## ROLE OF WOMEN'S EMPOWERMENT IN POVERTY REDUCTION

(A Case Study of Champe VDC of Bhojpur District, Nepal)

A Thesis

Submitted to the Central Department of Rural Development University Campus, Kirtipur in Partial fulfillment of the Requirement for the Degree Master of Arts in

**Rural Development** 

By

### **Rabin Sapkota**

Symbol No.: 2603 Regd. No.: 6-1-9-802-99 Central Department of Rural Development University Campus, Kirtipur Kathmandu, Nepal February, 2010

### LETTER OF RECOMMENDATION

The thesis entitled "Role of Women's Empowerment in Poverty Reduction : A Case Study of Champe VDC of Bhojpur, Nepal" has been prepared by Mr. Rabin Sapkota under my supervision. I hereby recommend this thesis for the final approval by the thesis evaluation committee as a partial fulfillment of the requirements for the Degree of Master of Arts in Rural Development.

> Thesis Supervisor Suman Baskota Lecturer Central Department of Rural Development

Date: 05 Feb, 2010

### APPROVAL SHEET

We hereby certify that the thesis entitled "Role of Women's Empowerment in Poverty Reduction: A Case Study of Champe VDC of Bhojpur, Nepal" written and submitted by Mr. Rabin Sapkota to the Central Department of Rural Development, Faculty of Humanities and Social Sciences, University Campus in partial fulfillment of the requirements for the Degree of Master of Arts in Rural Development has been found satisfactory in format, Scope and quality. We, therefore, accept the thesis as a part of the said degree.

Thesis Committee

Chairman Prof. Dr. Pradeep Kumar Khadka Head of Department External Examiner Dr. Chandra Lal Shrestha Associate Professor Central Department of Rural Development

Thesis Supervisor Suman Baskota Lecturer Central Department of Rural Development

### ACKNOWLEDGEMENT

Many individuals have supported in the various stages to complete my thesis. I duly acknowledge each of them for their immense contribution. In this regard, my first and foremost gratitude goes to revered teacher as well as thesis supervisor Mr. Suman Baskota, Lecturer of Central Department of Rural Development for his invaluable suggestions and guidance without which my effort would never come into this from.

I would like to thank the Department Chief, Prof. Dr. Pradeep Kumar Khadka, the faculty members and the staff of the central Department of Rural Development, University Campus for their Cooperation.

Similarly, I am very much indebted to my father for his continuous financial support and encouragement to me. I am also thankful to the informants of Champe VDC and Central Library for providing me required information and relevant materials to complete this work.

Last but not least, I would like to register my gratitude from my inner soul to my dear brother and sister Nabin and Manju and my friend Sirjana. Similarly, I would like to thank my friends Arun, Deepak, Durga, Prabesh, Partha, Ram, Thirtha, Madhav, Puskar and Jyoti for their valuable suggestions and encouragements to complete this study.

February, 2010

Rabin Sapkota

#### ABSTRACT

The study on the "Role of women's Empowerment in poverty Reduction", a general study about the women's empowerment and its role in poverty reduction, was conducted in Champe VDC of Bhojpur district. It presents the general status of women in the study area.

The government and private sectors in Nepal have been engaged in relentless promotion of Nepalese women's empowerment through education, training and various other programs and research since long, but still most of the women's social status seems awfully poor. Their representation in social, economic and political life has been minimal. As a result, they are living in wretched condition. It is national scenario of the country which seems in the study area too. Educational attainment one of the most crucial factors of development, was not found satisfactory in the study area. Among total respondents, only the 25 percent respondents' educational status was found above SLC. Similarly, women's access on health services was also found poor. 64 percent respondents' replied that they have access on Health services.

On the other hand, most of the women of the study area were found heavily engaged in agricultural and other household chores mostly of unproductive works. The data reveals that women contribute more than men in household activities but these are not counted in monetary value. Women work 11 hours in an average in day in Nepal and the same scenario seems in the study area. The excessive workload has badly affected their daily life. In fact, It has created various types of obstacles in the empowerment process of women. Women's access and control over resources was also found poor. The data shows that 60.71 percent respondents replied that women have not personal assets such as land, bank balance, and cottage industry.

Awareness about women's rights to reproduction was also not found satisfactory in the study area. Among total respondents, still 42.85 percent were found not properly aware about women's right to reproduction which is quaranteed by the interim constitution. On the other hand, one interesting fact was found that 46.42 percent respondents express their view over the provision of women's right in parental property that is doesnot solve the problems faced by women in a sustainable way. The emphasized to provide better education and opportunities rather than parental property. Like wise, most of the people were found positive about the increased involvement of women in politics which is a good sign of increased awareness. But the response about women's role in decision making was found awfully poor because among total respondents 50 percent total decisions were made by male alone while the percent of female in the same work found only 21 percent. It shows a real picture of male dominated society.

