

**KNOWLEDGE ON STIs AND HIV/AIDS AMONG ADOLESCENTS  
AND YOUTH  
(A STUDY OF KHALANGA, V.D.C., RUKUM)**

**A DISSERTATION SUBMITTED TO THE CENTRAL DEPARTMENT OF  
POPULATION STUDIES, FACULTY OF HUMANITIES AND SOCIAL  
SCIENCES FOR THE PARTIAL FULFILMENT OF THE DEGREE OF  
MASTER OF ARTS IN POPULATION STUDIES**

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**March 2011**

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**RECOMMENDATION LETTER**

The dissertation entitled Knowledge on STIs and HIV/AIDS among Adolescents and Youth. A Study of Khalanga V.D.C., Rukum by Mr. Umesh Gautam is prepared under my supervision for the partial fulfillment of the requirement for the Degree of Master of Arts in Population Studies. To the best of my knowledge this study is original and carries useful information on STIs and HIV/AIDS among adolescents and youth. I recommend this dissertation for evaluation to the Dissertation Committee.

.....  
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**APPROVAL SHEET**

The dissertation entitled Knowledge on STIs and HIV/AIDS among Adolescents and Youth. A Study of Khalanga V.D.C. Rukum by Mr. Umesh Gautam has been accepted as a partial fulfillment for the degree of Master of Arts in Population Studies.

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## **ACKNOWLEDGEMENT**

This dissertation has been carried out with the help of proper guidance and continuous supervision of my respected teacher Dr. Pushpa Kamal Subedi Ass. Prof. of Central Department of Population Studies. I am very much indebted to him for his help in providing me with his encouragement, suggestions as well as useful materials during the work which made this work smooth and possible.

I am equally indebted to Prof. Dr. Prem Singh Bisht, Head of the CDPS, T.U. for this encouraging assistance and supports. I would like to express my sincere gratitude to all the faculties of the CDPS for their kind co-operation, suggestions and academic help during my study.

Similarly, I express my sincere gratitude to the respondents of respectable persons where the field survey was conducted. This work would have not been possible without their cooperation. I am very much indebted to my parents Mr. Ram Prasad Gautam and Mrs. Ganga Gautam as well as my brother Krishana Prasad Gautam, sister Urmila and Sharmila Shirma, whose perpetual inspiration and encouragement with financial supports helped me to reach at this position. My sincere thanks goes to my colleagues and Librarian of CDPS as well as Bisnu Dulal who helped me to manage the data during this work. Finally, I would like to thank Mr. Purna Man Maharjan of Frnze Computer System for this technical assistance to finalize this work.

**Umesh Gautam**

March 2011

## **ABSTRACT**

STIs and HIV/AIDS is one of the major problems facing by most of the countries in the world. Spread of HIV/AIDS has more contributed to worsen STIs situation in developing countries. This study utilizes primary data collected from Khalanga V.D.C. Rukum in 2010. The Study includes adolescents and youth by using purposively selected. The main objectives of this study are to evaluate the Knowledge and perception about the modes of transmission and method of prevention of STIs and HIV/AIDS, particularly about the mode of transmission and method of prevention of STIs and HIV/AIDS. The relationship between modes of prevention of STIs and HIV/AIDS and socio-economic and demographic variables are examined by two ways analysis of the dependent and independent variables.

The study Population from Khalanga V.D.C. Rukum is selected by purposive sampling method from selected respondents. Out of 115 respondents, 65 were from Male and 60 were from Female. According to this dissertation, majority of the respondent's family were Illiterate and highly percent of the respondent family engaged in Students. Major occupation of the respondent family is daily wage workers and students. Fifty percent respondents were not any cultivate land and all respondents drinking pipeline water. Maximum respondents were Chettri also Dalit and Brahmin constitute second and third rank respectively. More number of the respondents reported that they had Knowledge STIs and HIV/AIDS. About ninety percent could report that sexual contact with STIs patient is the main way of transmission. Above seventy percent of the respondents had Knowledge about STIs and HIV/AIDS.

# TABLE OF CONTENTS

I Recommendation Letter
II Approval Sheet
III Acknowledgement
IV Acronyms
V Abstract

Page No.

## CHAPTER I

<b>INTRODUCTION</b>	<b>1-5</b>
1.1 General Background	1
1.2 Statement of the Problem	3
1.3 Research Questions	4
1.4 Objectives of the Study	5
1.5 Significance of the Study	5
1.6 Limitation of the Study	5
1.7 Organization of the Study	5

## CHAPTER II

<b>LITERATURE REVIEW</b>	<b>7-21</b>
2.1 Background of HIV/AIDS	7
2.2 World Situation on STIs and HIV/AIDS pandemic	11
2.3 HIV/AIDS Situation in Asia	15
2.4 HIV/AIDS Situation in SAARC Countries	16
2.5 HIV/AIDS Situation in Nepal	18
2.6 Conceptual Framework	20

## CHAPTER III

<b>METHODOLOGY</b>	<b>22-24</b>
3.1 Selection of the Study Area	22
3.2 Method of Data Collection	22
3.3 Sample Design	22
3.4 Sample Size	23
3.5 Questionnaire Design	23
3.6 Method of Data Analysis	23
3.7 Selection of the Study Variables	24

## CHAPTER IV

<b>SOCIO-ECONOMIC DEMOGRAPHIC CHARACTERISTICS</b>	<b>25-32</b>
4.1 Age and Sex Composition of total Population	25
4.2 Caste/Ethnic Composition of total Population	26
4.3 Education Status of total Population	27
4.4 Marital Status of total Population	28
4.5 Occupation Status of total Population	29

