

**KNOWLEDGE AND USE OF CONTRACEPTION IN
MADHESI COMMUNITY**

**(A Comparative Study of Hindu and Islam Women in Ramgram
Municipality, Nawalparasi District)**

A THESIS

SUBMITTED TO

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FACULTY OF HUMANITIES AND SOCIAL SCIENCES,
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DEGREE OF MASTER OF ARTS IN POPULATION STUDIES**

BY

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RCCOMMENDATION

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Entitled

Knowledge and Use of Contraception in Madhesi Community
(A Comparative Study of Hindu and Islam Women in Ramgram
Municipality, Nawalparasi District)

is Recommended for External Examination.

Kamala Devi Lamichhane

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Date: May, 2011

VIVA- VOCE SHEET

We have conducted viva- voce examination of the thesis

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And find that thesis to be an independent work of the student written according to the prescribed format. We accept the thesis as the partial fulfillment of the requirements for Master of Arts in Population Studies.

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DECLARATION

Except where otherwise acknowledged in the text, the analysis in this thesis represents my own original research.

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ABSTRACT

Family Planning is the major component of reproductive health. It can save human lives by controlling unwanted pregnancy, limiting the number of birth, living to the healthiest age, avoid unsafe abortion, preventing transmission of sexual transmitted disease in one hand and on the other hand it directly controls fertility and population growth.

This study based on primary data, collected from 120 households in ward no. 3 of Ramgram Municipality, 64 households of Hindu and 56 households of Islam. Altogether 120 married women of reproductive ages (15-49) were successfully interviewed. The main objective of this study is to examine knowledge, attitude and practices and traditional value, religious restriction about family planning in two different religious groups.

Among the Islam respondents, 57.1 percent's of occupation is housewife and 53.1 percent Hindu respondent have their main occupation is agriculture. More than 52 percent Islam and 50 percent of Hindu respondent annual income of household is more than Rs. 20,000. The mean age at marriage of both religious respondent is 15 year.

It is quite encouraging to know that cent percent Hindu respondents have heard contraception devices where as 87.5 percent Islam respondents have knowledge of contraceptive devices. Condom is the most popular method of contraceptives among Hindu and Pill, Sterilization is the most popular method among Islam.

About one in five (21.4 percent) Islam and three in five (60.9 percent) Hindu Women are currently using contraception. Among them 6 Islam and 11 Hindu have faced side effects in various way like Headache, weakness etc.

Most of the Hindu and Islam visit Health Center or Hospital for FP services. No one said that there is any traditional restriction to use family planning among Hindu where as 71.4 percent Islam respondent have said that there is religious restriction to use family planning method. Among non-users of FP method majority of Islam (73.2%) have said it is against religious restriction and husband discourage. While majority of Hindu (29.6%) have said husband discourage.

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ABBREVIATIONS

FP	=	Family Planning
WHO	=	World Health Organization
ICPD	=	International Conference on Population and Development
STD	=	Sexually Transmitted Diseases
FPAN	=	Family Planning Association of Nepal
IPPF	=	International Planned Parenthood Federation
NCRSC	=	Nepal Contraceptive Retail Sales Company
MOHP	=	Ministry of Health and Population
NGO	=	Non-Governmental Organization
INGO	=	International Non-Governmental Organization
CPR	=	Contraceptive Prevalence Rate
NDHS	=	Nepal Demographic and Health Survey
UN	=	United Nations
PRB	=	Population Reference Bureau
UNAIDS	=	United Nations Program on HIV and AIDS
HIV	=	Human Immune Deficiency Virus
AIDS	=	Acquired Immune Deficiency Syndrome
MDG	=	Millennium Development Goals
UNFPA	=	United Nations Population Fund
MCH	=	Maternal Child Health
FPLMCH	=	Family Planning and Maternal Child Health Project
ICHSDP	=	Integrated Community Health Services Department Project
RHIFP	=	Reproductive Health and Family Planning
PHC	=	Primary Health Care

SHP	=	Sub-Health Post
VSC	=	Voluntary Surgical Contraception
TFR	=	Total Fertility Rate
MoH	=	Ministry of Health
CBS	=	Central Bureau of Statistics
IUD	=	Intra-Uterine Device
BS	=	Bikram Sambat