

**THE SOCIO-ECONOMIC AND DEMOGRAPHIC STATUS  
OF TAMANG COMMUNITY,LALITPUR  
(A Case Study of Tamang Community of Gotikhel VDC)**

**A THESIS  
SUBMITTED TO CENTRAL DEPARTMENT OF  
POPULATION STUDIES FOR THE PARTIAL  
FULFILLMENT OF THE DEGREE  
OF MASTERS OF ARTS IN  
POPULATION STUDIES**

**By  
Tanka Lama**

**Central Department of Population Studies  
Faculty of Humanities and Social Sciences  
Tribhuvan University  
Kathmandu, Nepal  
March, 2011**

**Tribhuvan University**  
**Faculty of Humanities and Social Sciences**  
**Central Department of population studies**  
**Kirtipur, Kathmandu**  
**Nepal**

**LETTER OF RECOMMENDATION**

This is to certify that the Thesis entitled "The Socio-economic and Demographic Status of Tamang Community, Lalitpur" ('A Case Study Of Tamang Community of Gotikhel V.D.C).'  
is an independent work of Mr.Tanka Lama, completed under my supervision as a partial fulfillment of the Degree of Master of Arts in population studies. To the best of my knowledge, this study is original and carries useful information about Socio-economic and Demographic Status of Tamang Community. I, therefore, recommend this dissertation to evaluation committee for the final approval and acceptance.

.....  
**Dr.Prem Singh Bisht**  
(Prof. and Head of the Department)  
Central Department of Population Studies  
T.U, Kirtipur, Kathmandu

Date.....

**Tribhuvan University**  
**Faculty of Humanities and Social Sciences**  
**Central Department of population studies**  
**Kirtipur, Kathmandu**  
**Nepal**

**LETTER OF ACCEPTANCE**

This Thesis entitled "The Socio-economic and Demographic Status of Tamang Community, Lalitpur" (A Case Study of Tamang Community of Gotikhel V.D.C),is submitted by Mr.Tanka Lama has been accepted as a partial fulfillment of the Master of Degree of Arts in population studies.

Approved by

**Dr. Prem Singh Bisht**.....  
(Prof and Head of the Department)

**Tara Prasad Bhusal** .....  
(External Examiner)

**Dr. Prem Singh Bisht**.....  
(Supervision)

Evaluation Committee  
Central Department of Population Studies  
T.U, Kathmandu

## **ACKNOWLEDGEMENTS**

This is to certify that Thesis entitled "The Socio-economic and Demographic Status of Tamang" A Case-study of Tamang Community of Gotikhel V.D.C)s. Lalitpur" has been prepared for the partial fulfillment for the Degree of Master of Arts in population studies.

Several peoples help, support and guidance have a reality.

I fell privileged to express my sincere thanks and gratitude to those Tamang communities respondents who spared their time to respond my questionnaire, shared their feelings and personal stories. Without their co-operation and openness, this study would not have been taken the final shape.

I would like to express my deepest gratitude to Dr. Prem Singh Bisht Head of the Department of population studies.I am particularly indebted to my thesis supervisor Dr. Prem Singh Bisht Associate professor, Central Department of Population Studies for his professional guidance, valuable suggestions and constant support throughout the process of this research. I express my deepest gratitude to Mr Tara Prasad Bhusal, External Examiner of this study. I would like to thank to my friends for selecting thesis topics and encouraging me to under take this dissertation. I wish to express thanks to my teachers, librarians and other persons who have helped me directly or indirectly during the process of research.

I am deeply indebted to Mr. Ramkrishna thokar chair person of "Thokar Bandhu samaj", Bal Bahadur thokar, Treasurer of "Thokar Bandhu samaj" who fully supported to conduct the field study and for their kind co-operation and support.

