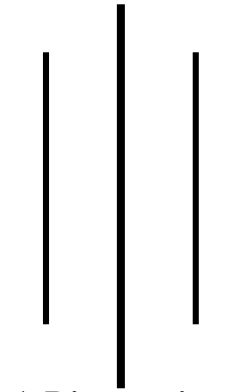


**KNOWLEDGE AND UTILIZATION OF SAFE MOTHERHOOD
SERVICES AMONG MARRIED WOMEN OF REPRODUCTIVE AGE
(A Case study of Khanalthok VDC of Kavrepalanchok District)**

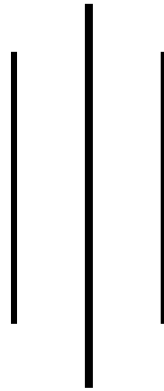


A Dissertation

Submitted to:

**The Central Department of Population Studies, Faculty of
Humanities and Social Sciences**

In Partial Fulfillment for the Degree of Master of Arts in Population Studies



By

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RECOMMENDATION LETTER

This Dissertation entitled "Knowledge and Utilization of Safe Motherhood Services Among Married Women Reproductive Age." (A Case Study of Khanalthok VDC of Kavrepalanchok District) is prepared by Samita Baral under my supervision and guidance for the partial fulfillment of Master Degree of Arts in Population Studies. To the best of my knowledge, the studies is original and carries useful information in the field of knowledge and utilization of safe motherhood services among married women of reproductive age. Therefore, I recommend it for the evaluation to the dissertation committee.

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APPROVAL SHEET

This dissertation entitled "Knowledge and Utilization of Safe Motherhood Services Among Married Women of Reproductive Age." (A Case Study of Khanalthok VDC of Kavrepalanchok District) by Samita Baral has been accepted as partial fulfillment of requirement for the Degree of Master of Arts in Population Studies .

Dr. Prem Singh Bisht
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I am indebted to all the respondents for making available their valuable information for this study. All the women of age group 15-49 years in Khanalthok VDC of Kavrepalanchok District, deserve sincere appreciation for their co-operation .

I thank Mr. N.H. Adhikari who, helped me in preparation of this documents. I thank Miss Babita Baral and Mr. Jeevan Maharjan who, helped me in preparation of this document.

Date :- April, 2010

SAMITA BARAL

ABSTRACT

This study entitled "Knowledge and Utilization of Safe Motherhood Services Among Married Women of reproductive Age." (A Case Study of Khanalthok VDC of Kavrepalanchok District), is based on primary data. The objective of the study is to study the level of Knowledge about Safe Motherhood Services among married women of reproductive age and utilization of safe motherhood services among them.

Total 125 respondents have been selected and purposive sampling method has been applied as a method in this research. Amongst those respondents, only the mothers whose youngest child is below 5 years they bore are participated in interview.

Closed and Open, two types of questionnaires have been prepared for this study. Primary data have been collected through interview method based on these questionnaires. More participants are from 25 to 29 years by age groups. Likewise, 26.4 percent respondents are uneducated and most of them are seen as housewife while analyzing the profession they adopted. More respondents were found to have got married from the age between 16 to 17 years whereas 2.4 percent respondents have got married at the age of 23 to 23 years.

While researching on ANC knowledge, 68.8 percent respondents were found to be aware and rest 31.2 percent had no knowledge on it. Similarly, it came to know from the study that 69.6 percent respondents have got their health checked up during the pregnancy period whilst 30.4 percent respondents have not. Likewise, 79.2 percent and 74.4 percent respondents were found to have taken TT vaccination and iron tablets respectively.

In conclusion, it is seen, from the research, urgent to raise the awareness and upgrade the level of education of the respondents as well as living standard is also equally necessary to be uplifted.

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ABBREVIATIONS

ANC	:- Antenatal Care
AN M	:- Auxiliary Nurse Midwife
BEOC	:- Basic Essential Obstetric Care
CBS	:- Central Bureau of Statistics
CDPS	:- Central Department of Population Studies
CEDAW	:- Convention on the Elimination of all Forms of Discrimination Against Women
CEOC	:- Comprehensive Essential Obstetric Care
DFID	:- Department For International development
FCHW	:- Female Community Health Volunteer
GO	:- Government Organization
ICPD	:- International Conference on Population and Development
INGO	:- International Non- Government Organization
MCHW	:- Maternal and Child Health Worker
MMR	:- Maternal Mortality Ratio
MVA	:- Manual Vacuum Aspiration
NDHS	:- Nepal Demographic Health Survey
NGO	:- Non- Government Organization
RH	:- Reproductive Health
SAARC	:- South Asian Association for Regional Co-Operation
TBA	:- Traditional Birth Attendant
TT	:- Tetanus Toxoid
UN	:- United Nation
UNEFPA	:- United Nation population Found
UNICEF	:- United Nation Children's Found
WBD	:- World Bank Discussion
WHR	:- World Health Report

“SAFE MOTHERHOOD”

Sabita Baral

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