INCIDENCE OF MALARIA IN AREAS ACCESSIBLE TO TAULIHAWA HOSPITAL, KAPILBASTU, NEPAL

A THESIS SUBMITTED IN PARTIAL FULFILMENT OF THE REQUIREMENTS FOR MASTER'S DEGREE OF SCIENCE IN ZOOLOGY WITH SPECIAL PAPER PARASITOLOGY

BY
TIL BAHADUR BASNET

TO

CENTRAL DEPARTMENT OF ZOOLOGY
INSTITUTE OF SCIENCE AND TECNOLOGY
TRIBHUVAN UNIVERSITY
KIRTIPUR, KATHMANDU, NEPAL
2008

RECOMMENDATION

This is to recommend that the thesis entitled "Incidence of Malaria in Areas Accessible to Taulihawa Hospital, Kapilbastu, Nepal" has been carried out by Mr. Til Bahadur Basnet for the partial fulfillment of M.Sc. degree in Zoology with special paper Parasitology. This original work was conducted under my supervision. To the best of my knowledge, this thesis work has not been submitted for any other degrees.

Date	Date:	• • • • • • • • • • • • • • • • • • • •	
------	-------	---	--

Supervisor

Dr. Ranjana Gupta

Associate Professor

Central Department of Zoology

T.U. Kirtipur, Kathmandu

Nepal

LETTER OF APPROVAL

On the recommendation of the supervisor, **Dr. Ranjana Gupta**, this thesis submitted by **Mr. Til Bahadur Basnet** entitled "**Incidence of Malaria in Areas Accessible to Taulihawa Hospital, Kapilbastu, Nepal**" is approved for examination and submitted to the Tribhuvan University as partial fulfillment of the requirements for Master's Degree of Science in **Zoology** with special paper **Parasitology**.

Date:			

Prof. Dr. Vasanta Kumar Thapa

Head of Department
Central Department of Zoology
T.U. Kirtipur, Kathmandu
Nepal

CERTIFICATE OF APPROVAL DECLARATION

I hereby declare that the work presented in this thesis entitled "Incidence of

Malaria in Areas Accessible to Taulihawa Hospital, Kapilbastu, Nepal" has been

done by myself and has not been submitted else where for the award of any degree.

All sources of information have been specifically acknowledged by reference to the

authors or institution.

Date:..... Til Bahadur Basnet

Roll No.: 1155/062

Regd. No.: 5-1-50-882-98

ACKNOWLEDGMENT

I wish to express my sincere gratitude and deep respect to my supervisor, Dr.

Ranjana Gupta, Central Department of Zoology, T.U. I am highly grateful to

Dr. Vasanta Kumar Thapa, Head of Department for providing the necessary facilities

required for this work. My sincere thanks go to all staff of Zoology Department.

There are other people who helped directly or indirectly; among them

following are crucial: Mr. Mukunda Gautam (DHO Kapilbastu), Dr. Sanjeev Kharel

and Dr. Deepak Giri, (medical officers), Prem Kumar Yadav (lab technician), Krisna

Prasad. Devkota (store keeper), Khaym K.C. (emergency in-charge), and other staffs

of Toulihawa hospital. I am thankful to my friends, Mr. Akash Hamal and Mr. Hem

Raj Khanal who partly supported to me during the course of thesis completion.

Also, I would like to recall worthy support and guidance of my parents behind every

success and achievements.

Til Bahadur Basnet

Roll No.: 1155/062

M.Sc. in Zoology (Parasitology)

T.U. Kirtipur, Kathmandu, Nepal.

