

**Changing Livelihoods**  
**(A Case Study of Jyapoos and Shrestha Newar of Tokha Village)**

**A Dissertation submitted to Central Department of  
Sociology/Anthropology  
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**For the Partial Fulfillment of the  
Requirements of the Degree of Master of Arts  
In Anthropology**

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**LETTER OF APPROVAL**

This thesis entitled "**Changing Livelihoods: A Case Study Jyapoos and Shrestha Newars of Tokha Village**" by Mr. Arjun Panthi has been accepted as partial fulfillment of the requirement for the degree of Masters of Arts in Anthropology.

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**DEDICATION  
TO MY LATE MOTHER AND FATHER**

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## **Acronyms**

|      |   |
|------|---|
| DFID | Department of International Development, UK |
| FGD  | Focus Group Discussion                      |
| Fig. | Figure                                      |
| HHs  | Households                                  |
| LD   | Livelihood Diversity                        |
| MA   | Masters in Arts                             |
| NRs  | Nepalese Rupees                             |
| SL   | Sustainable Livelihood                      |
| T-B  | Tulsing-Boti                                |