4.6 Family Size of the Respondent	30
4.7 Size of Cultivate Land Holding	30
4.8 Source of Drinking Water	30
4.9 Toilet Facility	31
4.10 Availability of Physical Facilities in House	31
4.11 Types of House	32

## **CHAPTER V**

### **KNOWLEDGE ON STIs AND HIV/ AIDS AMONG THE ADOLESCENTS AND YOUTH** **33-48**

5.1 Knowledge on STIs by sex	33
5.2 Sources of Information about STIs by sex	34
5.3 Knowledge on STIs symptom by Level of Education	35
5.4 Knowledge on Methods of STIs Transmission by Caste/Ethnicity	37
5.5 Methods of Preventing STIs Transmission By Respondents	38
5.6 Knowledge on HIV/AIDS by Hearing	38
5.7 Knowledge on HIV/AIDS by Different Sources	39
5.8 Knowledge in ways of HIV/AIDS Transmission By age Group	39
5.9 Knowledge on prevention of HIV/AIDS By Level of Education	40
5.10 Knowledge about Sex by Different Sources	42
5.11 Knowledge of Sexual Intercourse Sharing Behavior	42
5.12 Knowledge on Sexual Experience sharing	43
5.13 Use of Contraceptive Method	44
5.14 Knowledge of Probable Victim of HIV/AIDS by Sex	44
5.15 Knowledge about the Responsible for Reduction of HIV/AIDS	45
5.16 Knowledge of Behavior towards AIDS Patients by Sex	46
5.17 Knowledge of Idea Reduce HIV/AIDS by Sex	47

## **CHAPTER VI**

### **SUMMARY, CONCLUSION AND RECOMMENDATION** **49-53**

6.1 Summary and Conclusion	49
6.2 Recommendation for Policy Maker	52
6.3 Area for Further Research	53

## **APPENDIX**

- I Questionnaire
- II Glossary

## **References**

## LIST OF TABLES

	<b>Page No.</b>
Table 1 Distribution of Total Population of Study Area by age and Sex	25
Table 2 Distribution of Respondents by Caste/Ethnicity by Sex	26
Table 3 Distribution of Household by literacy Status of Age above 5 years by Sex	27
Table 4 Distribution of Total Population of Study Area Above age 10 Years by Marital Status	28
Table 5 Distribution of Occupational Status of Total Population Above 5 years by Sex	29
Table 6 Distribution of Household by Family Size	30
Table 7 Distribution Age of Household by Cultivated Land	30
Table 8 Distribution of Household by Toilet Facility	31
Table 9 Distribution of Household by Availability of Physical Facilities	31
Table 10 Distribution of Household by Types of House	32
Table 11 Distribution of Respondent by Distribution of Respondent Sex and Knowledge of STIs	33
Table 12 Distribution of Respondent with Different Sources by Sex	34
Table 13 Distribution of Respondent with Symptoms Of STIs by Level of Education	36
Table 14 Distribution of Respondent on Modes of STIs Transmission by Cast/Ethnicity	37
Table 15 Distribution of Respondent on Method of Preventing STIs Transmission by Respondent	38
Table 16 Distribution of Respondent by Hearing the Knowledge on HIV/AIDS	38
Table 17 Distribution of Respondent by Knowledge On HIV/AIDS by Sex	39
Table 18 Distribution of Respondent with Different Sources by Age Group	40
Table 19 Distribution of Respondent to Prevent of HIV/AIDS by Level of Education	41
Table 20 Distribution of Respondent with Different Sources by Sex	42
Table 21 Distribution of Respondent with Discuss on Behaviors About Sexual Inter Course	43
Table 22 Distribution of Respondent by Sharing Sexual Experience by Sex	43
Table 23 Distribution of Respondent Use of Contraceptive Method by Sex	44

Table 24	Distribution of Respondent with Probable Victim of HIV/AIDS by Sex	45
Table 25	Distribution of Respondent for Responsible To Reduce HIV/AIDS by Level of Education	46
Table 26	Distribution of Respondent Behaviors towards AIDS Patients by Sex	46
Table 27	Distribution of Respondent with Idea to Reduce HIV/AIDS by Sex	47

## **LIST OF FIGURE**

Figure 1	Conceptual Framework	21
Figure 2	Population pyramid of Total Population	26

## ACRONYMS

AIDS	Acquired Immune Deficiency Syndrome
CBS	Central Bureau of Statistics
CDC	Curriculum Development Center
CDPS	Central Department of Population Studies
CSW	Commercial Sex Worker
FP	Family Planning
FPAN	Family Planning Association of Nepal
GO	Government Organization
HIV	Human Immune Deficiency Virus
ICPD	International Conference on Population and Development
IEC	Information Education and Communication
INGO	International Non-Government Organization
IVDUs	Intravenous Drug Users
MDG	Millennium Development Goals
MOH	Ministry OF Health
NAC	National AIDS Council
NCASC	National Center for AIDS and STIs Control
PSSN	Population Students Society of Nepal
RH	Reproductive Health
SPSS	Statistical Package for Social Science
STIs	Sexually Transmitted Infection
SWs	Sex Workers
TU	Tribhuvan University
UN	United Nations
UNAIDS	United Nations Program on HIV/AIDS
UNFPA	United Nation Found for Population Activities
UNICEF	United Nations International Children and Emergency Fund
UNESCO	United Nations Educational, Scientific and Cultural Organization
VDC	Village Development Committee
WHO	World Health Organization