

**REPRODUCTIVE HEALTH, CONTRACEPTION AND FERTILITY
AMONG DUMMALI RAI'S IN BHOJPUR DISTRICT, NEPAL:**

A THESIS

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BY

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RECOMMENDATION

This is to certify that the thesis

Submitted by

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entitled

***Reproductive Health, Contraception and Fertility among
Dummali Rai's in Bhojpur District in Nepal***

is Recommended for External Examination.

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VIVA-VOCE SHEET

We have conducted the viva-voce examination of the thesis

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**Reproductive Health, Contraception and Fertility among
Dummali Rai's in Bhojpur District, Nepal**

and find the thesis to be an independent work of the student written according to the prescribed format. We accept the thesis as the partial fulfillment of the requirements for Master of Arts in Population Studies.

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DECLARATION

Except where otherwise acknowledged in the text, the analysis in this thesis represent my own original research

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Biyani Rai

Sano- Dumma 7, Bhojpur.

ABSTRACT

The study "**Reproductive health, Contraception and fertility in Dummali Rai community**" was carried out using primary data obtained from 165 respondents of currently married women aged 15-49 years Sano-Dumma of Bhojpur, Nepal. Knowledge, practice, use and reasons for nonuse of contraceptive among currently married women aged 15-49 years were examined in the study.

The total population of sample household was 970 in the study area, among them males were 514 and 456 were females. The sex ratio was 112.7. The result indicated that 84.3 percent people were literate and 15.7 percent were illiterate. The major occupation was agriculture with 27.5 percent people was engaged in this sector.

If we analyze the availability of food production is 98.8 percent out of the total population. The 53.9 percent people's household income per month is Rs. 5,000-10,000. The 95.8 percent have toilet facility. The 55.2 percent husbands are decision maker where as 55.8 percent female take advice every day. Out of the 165 household, 53.6 are unmarried where as 44.3 percent are unmarried, 60.7 percent have the knowledge of RH, 85.7 percent do not have the knowledge of contraceptive, 3 currently married women had aborted unwanted pregnancy. Before 15 years, 1.2 percent youth keep first sexual intercourse. The 52 percent people viewed an organization's information programmes. The 99.4 percent receive RH service easily, the 95.8 percent got information of FP from radio/TV and in the last pregnancy, and 77.8 percent take ANC service.

Efforts are to be made to enhance the situations of education, with RH knowledge; outreach of policy implementation at the grassroots level; sexual and reproductive health related educational programmes for young population; opportunities for economic improvement of the families; and, establishment of the health facilities in each wards of the VDC.

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ABBREVIATION

AIDS	: Acquired Immunodeficiency's Syndrome
CBS	: Central Bureau of Statistics
CEB	: Children Ever Born
CPR	: Contraceptive Prevalence Rate
FHS	: Family Health Survey
FP/MCH	: Family Planning/ Maternal Child Health
FPAN	: Family Planning Association of Nepal
HIV	: Human Immunodeficiency Virus
IEC	: Information education communication
IUD	: Intra-Uterine Device
KAP	: Knowledge attitude and Practice
MOH	: Ministry of Health
MOPE	: Ministry of Population and Environment
MWRA	: Married Women of reproductive Age
NCPS	: Nepal Contraceptive Prevalence Survey
NFFPHS	: Nepali Fertility, Family Planning and Health Survey
NFHS	: Nepal Fertility Health Survey
NFS	: Nepal Fertility Survey
CPR	: Contraceptive Prevalence Rate
STD	: Sexually Transmitted Disease
TU	: Tribhuvan University
UNFPA	: United Nation Family Planning Association
UNICEF	: United Nations International Children Education Fund

VDC	: Village Development committee
WHO	: World Health Organization
CDPS	: Central Department of Population Studies
DDC	: District Development Committee
FP	: Family Planning
FHW	: Female Health Worker
ICPD	: International Conference on Population and Development
IEC	: Information Education and Communication Programs
INGOs	: International Non-governmental Organizations
PHC	: Primary Health Center
NRs	: Nepali Rupees
PNC	: Post Natal Care
PRB	: Population Reference Bureau
RH	: Reproductive Health
SLC	: School Living Certificate
SPSS	: Statistical Package for Social Science
SRH	: Sexual and Reproductive Health
STDs	: Sexually Transmitted Diseases
UN	: United Nation
UNESCO Organization	: United Nations Educational, Scientific and Cultural Organization
UNFPA	: United Nations Population Fund
UNFWCW	: United Nations Fourth World Conference of woman
VDC	: Village Development Committee