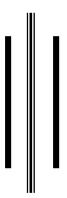
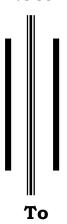
PREVALENCE OF INTESTINAL PARASITES AMONG CHILDREN [AGED 5-15 YEARS] OF GURUKUL MADHYAMIC VIDHYALAYA OF JATUWA, BIRATNAGAR-18



A Thesis

Submitted in Partial Fulfillment of the Requirements for the Master's Degree in Zoology with Special Paper Parasitology

> Submitted By HEMLATA KUMARI GUPTA 2009



Central Department of Zoology Institute of Science and Technology Tribhuvan University, Kirtipur, Kathmandu, Nepal



TRIBHUVAN UNIVERSITY

01-4331896

CENTRAL DEPARTMENT OF ZOOLOGY

Kirtipur, Kathmandu, Nepal.

RECOMMENDATION

This is to certify that Mrs. Hemlata Kumari Gupta has successfully completed her thesis work entitled "PREVALENCE OF INTESTINAL PARASITES AMONG CHILDREN (AGED 5-15 YEARS) OF GURUKUL MADHYAMIC VIDHYALAYA OF JATUWA, BIRATNAGAR-18" for the partial fulfillment of the requirements for the Master's Degree of Science in Zoology with special paper Parasitology. To my knowledge, this is an original research study and has not been submitted for any other degree.

PROF. DR. RANJANA GUPTA

Central Department of Zoology Tribhuvan University Kirtipur Kirtipur, Kathmandu

Date:	_	
Date.	_	



TRIBHUVAN UNIVERSITY

¹⁰⁰ 01-4331896

CENTRAL DEPARTMENT OF ZOOLOGY

Kirtipur, Kathmandu, Nepal.

APPROVAL

On the recommendation of Supervisor PROF. DR. RANJANA GUPTA, this thesis submitted by Mrs. Hemlata Kumari Gupta, entitled "PREVALENCE OF INTESTINAL PARASITES AMONG CHILDREN (AGED 5-15 YEARS) OF GURUKUL MADHYAMIC VIDHYALAYA OF JATUWA, BIRATNAGAR-18" is approved for examination, and is submitted to the Tribhuvan University for the partial fulfillment of the requirements for the Master's Degree of Science in Zoology with special paper Parasitology.

PROF. DR. VASANTA KUMAR THAPA

Head of the Department
Central Department of Zoology
Tribhuvan University Kirtipur
Kirtipur, Kathmandu

Date: -	
---------	--



TRIBHUVAN UNIVERSITY

01-4331896

CENTRAL DEPARTMENT OF ZOOLOGY

Kirtipur, Kathmandu, Nepal.

LETTER OF ACCEPTANCE

We, the members of evaluation committee, evaluated the dissertation work entitled, "PREVALENCE OF INTESTINAL PARASITES AMONG CHILDREN (AGED 5-15 YEARS) OF GURUKUL MADHYAMIC VIDHYALAYA OF JATUWA, BIRATNAGAR-18" and approved that Mrs. Hemlata Kumari Gupta is qualified for awarding Master's Degree of Science in Zoology with special paper Parasitology.

PROF. DR. VASANTA KUMAR THAPA Head of Department PROF. DR. RANJANA GUPTA Supervisor External Examiner Date------

ACKNOWLEDGEMENT

I feel immense pleasure to submit my assiduous work entitled "Prevalence

of intestinal parasites among children (aged 5-15 years) of Gurukul

Madhyamic Vidhyalaya of Jatuwa, Biratnagar-18"

Firstly, I want to wish and extol to my supervisor Prof. Dr. Ranjana

Gupta, Central Department of Zoology T.U., for her supervision and guidance.

I am highly grateful to **Prof. Dr. Vasanta Kumar Thapa**, Head of the

Central Department of Zoology for providing the necessary facilities required for

this work. I am grateful to Mr. Ashok Bahadur Bam, Mr. Janak Raj Subedi and

teachers and staffs of Central Department of Zoology for their valuable

suggestions and guidance.

I would also like to express my genuine gratitude to Mr. Pitamber

Sharma, Principle of Gurukul Madhyamic Vidhyalaya for giving permission to

carry out my work in his school and teacher Mr. Hari Dhungana for providing

several informations about the study area.

