

**KNOWLEDGE, ATTITUDE AND BEHAVIOUR OF  
SECONDARY SCHOOL STUDENTS  
ON  
STIs, HIV AND AIDS  
(A Case Study of Selected Secondary School of Jhapa District)**

**A Dissertation Submitted to the Faculty of Humanities and Social  
Sciences Central Department of Population Studies in Partial Fulfillment  
of the Requirements for the Degree of Master of Arts**

**By  
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**CENTRAL DEPARTMENT OF POPULATION STUDIES**

**TRIBHUVAN UNIVERSITY**

**KIRTIPUR, KATHMANDU, NEPAL**

**RECOMMENDATION LETTER**

This dissertation work entitled, "Knowledge, Attitude, and Behaviour of Secondary School Students on STIs, HIV and AIDS: A Case Study of Selected Secondary School of Jhapa District by Kamal Thapa, is prepared under my supervision for the partial fulfillment of the requirements for Master of Arts in Population Studies. To the best my knowledge the study is original. I, Therefore, recommend it for evaluation to the Dissertation Committee.

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**APPROVAL SHEET**

This Dissertation entitled, "Knowledge, Attitude, and Behaviour of Secondary School Students on STIs, HIV and AIDS: A Case Study of Selected Secondary Schools in Jhapa District, by Kamal Thapa has been accepted as a partial fulfillment of the requirement for the Degree of Master of Arts in Population Studies.

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This Dissertation entitled "Knowledge, Attitude and Behaviour of Secondary School, Students on STIs, HIV and AIDS: A case study of Selected Secondary School in Jhapa District" is prepared for the partial fulfillment of the requirements for the Master's Degree in Arts in Central Department of Population Studies (CDPS), Tribhuvan University (TU). Kirtipur, Kathmandu.

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## **ABSTRACTS**

Sexuality, sexually transmitted infections (STIs) and HIV/AIDS are still the major challenge for world health in 21st century. It has seen a dramatic view the spread of HIV/AIDS from the initial in the United States, Europe to South Asia. HIV/AIDS has become as well as critical public health issue particularly in Africa facing HIV/AIDS as epidemic. HIV/AIDS is cause of death in Africa and other part of the world wide. Although efforts for its prevention and control have been made and method continuously by United Nations, Governments, WHO, NGOs and INGOs to minimize the spread of HIV. It is still beyond the capacity of medical enrichment and is categorized incurable disease. If proper action is not taken immediately, it might be disastrous.

The selected four Secondary Schools were selected purposively, out of the total sample population (N=200) the percentage of adolescents who have heard of HIV/AIDS is higher than the percentages who have heard of STIs. This study shows that higher the class, higher the knowledge of STIs, HIV/AIDS.

The knowledge of STIs and HIV/AIDS is rich among female adolescents in comparison to the male adolescents. Due to the lack of sufficient knowledge, some of them had misconception about ways of transmission, symptoms and preventive measures of STIs and HIV/AIDS. The percentage of adolescents who had not experience of sexual intercourse is higher.

Lack of significant knowledge of STIs and HIV/AIDS, some of them have negative attitude and behaviour towards these diseases. We should inform and educate them about STIs and HIV/AIDS.

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## ACRONYMS

AIDS	- Acquired Immune Deficiency Syndrome
ARV	- AIDS Related Virus
CBS	- Central Bureau of Statistics
CDPS	- Central Department of Population Studies
CS Ws	- Commercial Sex Workers
DHS	- Demographic Health Survey
DoH	- Department of Health
FSWs	- Female Sex Workers
GOs	- Government Organization
HIV	- Human Immune Deficiency Virus
ICPD	- International Conference Population and Development
IDUs	- Injecting Drug Users
IEC	- Information, Education Communication
ILO	- International Labour Organization
INGOs	- International Non-Governmental Organization
KABP	- Knowledge, Attitude, Behaviour and Practice
LAV	- Lumpnsidenopathy Associated Virus
MoH	- Ministry of Health
NAPC	- National AIDS Policy Committee
NCASC	- National Center for AIDS and STD Control
NGO	- Non-Governmental Organization
NLSS	- Nepal Living Standard Survey
OIs	- Opportunites Infections
PLWHA	- People Living with HIV and AIDS

RH	- Reproductive Health
RTI	- Reproductive Tract Infection
STDs	- Sexually Transmitted Diseases
STIs	- Sexually Transmitted Infection
TV	- Television
TB	- Tuberculosis
UN	- United Nations
UNAIDS	- Joint United Nations Programme HIV/AIDS
UNDP	- United Nations Development Programme
UNFPA	- United Nations Population Fund
UNICEF	- United Nations Children's Emergency Fund
USA	- United State of America
VDC	- Village Development Committee
WHO	- World Health Organization

