# SEROPREVALENCE OF IgM and IgG ANTIBODIES AGAINST THE AGENTS OF TORCH INFECTIONS AMONG THE PATIENTS VISITING OM HOSPITAL AND RESEARCH CENTER

A DISSERTATION SUBMITTED TO THE CENTRAL DEPARTMENT OF MICROBIOLOGY TRIBHUVAN UNIVERSITY

IN PARTIAL FULFILLMENT OF THE REQUIREMENTS FOR THE AWARD OF THE DEGREE OF MASTER OF SCIENCE IN MICROBIOLOGY (MEDICAL)

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### RECOMMENDATION

This is to certify that **Mr. Rajeshwar Ray** has completed this dissertation work entitled **"Seroprevalence of TORCH infections among the patients visiting OM Hospital and Research Centre"** as a partial fulfillment of Master of Science Degree in Microbiology under our supervision. To our knowledge, this work has not been submitted for any other degree.

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### **CERTIFICATE OF APPROVAL**

On the recommendation of **Dr. Dwij Raj Bhatta and Prof. Bharat Jha,** this dissertation work of **Mr. Rajeshwar Ray,** entitled "Seroprevalence of TORCH infections among the patients visiting OM Hospital and Research Centre" has been approved for the examination and is submitted to the Tribhuvan University in the Partial fulfillment of the requirements for Master of Science Degree in Microbiology (Medical).

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#### ABSTRACT

TORCH infection is a serious threat to human health and is a global issue. The primary infection with TORCH in pregnant women can lead to serious complication (fetal loss, malformation, still child birth) which may initially asymptomatic. In the present study, 161suspected patients' (151 females and 10 males) serum samples were examined for the prevalence of anti TORCH IgM and IgG using ELISA technique (GB corp- Taiwan) during 17<sup>th</sup> July 2009 to 30<sup>th</sup> March 2010. In the light of investigation of blood samples, anti toxoplasmosis IgG was found in 26.4 %, IgM in 0.6 % and both IgG + IgM in 0.6 %. At the same time, anti Rubella IgG was found out in 59.3 %, IgM in 0.7 % and both IgG + IgM in 0.7 %. Anti CMV IgG was discovered in 32.7 %, IgM in 6 % and both IgG + IgM in 2 %. Moreover, anti HSV-1 IgG was found out in 5.4 %, IgM in 8.7 % and both IgG + IgM in 0 %. Anti HSV-2 IgG positivity in 25.5 %, IgM in 16.8 % and both IgG + IgM in 4 %. Out of 4 infants, 1(25%) was IgM positive. Sex wise analysis showed high prevalence rate in female in comparison to male and prevalence rate was reported highest most commonly in sexually active age group.In conclusion, wide range of population still susceptible to TORCH. High value of immune response to Rubella and HSV-2 was observed in term of IgM and both IgM + IgG, responsible for major cause of congenital problems. Higher prevalence rate was observed in female than male in child bearing age. So, Health education concerning the preventive measures against TORCH is needed.

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# LIST OF ABBREVIATIONS

I	μl	Microlitre
	AIDS	Acquired Immune Deficiency Syndrome
]	ВОН	Bad Obstetric History
(	CAR	Congenitally Acquired Rubella
(	CDC	Centre for Disease Control and Prevention
(	CMI	Cell Mediated Immunity
(	CMV	Cytomegalovirus
	CNS	Central Nervous System
	CRS	Congenital Rubella Syndrome
	CSF	Cerebro Spinal Fluid
	СТ	Computed Tomography
]	DNA	Deoxyribo Nucleic Acid
]	EEGs	Electroencephalograms
]	EIA	Enzyme Immuno Assay
]	ELISA	Enzyme Linked Immunosorbent Assay
]	HBsAg	Hepatitis B surface Antigen
]	HIV	Human Immuno Deficiency virus
]	HSV	Herpes Simplex Virus
]	IF	Immuno Fluorescence
]	IFAT	Indirect Fluorescent Antibody Technique
]	Ig	Immunoglobulin
]	IgA	Immunoglobulin A
]	IgG	Immunoglobulin G
]	IgM	Immunoglobulin M
]	IU	International Unit
]	LP	Lumbar Puncture
]	MMR	Mumps Measles Rubella

MRI	Magnetic Resonance Imaging
NHANES	National Health and Nutrition Examination Surveys
NPHL	National Public Health Laboratory
PCR	Polymerase Chain Reaction
RNA	Ribo Nucleic Acid
RSA	Recurrent Spontaneous Abortions
RT-PCR	Reverse Transcriptase-Polymerase Chain Reaction
STI	Sexually Transmitted Infections
TORCH	Toxoplasma, Rubella, Cytomegalovirus and Herpes Simplex Virus
TSL-PAMF	Toxoplasma Serology Laboratory-Palo Alto Medical Foundation
UK	United Kingdom
US	United States
VDRL	Venereal Disease Research Laboratory
VZV	Varicella Zoster Virus

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