I am thankful to Mr. Rajesh Jha, BMLT, Biratnagar for his kind Co-

operation throughout field work as well as lab work. I am also thankful to Mr.

Madhav Karn, Lab Assistant, Maa Kankalini Diagnostic Centre, Biratnagar and

my brother Mr. Gopal Gupta, Lab Technician, KMC, Kathmandu for their

guidance in identification of the intestinal parasites.

I express special thanks to Mr. Rajesh Bhagat and Mr. Rawet Ranjan

Thakur for helping throughout the work and Miss Pinki Gupta and Miss Suman

Gupta for helping in my field work.

At last, I am also grateful to my family members and all my well wishers

who encouraged me and supported heartily throughout the study.

Hemlata Kumari Gupta

T.U. Exam Roll No: 513

T.U. Regd. No: 5-1-212-0032-96

Batch: 2060-2061

ABSTRACT

Chaotic condition of Jatuwa village of Biratnagar is as a consequence of illiteracy, ignorance and poverty of local people. A school based study was carried out to determine the prevalence rate of intestinal parasites and to determine knowledge, attitudes and practices regarding intestinal parasites by means of structured questionnaire in children of age group 5-15 years of Gurukul Madhyamic Vidhyalaya of Jatuwa village of Biratnagar-18 in 2008. A total of 220 stool samples were collected and examined by direct smear technique. Out of 220 students, 45(20.5%) were found to be infected with one or more types of intestinal parasites. Among positive samples, prevalence rate in Yadav children was 19.86% and Non-Yadav children was 21.62%. The prevalence rate in male children was 21.77% and female children were 18.75%. The prevalence rate was approximately equal in age group 11-15 yrs (27.77%) and 5yrs (28.57%) followed by age group 6-10 yrs (13.79%). All above mentioned were found statistically insignificant. The percentage prevalence in total 220 stool samples, of helminthes, Ascaris lumbricoides (8.64%), Trichuris trichiura (0.90%), Hymenolepis nana (2.27%) and hookworm (0.45%) while of protozoan parasites, G. lamblia (7.73%), E. histolytica (4.10%) and Cyclospora (0.45%). Out of 45 positive cases, 38(84.44%) were found with prevalence of single species infection, 5(11.11%) double species infection and 2(4.44%) with prevalence of triple species infection.

As matter of survey analysis, it revealed that 23.88% were infected with intestinal parasites among non-vegetarian and 5% were infected with intestinal parasites among vegetarian which is statistically insignificant. The survey had also made clear that the intestinal parasitic infection was found to be maximum (25.28%) whose parents are farmer and minimum (7.14%) whose parents are service holder. Similarly, maximum (45%) infection was found in those children who used to defecate near water resource. It was found that the awareness towards intestinal parasites was very poor. Prevalence of parasitic infection was found only 12% among parasite aware children whereas 21.53 among un-aware children.

CONTENTS

	Page
List of Tables	i
List of Figures	ii
List of Photographs and Maps	ii i
List of Abbreviations and Acronyms	iv
Abstract	v
I. INTRODUCTION	1-3
II. OBJECTIVES	4
III. LITERATURE REVIEW	5-20
History of Parasitology	5
Literature Review in the Context of World	6-15
Literature Review in the Context of Nepal	15-20
IV. MATERIALS AND METHODS	21-24
Equipments, Materials and Chemicals	21
Study area and study population	21
Sample size	23
Sample collection	23
Laboratory work	23
Data Analysis	24
V. RESULTS	25-39
RESULTS OF STOOL EXAMINATION	25-32
General Prevalence of Intestinal Parasites of the School Children	25
Caste-wise Prevalence of Intestinal Parasites	26
Sex-wise Prevalence of Intestinal Parasites	27
Age Group-wise Prevalence of Intestinal Parasites	28
Prevalence of Specific Intestinal Parasites	29

