

**INTERNATIONAL LABOUR MIGRATION:
CAUSES AND CONSEQUENCES OF NEPALESE YOUTH**



A

Dissertation

Submitted to the

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Fulfillment of the Requirements for the

Master's Degree of Arts in Population

Studies



Submitted By:

Minurva Bhattarai

Tribhuvan University

Kirtipur, Kathmandu

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RECOMMENDATION LETTER

This is certified that Mrs. Minurva Bhattarai has worked under my supervision and guidance for the preparation of this dissertation entitled *"International Labour Migration: Causes and Consequences of Nepalese Youths"* for the partial fulfillment of Master of Arts in Population Studies. To the best of my knowledge, this study is original and carries useful information in the field of Youth Labour Migration. I, therefore, recommend it for the evaluation to the dissertation committee.

.....

Dr. Govind Subedi
Supervisor

APPROVAL – SHEET

This dissertation entitled "*International Labour Migration: Causes and Consequences of Nepalese Youths*" submitted by Minurva Bhattarai for the partial fulfillment of the requirements for the Master's Degree of Humanities (Population Studies) has been approved.

Approved By:

.....

Prof. Dr. Bal Kumar K.C.
Head of Central Department of
Population Studies (CDPS)
Kirtipur

.....

Mr. Padam Prasad Khatiwada
External Examiner

.....

Dr. Govind Subedi
Supervisor

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Nepal, as a developing country, which is suffering from the various opportunities and lack of proper employment and income generating opportunities for Nepalese youths. Due to poverty, huge competitions on job among youths, complicated labour markets, different rules, laws and lack of proper employment opportunities; Concerning these factors, huge scales of Nepalese youths are daily heading towards foreign countries for better employments and few income to achieve better jobs alternatives to sustain their family life and to fulfill their desire and dream of lifetime opportunities. So, Creating opportunities for income generation and employment if indispensable from poverty alleviation. In this context, maximum numbers of Nepalese youths needs to assimilate in the mainstream of economic development through their skills developments and providing domestic and foreign employment opportunities.

This research under the title of "International Labour Migration: Causes and Consequences of Nepalese Youths" has been conducted to identify the major causes and consequences of International Labour Migration of Nepalese Youths including the flow, level, trend and concentration of Nepalese youths migrants excluding India. This research has also approached to evaluate the existing government policies and programmes to the regulation of international labour migration. Thus, I found this research is very important to review the different policies, programmes on foreign employment, national and international mechanism to protect the rights of the migrant workers, identifying it's causes, consequences, problems and challenges. This research has come out as a part of my university thesis and also the reflections of my knowledge and skills on social research that I obtained during my university study.

For these mentioned purpose, I owe a deep of gratitude to *Prof. Dr. Bal Kumar K.C., Head of CDPS, Tribhuwan University and Dr. Govinda Subedi, Lecturer, CDPS, Kathmandu* for their constant encouragement, patient guidance and valuable supervision at every stage of my work. This work would not have been materialized in the present form without their incisive observations and intellectual direction in the course of completion.

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Last but not the least; I hope this small effort of mine will be of great value to those who are involved in International Labour Migration and all the other future researchers of this area.

Needless to say, to error is human and I am no exception, so I alone am responsible for any deficiencies that may have remained in this work.

- Minurva Bhattarai.

August, 2008,

Kumaristhan, Balaju-16,

Kathmandu, Nepal.

ABSTRACT

Research regarding the “International Labour Migration: Causes and Consequences of Nepalese Youths” has been carried out to find out the current situation of Nepalese youths to work as a labour migrants in the foreign countries from the Nepal as well as to evaluate the existing Nepalese government’s policies and programmes related to the regulation and management of foreign employment of migrants labour in Nepal. This study, at the same time has seek to identify the issues and challenges on foreign employment, nature of labour migration trend, its flow and the number of socio-economic and demographic aspects related to the migration of Nepali migrant workers. Similarly, this study has also evaluated the internationally recognized policies and programmes to protect the rights of the migrant workers.

Similarly, qualitative and quantitative information has incorporated to the completion of this study. So the flow, trend analysis of Nepali labour migrants by fiscal year and the concentration of people in different countries in different period of time are also observed. It is found that, migrants workers have faced problems both in the home country and the country of destination, where as the problems in abroad are highlighted very much as compared to the problem that they are being in the national level. Nepalese government polices are not able enough and properly implemented to the regulation and management of foreign labour migration. At the same time Nepalese government is not found sincere to the implication of international provisions to protect the rights of the migrant workers. Government mechanisms are not found very much effective to assure safe migration of potential labour migrants.

Last but not the least, the study has concluded that the foreign labour migration can be regulated with the proper implementation of government policies and programmes to sustain the migrant labour market. The foreign employment profession should also be accepted as a dignified occupation as because of its importance to strengthen the national economy and it also making our young people engage in some sorts of income generating activities, where the country is coping with the financial and economics difficulties at this period.

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ACRONYMS

ATTP	=	Alien Industrial Technology Training Programme
CBS	=	Central Bureau of Statistics
CDPS	=	Central Department of Population Studies
CeLRRD	=	Center for Legal Research and Resource Development
DFID	=	Department for International Development
DOI	=	Department of Immigration
FDW	=	Foreign Domestic Workers
GATS	=	General Agreements on Trade and Services
GCC	=	Gulf Cooperation Council
GN	=	Government of Nepal
GDP	=	Gross Domestic Product
ICPD	=	International Conference on Population and Development
ICT	=	Information Communication and Technologies
ILO	=	International Labour Organizations
IOM	=	International Organization for Migration
IPS	=	Inter Press Service
IUSSP	=	International Union of Social Scientists in Population
KFSB	=	Korean Federation of Small Business
LEPD	=	Labour and Employment Promotion Department
LSL	=	Labour Standard Law
MEBDC	=	Migration, Employment, Birth, Death and Contraception
MMAM	=	Mary knoll Ministry of Asia
NGO	=	Non Governmental Organization
NIDS	=	Nepal Institute of Development Studies
NLP	=	National Labour Policy
NLSS	=	Nepal Living Standard Survey
NPC	=	National Planning Commission
OHCHR	=	Office of the High Commissioner for Human Rights
PIK	=	Professional, Technical, Kindard
TCP	=	Technology Cooperation Programme
TU	=	Tribhuvan University
UAE	=	United Arab Emirates
UDHR	=	University Declaration of Human Rights
UN	=	United Nations
UNIFEM	=	United Nations Development Fund for Women
VRS	=	Vital Registration System