Regd. No.: 5-1-50-882-98

Batch: 2061/062

ABSTRACT

The study was conducted from August 2006 to July 2007 only in the catchments areas of Taulihawa hospital which include 33 VDCs and 1 municipality. Total 705 blood slides were prepared from clinically suspected as malaria patients on the basis of chief complaints of febrile illness with chills and rigor or sweating or headache or muscular pain/malaise. Fever with clinical anaemia or spelenomegaly and pyrexia of unknown origin were also included. 109 cases were found positive for malaria among total cases examined. The incidence of malaria in the study areas during the study period was 0.52/1000 population. The SPR among the study population was 15.42%. The incidence of malaria was high in male population (0.76/1000) than in female population (0.27/1000). It was due to out door exposure of males to mosquitoes than females. 96(88.07%) infections were due to P. vivax, while P. falciparum and P. mix were 10(9.2%) and 3(2.73%) respectively. P. falciparum infections were increasing from previous years. This indicates that there might be resurgence of malaria in coming years. The imported cases contributed 43(39.44%) and indigenous cases were 66(60.56%) indicating more attention for cross border monitoring of malaria cases in the country. The study showed its incidence among all the ages and both sexes. The most infections (25.33%) were found in age group 21-30 years and the least (4.05%) in >60 years. The API was also the highest in age group 21-30 years and the lowest in age group 0-10 years. Out of total cases, 4(3.67%) children of age <5 years were found to be infected that indicates a serious public health burden. The analysis of collected data revealed that the disease was a peak in July (27). Season-wise distribution showed that the highest numbers of cases were found in spring and summer. This was due to optimum environment for mosquito to bread. Data showed that all the castes were susceptible to malaria infection. The incidence of malaria was the highest in Baniya/Kalwar population (2.27/1000). Among study areas, the incidence of malaria in Dharampaniya VDC (1.68/1000) was the highest whereas SPR was the highest in Parshohiya VDC (21.42%). Literacy of positive cases was only 29.36%. Only 62% of total positive cases (109) were aware that the malaria was caused by mosquitoes bite. However, the awareness was high among positive cases, preventive measures applied were poor. Only 11.92% respondents used mosquito-net to avoid vector bite. 5.5% practiced of spraying. 6.42% used oil and interestingly 47.10% did not use any method. People recognized malaria as a significant disease. The present study shows that the crucial determinants were literacy, awareness of malaria transmission and preventive measures.

This thesis submitted by Mr. Til Bahadur Basnet entitled "Incidence of Malaria in Areas Accessible to Taulihawa Hospital, Kapilbastu, Nepal" has been approved as a partial fulfillment of requirements for the master's Degree of Science in Zoology with special paper Parasitology.

EVALUA	TION COMMITTEE
Research Supervisor	Head of Department
External Examiner	Internal Examiner
Date of Examination:	•••

CONTENTS

		Page
LIST	T OF MAPS AND PLATES	i
LIST	T OF TABLES	ii
LIST	OF FIGURES	iii
LIST	T OF ACRONYMS	iv-v
ABS'	TRACT	vi
I:	INTRODUCTION	1-4
	Clinical Features	3
	Necessity of the Study	4
II:	OBJECTIVES	5
	General Objectives	5
	Specific Objectives	5
III:	LITERATURE REVIEW	6-17
	Transmission	6
	Epidemiology	8
	Diagnosis	14
IV:	MATERIALS AND METHODS	18-24
	Materials Required	18
	Study Area	18
	Tools Used in the Study	20
V:	RESULTS	25-37
	General Incidence of Malaria Cases	25
	Species-wise Incidence of Malaria	26
	Type-wise Incidence of Malaria	27
	Sex-wise Incidence of Malaria	28
	Age-wise Incidence of Malaria	29
	Month-wise Incidence of Malaria	30
	Season-wise Incidence of Malaria	31

	Caste-wise Inc	ridence of Malaria	32
	Municipality/V	DCs-wise Incidence of Malaria	
C	hief Complaints	and Clinical Signs of Patients	34
	Literacy and C	Occupation	35
	Awareness of	Malaria Transmission	36
	Preventive Me	asures against Mosquito Bite	37
VI:	DISCUSSION	N AND CONCLUSSION	38-41
IX:	RECOMMEN	NDATION	42
X :	REFERENCE	ES	43-48
APPI	ENDIX		
	Appendix-1:	Data Collection Including Questionnaires	
	Appendix -2:	Identification of Parasites in Giemsa Stained Smear on	
		the Basis of Differential Character of Malaria Parasites	
	Appendix-3:	Indicators	
	Appendix- 4:	The Study Areas, the Catchments Areas of Hospital	
	Appendix- 5:	Some Comparative Characters of Life Cycle of Four Sp	ecies of
		Human Plasmodia	
	Appendix -6:	Statistical Analysis	
	Appendix-7: 1	Definitions	