Intensity of Single Infection	30
Intensity of Double Infection	31
Intensity of Triple infection	32
RESULTS OF SURVEY ANALYSIS	33-39
Cleaning Method of Hand-wise Prevalence of Intestinal Parasites	33
Food Habit-wise Prevalence of Intestinal Parasites	34
Parent's Occupation-wise Prevalence of Intestinal Parasites	35
Defecation Place-wise Prevalence of Intestinal Parasites	36
Livestock and Domestic Animals Ownership-wise Prevalence of	
Intestinal Parasites	37
Prevalence of Intestinal parasites on the Basis of Awareness toward	ds
Intestinal Parasites	38
Treatment Method-wise Prevalence of Intestinal Parasites	39
VI. DISCUSSION AND CONCLUSION	40-45
VII. RECOMMENDATIONS	46
REFERENCES	47-56
ANNEX-1: QUESTIONNAIRE	57-58

LIST OF TABLES

Table 1: General Prevalence of the Intestinal Parasites of the School Children	25
Table 2: Caste-wise Prevalence of Intestinal Parasites	26
Table 3: Sex-wise Prevalence of Intestinal Parasites	27
Table 4: Age Group-wise Prevalence of Intestinal Parasites	28
Table 5: Prevalence of Specific Intestinal Parasites in Total	29
Table 6: Intensity of Single Infection	30
Table7: Intensity of Double infection	31
Table 8: Intensity of Triple Infection	32
Table 9: Cleaning Method of Hand-wise Prevalence of Intestinal Parasites Table 10: Food Habit-wise Prevalence of Intestinal Parasites	33 34
Table 11: Parent's Occupation-wise Prevalence of Intestinal Parasites	35
Table 12: Defecation Place-wise Prevalence of Intestinal Parasites	36
Table 13: Livestock and Domestic Animals Ownership-wise Prevalence Intestinal Parasites Table 14: Prevalence of Intestinal parasites on the Basis of Awareness towards.	37
Intestinal Parasites	38
Table15: Treatment Method-wise Prevalence of Intestinal Parasites	39

LIST OF FIGURES

Figure 1:	Caste-wise Prevalence of Intestinal Parasites	26
Figure 2:	Sex-wise Prevalence of Intestinal Parasites	27
Figure 3:	Age Group-wise Prevalence of Intestinal Parasites	28
Figure 4:	Overall Prevalence of Intestinal Parasites	29
Figure 5:	Intensity of Single Infection	30
Figure 6:	Intensity of Double Infection	31
Figure 7:	Intensity of Triple Infection	32
Figure 8:	Cleaning Method of Hand-wise Prevalence of Intestinal Parasites	33
Figure 9:	Food Habit-wise Prevalence of Intestinal Parasites	34
Figure 10:	Parent's Occupation-wise Prevalence of Intestinal Parasites	35
Figure 11:	Defecation Place-wise Prevalence of Intestinal Parasites	36
Figure 12:	Livestock and Domestic Animals Ownership-wise	
Prevalence	e of Intestinal Parasites	37
Figure 13:	Prevalence of Intestinal parasites on the Basis of Awareness	
towards I	ntestinal Parasites	38
Figure 14:	Treatment Method-wise Prevalence of Intestinal Parasites	39

LIST OF PHOTOGRAPHS AND MAPS

Plate: 1	Vision of the Study Area
riale. I	Vision of the Study Area

- Plate: 2 Vials Containing Stool Samples
- Plate: 3 Preparation of Stools Smear
- Plate: 4 Microscopic Examination of Stool Smear
- Plate: 5 Trophozoite of Giardia Lamblia
- Plate: 6 Cyst of *E: histolytica*
- Plate: 7 Fertilized egg of A. lumbricoides
- Plate: 8 Unfertilized egg of A. lumbriodies
- Plate: 9 Egg of Ancylostoma duodenate
- Plate: 10 Egg of Trichuris trichiura
- Plate: 11 Medicines Distribution

LIST OF MAPS

Map of Nepal

Map of Morang District

Map of Biratnagar Sub Metropolitan city

LIST OF ABBREVIATIONS AND ACRONYMS

WHO : World Health Organization

ADD : Acute Diarrhoel Diseases

EDCD : Epidemiology and Disease Control Division

i.e. : That is

B.S. : Bikram Sambat

Yrs : Years

No. : Number

CBS : Central Bureau of Statistic

IFPPCP : Integrated Family Planning and Parasite Control

Project

T.U. : Tribhuvan University

VDC : Village Development Committee