Finally but foremost, special thanks goes to my mother Mrs. shuka laxmi thokar, elder brothers and younger brother Tek Bahadur thokar , all of my family members Mr.Govinda Prasad Parajulee "Mahankal campus" chief and Makund Prasad parajulee, secretary of the "Gotikhel V.D.C". and Ganga Prasad Timalsina for providing list of house hold and total population of the Gotikhel V.D.C. as well as moral support and encouraged me to complete my dissertation.

**Tanka Lama**

2011

## ABSTRACT

This study entitled "The socio-economic and demographic status of Tamang community of Gotikhel VDC, Lalitpur was conducted from August 26 to February 15, 2010. The study is in descriptive nature. The study was carried out to assess the knowledge, attitude and practice of Tamang community about socio-economic and demographic status. The socio-economic and demographic status. The socio-economic aspect is prevalent in all societies and tribes though it differs from place to place, society to society and country to country. It may be noted that it covers the life span of a man even before his birth and extends after his death. The level of the income determines the development of community and country. So, the key indicator of development is socio-economic aspect.

The educational status of Tamang is miserable. They are only 40% literate where as the national literacy rate is 54%. The reason behind it is early marriage, consciousness about education and school leaving trend. That is why Tamang people do not have knowledge about birth spacing and they have high birth rate as well as large size of family. Which is supporting for the high PGR of nation. Their occupation also plays a vital role in achieving higher education. Only 1.9% of Tamang are Masters Degree holder. Due to their occupation they are affected in family structure. They prefer to live together with joint family for long decades. It is the main reason for getting backward in every sector in context to Nepal.

The economy is the main source of livelihood. Every society needs to develop its economic aspect for overall development. To develop the community of every ethnic group there should be good fiscal policy. The low income source is regarded as backwardness of the community. The economic status determines purchasing power, standard of living, quality of life, family size, the pattern of diseases and deviant behavior in the country. All most all Tamang communities, Tamangs are found skillful. They do have fine arts. They are found being engaged in handicraft, wooden craft, mason, field worker and labor. The service holder and business holder are few. Their main occupation is agriculture. That is why they are found as a backward caste and poor, The occupational status determines the standard of living. The living standard and quality of life is difficult to maintain by low income sources, Most of Tamangs live in Hill region. So their economic progress is seemed low comparing to Terai region Tamangs. Tamangs are very good creators of handicraft items but the extra income generated by selling them barely manage to make a livelihood out of it. Nowadays they are involved in making yield and wine as the main income. They want to live together forming crowd village. The main crops produced and used by them are wheat, millet, maize, potato, paddy etc. Nepal is having country having many ethnic groups with their mother tongue the main habitants of Tamangs are the hillside near the Kathmandu valley.

	<b>Page no.</b>
<b>TABLE OF CONTENTS</b>	
Letter of Recommendation	ii
Letter of Acceptance	iii
Acknowledgement	iv
table of Contents	v-vii
List of Tables	viii
List of Figures	ix
List of Abbreviations	
Abstract	xi
<b>CHAPTER ONE</b>	<b>1-6</b>
<b>INTRODUCTION</b>	
1.1 Background of the study	1-3
1.2 Statement of the problems	3
1.3 Objectives of the study	4
1.5 Significance of the study	4
1.6 Justification of the study	5
1.7 limitations of the study	5
1.8 Organization of the study	5-6
<b>CHAPTER TWO</b>	<b>7-16</b>
<b>REVIEW OF RELATED LITERATURE</b>	
2.1 Age Struructure	14
2.2Age at marriage	14
2.3 Age at first birth	15
2.4 Education	15
2.5 Occupation	15
2.7 Family planning	16
<b>CHAPTER THREE</b>	<b>17-19</b>
<b>RESEARCH METHODOLOGY</b>	
3.1 Selection of the Study Area	17
3.2 Sources of Data	18
3.3 Sampling Procedure	18
3.4 Data collection Method and Tools	18
3.4.1 Questionnaire	18
3.4.2 Interview	18
3.4.3 Observation	19
3.5 Data Collection Procedure	19

