

SPEAKING ANXIETY AMONG EFL STUDENTS

**A Thesis Submitted to the Department of English Education
in Partial Fulfillment for the Master of Education in English**

Submitted by

Mani Ram Chalise

Faculty of Education

Tribhuvan University

Surkhet Campus (Education)

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DEDICATION

**Dedicated to
My Parents and Gurus.**

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Date:2068/08/12

Mani Ram Chalise

ABSTRACT

This research is a study of "**SPEAKING ANXIETY AMONG EFL STUDENTS**". This study aimed to find out whether gender, and personality difference play crucial role in determining the level of anxiety. It also tries to throw light on the causes of speaking anxiety. This study was carried out using both the primary and secondary sources of data. All the data were collected through questionnaire. For the primary sources of data the researcher selected six different campuses from three districts (i.e., Surkhet, Banke and Bardia). Twenty students (i.e., ten males and ten females) of Bachelor first year were randomly selected from each campus as the respondents of the study. From the study it has been found that the learning variables gender and personality play role in determining the level of anxiety, where males were quite more anxious of speaking . Same the way introverts had more anxiety while speaking in public, and the six different causes of speaking anxiety were found, among the causes “nervous/ afraid/ panicky feeling” is the most haunting.

This study mainly includes four chapters. The first chapter introduces the anxiety which consist of general background, review of the related literature, objectives and significance of the study. The second chapter mainly concerns with the methodology used in the study, the source of data, sampling procedure, tools of data collection and limitations of the study. Likewise, the third chapter of the study comprises analysis and interpretation of the data. The fourth chapter introduces the product of the analysis and interpretation of the data, i.e., findings of the study and simultaneously some recommendations are made on the basis of that findings. Eventually, references and appendices are also given. The appendices part includes research tools and other informations.

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LIST OF ABBREVIATIONS AND SYMBOLS

%	: Percentage
&	: and
B.Ed.	: Bachelor in Education
eg.	: For example
EFL	: English as a Foreign Language
et al.	: and others
etc	: etcetera
f	: Frequency
F ₁	: First Language
FLL	: Foreign Language learning
FLT	: Foreign Language Teaching
ESL	: English as Second Language
i. e.	: That is to say
IIC	: International Islamic College
L ₂	: Second Language
M.A.	: Master of Arts
M.Ed.	: Master of Education
No.	: Number
p.	: page
pp.	: pages
SLA	: Second language Acquisition
S.N.	: Serial Number
TAS	: Test Anxiety Scale
TESL	: Teaching English as a Second Language
T.U.	: Tribhuwan University
via	: Through