

**KNOWLEDGE AND PRACTICE OF SAFE MOTHERHOOD  
SERVICES**

**(A Case Study of Manakamana VDC in Gorkha District)**

**A DISSERTATION**

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**By**

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**RECOMMENDATION LETTER**

This is certified that Miss Anita Pokharel has worked under my supervision and guidance for the preparation of this dissertation entitled "**Knowledge and Practices of Safe Motherhood Services**". **A case study of Manakamana VDC in Gorkha** for the Partial Fulfillments of Master of Arts in Population Studies. To the best of my knowledge the study is original and carries useful information in the field of safe motherhood. I, therefore, recommend it for the evaluation to the dissertation committee.

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**APPROVAL- SHEET**

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## **ABSTRACT**

This study is based on the primary data of Manakamana VDC wards 1, 2, 3 and 5, it covers 125 married women of reproductive ages 15-49 years.

The objectives of the study are to assess the knowledge and practice of safe mother and to identify the socio-economic characteristics of safe motherhood and to identify the socio-economic characteristics of women, practices of safe motherhood about pregnancy delivery and postnatal care.

In this study among the 125 respondents more than 28 percent are Brahmin/Chhetri, 57 percent are Newer and the rest are Janajaties. Similarly, 96 percent are Hindu and 2 percent are Christian. More than 73 percent of respondents are found literate and 26 percent are illiterate. Most of the respondents are engaged in agriculture.

About 82 percent of respondents have knowledge about ANC services and 74 percent of respondents had regular check up during pregnancy. Birth delivered at home is high in the area of study, 59 percent respondents had delivered at home, and 43 percent had delivered at hospital and 6 percent had delivered at private clinic.

More than 80 percent mothers have knowledge about use of safe delivery kit, and TBAS, FCHV are also found to helping use of safe delivery kit.

Thus, this study found that education caste/ethnicity occupation; income of household are important variables in determining knowledge and practice of safe motherhood.

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## ABBREVIATIONS

VDC	Village Development Committee
AHW	Auxiliary Health Worker
ANC	Anti-natal Care
CBS	Central Bureau of Statistics
CDPS	Central Department of Population Studies
ANM	Auxiliary Nurse Midwife
DHS	Department of Health Services
FCHV	Female Community Health Worker
FHD	Family Health Division
HA	health Assistant
HMG/N	His Majesty's Government of Nepal
MOH	Ministry of Health
MMR	Maternal Mortality Rate
MMM	Maternal Mortality and Morbidity
NDHS	Nepal Demographic and Health Survey
NFHS	Nepal Family Health Survey
NGO	Non-Governmental Organization
NLSS	Nepal Living Standard Survey
SHP	Sub-Health Post
STIS	Sexually Transmitted Infections
TBA	Traditional Birth Attendant
TT	Tetanus-Toxic
UNFPA	United Nations Population Fund
WHO	World Health Organization
UN	United Nations

