

**CONTRACEPTIVE KNOWLEDGE, ATTITUDE AND
PRACTICE AMONG ADOLESCENTS**

(A Case Study of some selected Higher Secondary schools in Lamjung District)

A DISSERTATION
SUBMITTED TO THE FACULTY OF HUMANITIES AND SOCIAL SCIENCE
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DEGREE OF MASTER OF ARTS
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RECOMMENDATION LETTER

This is certified that Miss Archana Regmi has worked under my supervision and guidance for the preparation of this dissertation entitled **Contraceptives Knowledge, Attitude and Practice among Adolescents (A Case Study of some Selected Higher Secondary Schools in Lamjung District)** for the fulfillments of Master of Arts in Population Studies. To the best of my knowledge the study is original and carries useful information in the field of Knowledge, Attitude and Practice survey. I therefore recommend it for the evolution to the dissertation committee.

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APPROVAL- SHEET

This dissertation entitled **Contraceptive Knowledge, Attitude and Practice among Adolescents**. A case study of some selected Higher Secondary Schools in Lamjung District has been accepted as partial fulfillment for the Degree of Master of Arts in Population Studies.

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ABBREVIATIONS

AIDs	Acquired Immune Deficiency Diseases
CBS	Central Bureau of Statistic
CDPS	Central Department of Population Studies
CPR	Contraceptive Prevalence Rate
DHS	Demographic Health Survey
EC	Emergency Contraception
FP	Family Planning
FPAN	Family Planning Association of Nepal
HIV	Human Immune-Deficiency Virus
HSS	Higher Secondary School
IUD	Intrauterine Device
ICPD	International Conference on Population and Development
KAP	Knowledge Attitude and Practice
MOH	Ministry of Health
NDHS	Nepal Demographic Health Survey
NHFS	Nepal Family Health Survey
No.	Number
RH	Reproductive Health
SLC	School Leaving Certificate
SPSS	Statistical Package for Social Science
STD	Sexually Transmitted Disease
TV	Tele-Vision
UN	United Nation
WHO	World Health Organization

Abstract

This study is field based with primary data taken from different higher secondary school in Lamjung Districts. The main aim is providing the information on KAP of contraceptives especially Emergency Contraception. Emergency Contraceptives is not common for Nepalese potential users. Three factors lacking knowledge on it. The first is no appropriate knowledge on providers, the second is no information to users and the third is no easy accessibility of EC.

According to NDHS, 49% user is using any family planning method. In this research 92% heard about family planning method. 115 respondents heard one method, 73 heard about two methods, 84 respondents heard about three methods and 53 heard four methods of family planning.

Among total respondents, 84% heard about Pills, 56% heard IUD, 72% heard about Depo-Provera, 41% heard about Norplant and 94% heard about Condom.

75% respondents accept message or advertisement motivate people towards use of contraception. 38% were agreed whether information and services are only for married people. About 31% respondents support information and services of contraceptives need to provide to adolescents especially unmarried.

Among them about 17% respondents heard about Emergency Contraception, 83% don't hear about EC. We have 2 method of EC. They are combined Pills and Copper-T.