

STATUS OF WOMEN IN RAUTAHAHAT DISTRICT



# STATUS OF WOMEN IN RAUTAHAHAT DISTRICT

BY  
RUBI YADAV

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-RUBI YADAV

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Tribhuvan University

*Faculty of Humanities and Social Sciences*

**Central Department of Population Studies**

**Recommendation**

This is to certify that the dissertation entitled "*Status of Women in Rautahat District*" is prepared by Ms. Rubi Yadav under my supervision. She has utilized the secondary data of PAF Monitoring and Evaluation Baseline Survey and completed successfully the requirements for dissertation in Master of Arts in Population Studies. I recommend this dissertation for evaluation by the Dissertation Committee.

Ms. Bidhya Shrestha

Supervisor

February 2010

**Approval Sheet:**

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by

Ms. Rubi Yadav

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Approved by:

.....

Dr. Prem Singh Bisht  
Professor and Head

.....

Ms. Rita Karki  
External Examiner

.....

Ms. Bidhya Shrestha  
Supervisor / Designation

**Central Department of Population Studies**

*Faculty of Humanities and Social Sciences*

Tribhuvan University

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Kathmandu, Nepal

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## ABSTRACT

This study has mainly focused on the status of women in terms of empowerment in mobility, participation in household decision making and nutrition. This study is based on the secondary source of data taken from PAF Monitoring and Evaluation Survey. The study has covered 930 households of the 41 rural areas of Rautahat District and the whole analysis is based on Caste/ethnicity.

This study has tried to explain the empowerment status of women in terms of mobility. It was found that most of the women (64%) can visit the places like maternal home, local market and religious institutions alone but only few of them can do without the permission of household head. It has found that empowerment status of Muslim women is poor than others. Terai Dalit and Muslim women have poor nutritional status in comparison of others.

**Participation of women in terms of decision-making in household is better than that of mobility status. Almost 82 percent of women responded that they were participated in decision-making process of household properties. Terai Janjati women were comparatively poor condition than others in terms of control over household income.**

To expose the nutritional status of women aged 15-49, all the women of surveyed households of those ages were measured by taking height and weight. It was found that Terai Dalits and Muslims were nutritionally weak than other cast/ethnic groups. Only about 61 percent Muslim have normal BMI, which is lower than the rest groups.

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## Acronyms

BBC	Beyond Beijing Committee
BMI	Body Mass Index
CA	Constitution Assembly
CDPS	Central Department Of Population Studies
CEDAW	Convent On The Elimination Of All Forms Of Discrimination Against Women
DDC	District Development Committee
FGM	Female Genital Mutilation
FWLD	Forum For Women, Law And Development
GEM	Gender Empowerment Measure
ICCPR	International Convent On Civil And Political Rights
ICPD	International Conference On Population And Development
INSTRAW	United Nations International Research And Training Institute For The Advancement Of Women
INEC	Informal Sector Service Center
HMG	His Majesty Government
MDG	Millennium Development Goals
MOPE	Ministry Of Population And Environment
NS	Not Stated
NGO	Non-Governmental Organization
NLSS	Nepal Living Standard Survey
PAF	Poverty Alleviation Fund
POA	Platform Of Action
SLC	School Leaving Certificate
SPSS	Statistical Package For Social Sciences
UN	United Nations
UNDP	United Nations Development Program

UNFPA	United Nations Population Fund
UDHR	Universal Declaration Of Human Rights
UNICEF	United Nations Children Fund
VDC	Village Development Committee