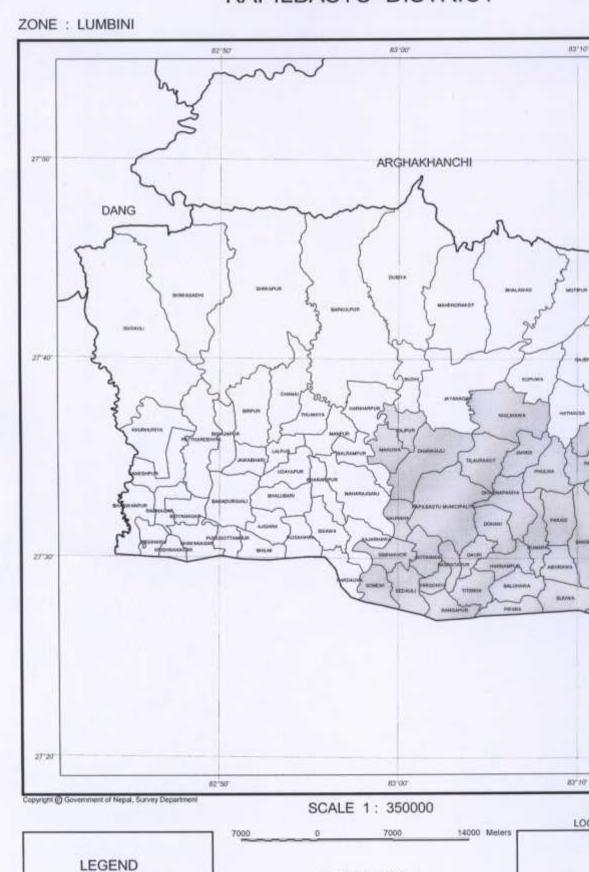
LIST OF TABLES

		Page
Table 1:	Malariometric Indicators, FY 2060/61 to 2062/63	13
Table 2:	Malaria Situations in Kapilbastu in the FY 2059/60 to 063/64	14
Table 3:	Accessibility of Hospital	20
Table 4:	General Incidence of Malaria Cases	25
Table 5:	Species-wise Incidence of Malaria	26
Table 6:	Type-wise Incidence of Malaria	27
Table 7:	Sex-wise Incidence of Malaria	28
Table 8:	Age-wise Incidence of Malaria	29
Table 9:	Month-wise Incidence of malaria	30
Table 10:	Season-wise Incidence of malaria	31
Table 11:	Caste-wise Incidence of Malaria	32
Table 12:	Municipality/VDCs-wise Incidence of Malaria	33
Table 13:	Chief Complaints and Clinical Signs of Patients	34
Table 14:	Literacy of Patients	35
Table 15:	Awareness of Malaria Transmission	36
Table 16:	Preventive Measures against Mosquito Bite	37

LIST OF FIGURES

	Page
Figure 1: Blood Slide Examination Rate FY 2060/61 and 2062/63	13
Figure 2: General Incidence of Malaria Cases	25
Figure 3: Species-wise Incidence of Malaria	26
Figure 4: Type-wise Incidence of Malaria	27
Figure 5: Sex-wise Incidence of Malaria	28
Figure 6: Age-wise Incidence of Malaria	29
Figure 7: Month-wise Incidence of Malaria	30
Figure 8: Season-wise Incidence of Malaria	31
Figure 9: Caste-wise Incidence of Malaria	32
Figure 11: Chief Complaints and Clinical Signs of Patients	33
Figure 10: Municipality/VDCs-wise Incidence of Malaria	34
Figure 12: Literacy of Patients	35
Figure 13: Awareness of Malaria	36
Figure 14: Preventive Measures against Mosquito Bite	37

KAPILBASTU DISTRICT



HORIZONTAL DATUM

Spheroid Everest 1830

Projection MUTM
Origin Longitude 84° E., Latitude 0° N.
False coordinates of origin 500 000 m. Easting, 0 m. Northing
Scale Factor at Central Meridian 0.9999

District Boundary

VDC Boundary

District Name VDC Name

MORANG

PHOTO PLATES



i. Examination of patient to find out paler.



ii. Examination of patient to rule out



iii. Pricking of finger to derive few drops of blood



iv Preparation of thick and thin blood films





v. Staining the blood films with giemsa stain, vi. Examination of stained blood films to diagnose n