

**KNOWLEDGE, ATTITUDE AND BEHAVIOR ON STDs AND HIV/AIDS  
AMONG SECONDARY SCHOOL STUDENTS OF  
KATHMANDU VALLEY**

**A Dissertation Submitted to  
Central Department of Population Studies, Faculty of Humanities and Social  
Sciences for the Partial Fulfillment of the Requirements for the Master's Degree  
of Arts in Population Studies**

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**RECOMMENDATION LETTER**

This dissertation study entitled "Knowledge, Attitude and Behaviour on STDs and HIV/AIDS among Secondary School Students of Kathmandu Valley: A Case Study of Selected Secondary Schools in Kathmnadu Valley" by Mrs. Renuka Neupane (Kharel) has been prepared under my supervision for the partial fulfillment of the requirement for the Degree of Master of Arts in Population Studies. To the best of my knowledge, this study is original and carries useful information on knowledge, attitude and behaviour on HIV/AIDSs among school students. Therefore, I recommend this dissertation for evaluation to the Dissertation Committee.

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Date: December 2009

## **APPROVAL SHEET**

This dissertation entitled "Knowledge, Attitude and Behavior on STDs and HIV/AIDS among Secondary School Students: A Case Study of Kathmandu Valley," by Mrs. Renuka Neupane (Kharel) has been accepted as partial fulfillment of the requirement for the Master's Degree of Arts in Population Studies.

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Mrs. Renuka Neupane (Kharel)

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## LIST OF ABBREVIATIONS

AIDS	:	Acquired Immune Deficiency Syndrome
CBS	:	Central Bureau of Statistics
CDPS	:	Central Department of Population Studies
CREPHA	:	Centre for Research on Environment Health and Population Studies
DHS	:	Demographic health survey
FP	:	Family Planning
FPAN	:	Family Planning Association of Nepal
HIV	:	Human Immune Deficiency Virus
ICPD	:	International Conference on Population and Development
IEC	:	Information Education and Communication
INGO	:	International-Non-Governmental Organization
KAB	:	Knowledge Attitude and Behavior
KAP	:	Knowledge Attitude and Practice
MOH	:	Ministry of Health
NCASC	:	National Centre for AIDS and STD Control
NDHS	:	Nepal Demographic and Health Survey
NFHS	:	Nepal Family Health Survey
NGO	:	Non-Governmental Organization
NLSS	:	Nepal Living Standard Survey
RH	:	Reproductive Health
SAARC	:	South Asian Association for Regional Co Operation
SLC	:	School Living Certificate
SPSS	:	Statistical Package for Social Science
SSA	:	Secondary School Adolescent
STDs	:	Sexual Transmitted Diseases

SWs	:	Sex Workers
TU	:	Tribhuvan University
UN	:	United Nations
UNAIDS	:	United Nations Programme on HIV/AIDS
UNESCO	:	United Nations Educational Scientific and Cultural Organization
UNFPA	:	United Nations Fund for Population Activities
WHO	:	World Health Organization
WOREC	:	Women Rehabilitation Centre