

**AN ASSESSMENT OF LIFESTYLE CHANGE  
AMONG THE KAMAIYA AFTER LIBERATION**

*(A CASE STUDY OF BANKHET, RAJHENA VDC OF BANKE)*

**Thesis Submitted to  
The Department of Sociology/Anthropology, Prithvi Narayan Campus  
in Partial Fulfillment for the Requirement of the Degree of Master of  
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## **RECOMMENDATION LETTER**

This thesis entitled **AN ASSESSMENT OF LIFESTYLE CHANGE AMONG THE KAMAIYA AFTER LIBERATION** has been prepared by Ms. SHARADA BANSTOLA as the partial fulfillment of the requirements for the Degree of Master of Arts in Sociology under my supervision. I forward it with recommendation for evaluation.

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**Recommendation of Language Editor**

This is to certify that I have read through the draft of dissertation entitled **AN ASSESSMENT OF LIFESTYLE CHANGE AMONG THE KAMAIYA AFTER LIBERATION** prepared by Ms. SHARADA BANSTOLA as language editor and made necessary correction and improvement. I have been impressed by this intelligible presentation on the facts through the medium of plain and correct English. I forward it with recommendation for edition.

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## ACRONYM/ABBREVIATION

ADBN	Agricultural Development Bank, Nepal
BASE	Backward Society Education
BS	Bikram Sambat
COs	Community Organizations
DDC	District Development Committee
DLGSP	Decentralized Local Governance Support Program
DLRO	District Land Reform Office
DSP	Decentralized Support Program
GO	Governmental Organization
HH	Household
GATT	General Agreement on Tariff and Trade
Gov/N	Government of Nepal
GEFONT	General Federation of Nepalese Trade Unions
IGA	Income Generating Activities
IMF	International Monetary Fund
INSEC	Informal Sector Services Center
MC	Municipality City
MLD	Ministry of Local Development
MOLRM	Ministry of Land Reform Management
NGO	Non Governmental Organization
Nos	Numbers
NPc	National Planning Commission
PAPWT	Poverty Alleviation Project in Western Terai
SM	Social Mobilizer
SPACE	Society for Participatory Cultural Education
UNDP	United Nations Development Program
VDC	Village Development Committee
VDP	Village Development Program
WB	World Bank

## GLOSSARY

Aayog	Commission
Astimki	Krishnastami ( Birth day of God Krishna)
Atwari	Sunday of the same week of Krishnastami
Bhayar	Tharu's God of Land & their village main deity
Bhalmansa	A chief person of Tharu's community
Dalit	Hindu untouchable caste
Dangaura	Tharus from Dang
Deshbandhya-guruba	Mediator between Tharus & their village god/deities
Desya	Hindu's festival, Durga pooja & Dashain
Deshaure	Tharus form Bardia
Deurahar	Preying room where dwells in Tharu's god in their home
Dhikri	A type of traditional roti of Tharus community
Dhuleri	Holi festival
Ghardhuriya	Heads of Tharus households
Guriya	Snake worshipping day of Tharu/Desaure Tharu
Guruwa	Main priest of Tharus society
Katta	1/16 of Bigha
Kamaiya	Adult male member, working to the land owner on contract
Khel	Village assembly of all heads of Tharus households
Lakh	1/10 <sup>th</sup> of the million
Maghi	Important festival of Tharus, celebrated in mid January
Pahadia	Hill originated people of Nepal
Saunki	A form of traditional loan that made compelled to be Kamaiya, it related Kamaiya system.
Tihar	Deepawali
Tharu	Ethnic group from Terai

*Map 1.2 Map of the study area Bankhet of Rajhena VDC, Banke:*

