

TRIBHUVAN UNIVERSITY

ASSERTION OF THE STRENGTH OF APPRECIATIVE INQUIRY
IN ADITYA MAN SHRESTHA'S *MISTRESS OF FAITH*

A DISSERTATION
SUBMITTED TO THE FACULTY OF HUMANITIES
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DISSERTATION APPROVAL

We hereby recommend that the dissertation
ASSERTION OF THE STRENGTH OF APPRECIATIVE INQUIRY
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ABSTRACT

The present research focuses on finding out the process and the way of success in life. The novel *Mistress of Faith* by Aditya Man Shrestha opens a different way to live life through the portrayal of protagonist, Lata. In the beginning, the protagonist is a dominated, quiet and a very simple woman. She is unheard, unnoticed both in the family and in the society. But later she gets immense success personally, socially and culturally. The major technique she applies in her life is inquiry and critical analysis over culture, rituals and religious scripts. It provides her new truths and realities different from existing ones. The new findings encourage and enable her to challenge the status - quo mentality and dehumanizing practices of the society. Finally, she is able to convert 'problem' into 'possibility.' This is the technique and strength of Appreciative Inquiry (AI) approach of change. Therefore, *Mistress of Faith* asserts the strength of AI for the successful life.

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