### YOUTH PERCEPTION TOWARDS SEXUALITY

(A Case Study of Neelkantha Higher Secondary School Students)

#### **A THESIS**

#### **SUBMITED TO**

THE CENTRAL DEPARTMENT OF POPULATION STUDIES (CDPS),
FACULTY OF HUMANITIES AND SOCIAL SCIENCES,
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IN PARTIAL FULFILLMENT OF THE REQUIREMENTS FOR THE
DEGREE OF MASTER OF ARTS IN POPULATION STUDIES

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### RECOMMENDATION

This is to certify that the thesis

Submitted by

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Entitled

## **Youth Perception towards Sexuality**

(A Case Study of Neelkantha Higher Secondary School Students)

is Recommended for External Examination.

Ms. Kamala Devi Lamichhane ------

(Thesis Supervisor)

**Date: May, 2011** 

### **VIVA- VOCE SHEET**

We have conducted viva-voce examination of the thesis

Submitted by

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## **Youth Perception towards Sexuality**

(A Case Study of Neelkantha Higher Secondary School Students)

and find that the thesis to be an independent work of the student written according to the prescribed format. We accept the thesis as the partial fulfillment of the requirements for Master of Arts in Population Studies.

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## **DECLARATION**

Except where otherwise acknowledged in the text, the analysis in this thesis represents my own
original research.
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#### **ABSTRACT**

The world specially developing countries is facing the problems of high growth rate of population in one hand and in other hand unwanted pregnancy specially for adolescents is very high. Adolescent girls are now suffering from harmful unwanted pregnancy risk due to lack of proper contraceptive knowledge choice, unsafe delivery and the problem of infertility. Reproductive health knowledge enables them to be enjoying safe reproductive practice, or reproduction, frees from mental illness caused by ill reproductive process. These are the major problem challenges for World health to emerge in 21<sup>st</sup> century.

The study on Youth perception towards sexuality among the school and college students is carried out from Neelkantha higher secondary school. The objectives of this study are to examine the interrelationship between socio-economic, demographic variables and sexual behavior, to explore the sexual behavior among youth of the study area. The sample size 165 students are taken by using systematic random sampling method from Neelkantha Higher Secondary school and College. Among them 70 are males and 95 are females. They are taken from grade 9, 10, 11, 12 and bachelor 1<sup>st</sup> years.

The eligible age for respondents is 15-24. Among them 29.8 percent of respondent's household main occupation is agriculture. Around 95 percent have their own house and only 68.5 percent have landownership. Among respondents less percent were married. The mean age to marriage of respondents is 20 years. Among the respondents 61.8 percent eyes sex is basic human need. The main source of sexual knowledge is radio/TV. In the proportion of love only 33.9 percent have love with their girl/boys friends. Among them 30.5 percent are female and 38.6 percent are male. Love is started from age13 and end 22 years. It is intestines 33.9 percent have love but only 67.9 percent have planned to marriage with their partner. Most of the respondents have knowledge about masturbation 69.7 percent has knowledge it. The mean ideal age of marriage and sexual intercourse is similar which is 20-24 for female and 25-29 for male. Only 11.5 percent responds have sexual partner. Their sexual partners were husband/wife, relatives, sexual worker and other. Among the respondents 7.9 percent involve in sexual intercourse before marriage.

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#### ACRONYMS AND ABBREVIATIONS

AIDS: - Acquired Immune Deficiency Syndrome

CBS : - Central Bureau of Statistics

DHS : - Demographic and Health Survey

NDHS: - Nepal Demographic and Health Survey

HIV :- Human Immune Deficiency Virus

ICPD : - International Conference on Population and Development

INGO: - International Non-governmental Organization

NACC: - National AIDS Coordination Committee

NCASC: - National Center for AIDS and STD Control

NGO: - Non- governmental Organization

SAARC: - South Asian Association for Regional Cooperation

STDs: - Sexually Transmitted Diseases

UN: - United Nations

UNAIDS: - The Joint United Nations Programmer on HIV/AIDS

UNFPA: - United National Population Fund

WHO: - World Health Organization

VDC : - Village Development Committee

SPSS : - Statistical Package for Social Science

TU : - Tribhuvan University

MOH : - Ministry of Health

UNICEF: - United Nation Children's Fund

SLC: - School Leaving Certificate

UNESCO: - United Nations Education, Sciences, and Cultural Organization