## CONTENTS

Pages

Recommendation Letter
Approval Sheet
Acknowledgements
Abbreviation/Acronyms
Abstract
Contents
List of Tables
List of Figures

## **CHAPTER ONE**

INT	RODUCTION	1-7
1.1	General Background	1
1.2	Statement of the Problem	3
1.3	Objective of Study	5
1.4	Rational of the Study	6
1.5	Limitations of the Study	6
1.6	Organization of the Study	7
CH	APTER TWO	
LITE	ERATURE REVIEW	8-27
2.1	Conceptual Framework	8
2.2	Theoretical framework	11
CH	APTER THREE	
RES	EARCH METHODOLOGY	28-31
3.1	Selection of the Study area	28
3.2	Universe and Sampling	28
3.3	Research Design	28
3.4	Nature and Source of Data	29
3.5	Data Collection & Techniques	29
3.6	Data Analysis	30

## **CHAPTER FOUR**

OVE	RVIEW OF THE STUDY AREA	32-35
4.1	Distribution by sex	32
4.2	Ward-wise Distribution by Sex	33
4.3	The Distribution of Household on the basis of caste/ethnicity ward no. 8	34
CHA	APTER FIVE	
ANA	LYSIS OF DATA	36-65
5.1	Socio-economic information of the Respondents	36
	5.1.1 Composition of Respondents by Sex	36
	5.1.2 Composition of Respondents by Caste and Ethnicity	38
5.2	Factors Affecting Women's Empowerment on the Basis of Data Analysis	63
5.3	Contribution of Women Empowerment in rural poverty reduction	65
CHA	APTER SIX	
SUM	MARY, CONCLUSION AND RECOMMENDATION	68-73
6.1	Summary	68
6.2	Conclusion	70
6.3	Recommendations	73
REFI	ERENCES	76-78

Annex

# LIST OF TABLES

Pages

			$\mathcal{O}$
Table 4.1	:	Distribution of population by sex	32
Table 4.2	:	Ward-wise Distribution by Sex	33
Table 4.3	:	Distribution by Caste/Ethnicity	34
Table 5.1.1	:	Composition of the Respondents by Sex	37
Table 5.1.2	:	Composition of Respondents by Cast & Ethnicity	38
Table 5.1.3	:	Distribution of Respondents by Educational Status	40
Table 5.1.4	:	Distribution of Respondents by their access on Health Services	41
Table 5.1.5	:	Involvement in Social Organization	43
Table 5.1.6	:	Personality Development Training	43
Table 5.1.7	:	Womens Work Load	45
Table 5.1.8	:	Income Generation Training	46
Table 5.1.9	:	Land holding pattern of Respondents	48
Table 5.1.10	:	Food sufficiency of Respondent	49
Table 5.1.11	:	Distribution of Respondents by Income	50
Table 5.1.12	:	Distribution of Respondents according to the source of income	51
Table 5.1.13	:	Status of financial Authority of women in family	52
Table 5.1.14	:	Distribution of Respondents by the management of Women's personal expense	54
Table 5.1.15	:	Distribution of Respondents by women's personal Assets	55
Table 5.1.16	:	View of Respondents in women's involvement in politics	57
Table 5.1.17	:	Distribution of Respondents by their view about female Right in Parental Property	58
Table 5.1.18	:	Distribution of Respondents by their knowledge about women's Right to Reproduction	60
Table 5.1.19	:	Distribution of Respondents according to Decision making Authority	61
Table 5.3	:	Contribution of Women Empowerment in Rural Poverty Reduction	65

# LIST OF FIGURES

			Pages
Figure 4.1	:	Distribution of population by sex	33
Figure 5.1.1	:	Composition of the Respondents by Sex	37
Figure 5.1.2	:	Composition of Respondents by Cast & Ethnicity	39
Fig. 5.1.3	:	Distribution of Respondents by Education Status	40
Figure 5.1.4	:	Distribution of Respondents by their access on Health Services	42
Figure 5.1.6	:	Personality Development Training	44
Figure 5.1.7	:	Womens Work Load	45
Figure 5.1.8	:	Income Generation Training	46
Figure 5.1.9	:	Land holding pattern of Respondents	48
Figure 5.1.11	:	Distribution of Respondents by Income	50
Figure 5.1.12	:	Distribution of Respondents according to the source of income	51
Figure 5.1.13	:	Status of financial Authority of Women in Family	53
Figure 5.1.14	:	Distribution of Respondents by the management of Women's personal expense	54
Figure. 5.1.15	:	Distribution of Respondents by women's personal Assets	55
Figure 5.1.16	:	View of Respondents in women's involvement in politics	57
Figure 5.1.17	:	Distribution of Respondents by their view about female Right in Parental Property	59
Figure 5.1.18	:	Distribution of Respondents by their knowledge about women's Right to Reproduction	60
Figure 5.1.19	:	Distribution of Respondents according to Decision making Authority	61
Figure 5.3	:	Contribution of Women Empowerment in Rural Poverty Reduction	65

# ABBREVIATIONS/ACRONYMS

CBS :	Central Bureau of Statistics
CEDAW :	Convention on Elimination of all kinds Discriminations against Women
DDC :	District Development Committee
GDI :	Gender Development Index
GoN :	Government of Nepal
HHs :	Households
INGO :	International Non-Government Organization
MoWCSW :	Ministry of Women, Children and Social Welfare
NDHS :	Nepal Demographic and Health Survey
NGO :	Non-Governmental Organization
No. :	Number
NWC :	National Women Commission
PAF:	Poverty Alleviation Fund
Ph.D.:	Doctors of Philosophy
Rs. :	Rupees
SAARC :	South Asian Association of Regional Cooperation
SLC :	School Leaving Certificate
SSNCC :	Social Service National Coordination Council
TU :	Tribhuvan University
UN :	United Nations
UNDP :	United Nations Development Program
UNFPA :	United Nations Population Fund
VDC :	Village Development Committee
WID :	Women in Development
WSCC :	Women Service Coordination Council