

**DOMESTIC CHILD WORKERS IN KATHMANDU
METROPOLITAN CITY
(A CASE STUDY OF CHABAHIL AREA)**

**A Thesis Report Submitted to the
Central Department of Rural Development
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Partial Fulfillment of the Requirements for
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RECOMMENDATION LETTER

This Thesis entitled “Domestic Child Workers in Kathmandu Metropolitan : A Case Study of Chabahil Area” prepared by Anjana Bista Bhandari, under my supervision in partial fulfillment of the requirements for the degree of Master of Arts in Rural Development, is hereby recommended for its final evaluation. To the best of my knowledge this is her own innovative work presented in the format prescribed by the Faculty of Humanities and Social Sciences.

Mr. Bimal Poudel
Supervisor

Acceptance Letter

This Thesis prepared and presented by Anjana Bista Bhandari entitled “Domestic Child Workers in Kathmandu Metropolitan City: A Case Study of Chabahil Area” has been evaluated and accepted as partial fulfillment of the requirement for the Master degree of Arts in Rural Development.

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ABSTRACT

Children are the future citizen of the country on which the development of a society and country depends. Today's children are the nation builders of tomorrow. But unfortunately, in our country, many children are forced to work in difficult and hazardous conditions simply to sustain their own lives and that of their family. According to an estimation of CIWISH, 2004, In Nepal, there are around 2.6 million children work on their childhood, out of them 1 lakh 27 thousands are involved in worst form of child labor and among them around 1 lakh are in different household working as a domestic worker.

The demand for domestic child workers is comparatively high than the adults because they are easier, cheap, unaware and unable to demand their human and legal rights. Domestic child workers mostly come from poor, often large rural families. DCLs are poorly paid, sometimes they are not paid at all. They are deprived of schooling, playing and social activity and emotional support from the family and friends.

The study "Domestic Child Workers in Kathmandu" has been conducted at ward no. 7 of Kathmandu Metropolitan city with a general objective to find out the socio- economic condition of domestic child labor in the study area and other objectives of the study were to identify the contributing factors leading to DCLs to access the major problems faced by the domestic child labor and to suggest for policy implications of the welfare of DCLs in the study area. To collect the data different tools like questionnaire, observation has been used. Descriptive and exploratory research design has been followed to describe and examine the findings of the study. The census of the DCLs of the study area had not been enumerated by any governmental or non-governmental organization, so the actual number of child labors of the area had not been found. From the universe, total 50 numbers of child labors were purposively selected with accidental sampling method on the basis of gender, caste and ethnicity.

The study concludes that children of the poor families are in vulnerable conditions. Poverty and deprivation are the root cause of child labor, simply, the ignorance of the guardians, family breakdown and the general trend of child exploitation in the societies are the other contributing factors leading to the child labor. Inequitable distribution of land, lack of people centered sustainable development, poor access of resources; environmental degradation and negative effect of the Maoist movement are also responsible for the child labor problem of Nepal.

When a child is exploited for the economic gain of others, the child loses and the world loses. A nation can not achieve prosperity on the backs of its children so that a progressive intervention should be done for the prevention and control of child labor exploitation. Meaningful education can be taken as an effective intervention to check the child labor. All the development actors GOs, NGOs, CBOs, COs should play effective role to control the child labor. Moreover, child laborers ,parents,students ,teachers,trade unionists ,employers,social workers and people from all walks of life should be influenced and mobilized for the prevention and protection of working children in society.

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LIST OF ABBREVIATIONS/ACRONYMS

CBS	Centras Bureau of Statistic
CBOs	Community Based Organization
CDPS	Central Department of Population S
CONCERN	Concern for Children and Environment Nepal
CRC	Convention on the Rights of the Children
CWIN	Child Workers Concern Center in Nepal
CWISH	Children ,Women in Social Service and Human Rights
DCLs	Domestic Child Labors
DCWs	Domestic Child Workers
DDC	District Development Committee
GOs	Government Organizations
HDR	Human Development Report
ILO	International Labour Organization
INGO	International Non-Government Organization
IPEC	International Programme on the Elimination of Child Labour
NEF	Non-Formal Education
NGOs	Non-governmental Organizations
INSEC	Informal Sector Service Center
SCF	Save the Children Fund
UN	United Nation
UNCRC	United Nations Convention on the Rights of the Children
UNICEF	United Nation International Children for Education Fund
UNESCO	United Nations Economic and Social Commission
WHO	World Health Organization