A THESIS

Submitted to

**Central Department of Rural Development
the Faculty of Humanities and Social Sciences**

**In Partial fulfillment of requirement for the Master's
Degree of Arts in Rural Development**

By

Rita Subedi

T.U. Regd. No. 6-1-48-1043-2000

Exam Roll. No. 2600

**Central Department of Rural Development
Tribhuvan University, Kirtipur
Kathmandu, Nepal**

March, 2011

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RECOMMENDATION LETTER

I hereby certify the thesis entitled "**Role of NGOs in Women Empowerment (A Case Study of Pokhara Valley)**" by Mrs. Rita Subedi submitted to the Central Department of Rural Development, Tribhuvan University, Kathmandu, Nepal in partial fulfillment of the requirement for the degree of masters of Arts

APPROVAL LETTER

This is to certify that the thesis entitled "**Role of NGOs in Women Empowerment (A Case Study of Pokhara Valley)**" submitted by Mrs. **Rita Subedi** has been examined. It has been declared successful for the fulfillment of the academic requirements toward the completion of Masters of Arts in Rural Development.

Thesis Committee

.....
Prof. Dr. Pradeep Kumar Khadka
Head of the Department
Central Department of Rural Development
Kirtipur, Kathmandu, Nepal.

.....
.....
External Examiner

.....
Tulasi Sharan Sigdel
Supervisor
Central Department of Rural Development
Kirtipur, Kathmandu, Nepal.

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Rita Subedi

ABSTRACT

Empowerment is one of the effective approaches to uplift the condition of women. The GOs NGOs and INGOs are focusing on programs which help women being empowered by giving them employment opportunity and various training exposures.

The research is confined to the Non-government Organizations in Pokhara valley which are providing opportunities for women to be independent and for career development with different programs and projects. This research has asserts whether those organizations are successful to empower women and change their socio-economic status in the society. In addition, the study has explored to what extent age, education, family support, organizational support, training, mobility and decision making in various sphere of their professional and personal life have affected the process of empowerment.

Based on the research objectives, the study has tried to trace the role of non governmental organizations (NGOs) in empowering working women in different sectors and made them independent professionally. The specific objectives of the study were to identity the factors influencing professional women in different organizations and how the women are being benefited from different programs introduce by these organizations. The outcomes of the research are quite encouraging as the situation of female staff has improved as compared to that of a decade ago. However males are in permanent job holding higher position in most of the organizations whereas females are in temporary job and holding non-officer positions.

The study shows that 11.86 percent of the women staff are holding the Master degree and very few have technical backgrounds. It is worth mentioning that more than eighty percent of the women staffs have hold on income and manage household affair. In the male dominated society like ours gender discrimination is very rampant in all the sectors. But with the change of time and media intervention through television, papers and radios, people have started providing equal opportunities to women in every sector. There is the positive perception from organizations heads that female employee are equally capable if give opportunities.

TABLE OF CONTENTS

	Page no
<i>Recommendation Letter</i>	<i>i</i>
<i>Approval Letter</i>	<i>ii</i>
<i>Acknowledgement</i>	<i>iii</i>
<i>Abstract</i>	<i>iv</i>
<i>Table of Contents</i>	<i>vi</i>
<i>List of Tables</i>	<i>x</i>
<i>List of Figures</i>	<i>xi</i>
<i>Acronyms</i>	<i>xii</i>
CHAPTER ONE: INTRODUCTION	1-9
1.1 Background	1
1.2 Statement of the problem	5
1.3 Objectives of the study	8
1.4 Importance of the study	8
1.5 Limitation of the study	9
CHAPTER TWO : LITERATURE REVIEW	10-19
2.1 Gender perspective	10
2.2 Feminist theories	11
2.3 Gender development approach	12
2.3.1 Women in development	12
2.3.2 Women and development	13
2.3.3 Gender and development	14
2.4 What is an NGO?	15
2.4.1 NGO and united nation system	15
2.5 Women empowerment	16
2.6 Women involvement and development	17