<b>CHAPTER FOUR</b>	<b>20-29</b>
<b>BASIC CHARACTERISTICS OF SAMPLE POPULATION</b>	
4.1 Age composition of Tamang community	20
4.2 Sex composition of Tamang community	20-21
4.3 Dependency Ratio	22
4.4 Distribution of study population by Dependency Ratio	23
4.5 Place of residence of Tamang	23
4.6 Family structure of respondents	24
4.7 Occupational status of respondents	24
4.8 Educational status of respondents	25
4.9 Economic status of respondents	26
4.10 Marital stratus of Respondents	27
4.11 Migration Status	27
4.12 Types of Family	28
4.13 Types of House	28
4.14 Land Holding Status of Households	28
4.15 Households Facility	29
<b>CHAPTER FIVE</b>	<b>30-32</b>
<b>IMPACTS OF SOCIO-ECONOMIC AND DEMOGRAPHIC VARIABLES ON THE STUDY AREA POPULATION</b>	
5.1 Level of Education and Income	30
5.2 Occupation and Income	30
5.3 Occupation and Family Size	30
5.4 Level of Education and Households	31
5.5 Age at marriage and Fertility	31
5.6 5 Age at First Birth and Health	31-32
<b>CHAPTER SIX</b>	<b>33-39</b>
<b>SOCIAL RITES AND RITUALS OF TAMANG</b>	
6.1 Knowledge of Respondent on Birth Spacing	33
6.2 Religious Status of Respondent	34
6.3 Knowledge of Respondent on Festivals	35
6.4 Knowledge of Respondent on Lhosar	36-37
6.5 Knowledge of Respondent on Feeding Habit	38
6.6 Knowledge of Respondent on Sacrifice	39

<b>CHAPTER SEVEN</b>	<b>40-45</b>
<b>Summary, Conclusion and Recommendations</b>	
<b>Summary</b>	<b>40-41</b>
<b>Conclusion</b>	<b>42-43</b>
<b>Recommendations</b>	<b>44</b>
<b>REFERENCES</b>	<b>45</b>
<b>APPENDIX</b>	<b>46-53</b>

## **List of Tables**

Table no.1 Age Composition of Tamang Community	21-22
Table no.2 Sex Composition of Tamang Community	-22
Table no.3 Place of Residence of Tamang Community	-23
Table no.4 Family Structure of Respondents	-24
Table no.5 Occupational Status of Respondents	-24
Table no.6 Educational Status of Respondents	-25
Table no.7 Economic Status of Respondents	-26
Table no.8 Types of House	-28
Table no.9 Land Holding Status	-28
Table no.10 Household Facility	-29
Table no. 11 Birth Spacing	-33
Table no. 12 Religious Status of Respondents	-34
Table no. 13 Festival Followed by Respondents	-35
Table no. 14 Lhosar Cycle	-36
Table no.15 Feeding Habit of Respondents	-38

## LIST OF FIGURES

	<b>Page No.</b>
Figure 1 Occupational Status of Respondents	25
Figure 2 Knowledge of Respondent on Birth Spacing	33
Figure 3 Religious status of Respondents	34
Figure 4 Knowledge of Respondents on Festival	35
Figure 5 Knowledge of Respondents on Lhosar	36

## ABBREVIATIONS

BA	=	Bachelor of Arts
BD	=	Bakkhu and Docha
CBS	=	Central Beurou of Statistics
CDPS	=	Central Department of Population Studies
DOHS	=	Department of Health Studies
LC	=	Lhosar Cycle
MA	=	Masters of Arts
NLFS	=	Nepal Living Force Survey
NLSS	=	Nepal Living Standard Survey
NDHS	=	National Demographic Health Survey
PGR	=	Population Growth Rate
U5MR	=	Under Five Mortality Rate
UN	=	United Nations
VDC	=	Village Development Committee