CHAPTER THREE – RESEARCH METHODOLOGY	20-22
3.1 Study area	20
3.2 Research design	21
3.3 Data collection tools	21
3.4 Sampling	22
3.5 Data analysis	22
CHAPTER FOUR: SOCIO-ECONOMIC STATUS OF FEMALE EMPLOYEES WORKING IN NGO	23-30
4.1 Duration of employment	23
4.2 Education	24
4.3 Age	25
4.4 Caste	26
4.5 Address	27
4.6 Marital status and children	28
4.7 Family status	29
4.8 Chapter summary	30
CHAPTER FIVE: BENEFIT SHARING OF FEMALE EMPLOYEES FROM NGO PROGRAM	31-45
5.1 Control over income	31
5.2 Income contribution to family matrix	32
5.3 Income	33
5.4 Incentive package	34
5.5 Access to organizational resources	34
5.6 Capacity building	35
5.7 Training exposure	35
5.8 National and international exposure	36

5.9	Promotion	37
5.10	Constraints hindering women from being professionally	38
5.11	Family support for professional career	40
5.12	Causes of employment	41
5.13	Satisfied being a working women	42
5.14	Chapter summary	43

**CHAPTER SIX: ROLE OF NGO IN CAPACITY BUILDING
AND EMPLOYEE’S PARTICIPATION IN
DECISION MAKING**

46-58

6.1	Organizational structure	46
6.2	Composition of board members	46
6.3	Staff (gender) composition	47
6.4	Organizational head	48
6.5	Female seeking employment	49
6.6	Exposure is training\meeting \workshop	50
6.7	Policy for sexual harassment	51
6.8	Salary and benefit description	51
6.9	Involvement of female employees in policy making process of organization	52
6.10	Measures developed and implemented by the organization in capacity building and empowerment of female employees	53
6.11	Specific Programs for Female Employees	53
6.12	Access to organizational resources	54
6.13	Position specific to females	54
6.14	Policy for gender balance	54
6.15	Role of female employees in decision making process of the organization	55

6.16	Role of female employees in policy making process of organization	56
6.17	Chapter summary	56
	CHAPTER SEVEN: SUMMARY OF FINDINGS, CONCLUSION AND RECOMMENDATION	59-62
7.1	Summary of Findings	59
7.2	Conclusion and Recommendations	60
	BIBLIOGRAPHY	63-65
	QUESTIONNAIRE	66-68

LIST OF TABLES

Table 5.1: Income Contribution to Family Expenditure	32
Table 6.1: Composition of Board Members	46
Table 6.2: Matrix for Different Levels of Staff, Male Vs Female	48
Table 6.5: Female Seeking Employment	50
Table No. 6.6: Training Exposures	51
Table 6.7: Specific Programs for Female Employees	53

LIST OF FIGURES

Figure No. 4.1: Duration of Employment	24
Figure No. 4.2: Education Level of Employees	25
Figure No. 4.3: Age Category of Employees	26
Figure No. 4.4: Castes of Employees	27
Figure No. 4.5: Address of Employees	28
Figure No. 4.6: Martial Status and Children	29
Figure No. 4.7: Family Status of Married Employees	29
Figure No. 4.8: Family Type of Single Employees	30
Figure No. 5.1: Control Over Income	32
Figure No. 5.2: Income Contribution to Family Expenditure	33
Figure No. 5.3: Family Income	34
Figure No. 5.4: Access to Organizational Resources	35
Figure No. 5.6: Training Opportunities	36
Figure No. 5.8: National and International Exposure	37
Figure No. 5.9: Promotion	38
Figure No. 5.10: Education as Hindering Factor	39
Figure No. 5.11: Family as Hindering Factor	39
Figure No. 5.12: Economic Condition	40
Figure No. 5.13: Family Support for Career Development	41
Figure No. 5.14: Gender Discrimination in the Organization	42
Figure No. 5.15: Causes of Employment	43
Figure No. 5.16: Statistical Being a Working Woman	43
Figure No. 6.1: Staff Composition	47
Figure No. 6.2: Locality of Staff	48
Figure No. 6.4: Gender of Head of the Organization	49
Figure No. 6.6: Policy for Sexual Harassment	51
Figure No. 6.7: Female Participation in Policy Making	52
Figure No. 6.8: Policy for Gender Balance	55

ACRONYMS

CBO	-	Community based organization
CBS	-	Central bureau
CEDAW	-	Convention on the elimination of all forms of discrimination
DDC	-	District development committee
ECOSOC	-	Economic and social council
FGD	-	Focus group discussion
GAD	-	Gender and development
GDI	-	Gender development index
GEM	-	Gender empowerment measurement
GO	-	Government organization
INGO	-	International Non-Governmental Organization
NGO	-	Non-Governmental Organization
NPC	-	National planning commission
TU	-	Tribhuvan university
RD	-	Rural development
WAD	-	Women and development
WEF	-	World economic forum
WID	-	Women in development