

Tribhuvan University

The Quest for Spiritual Truth in Hermann Hesse's *Journey to the East*

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in partial fulfillment of the requirement for the degree of

Master of Arts in English

By

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This thesis entitled "A quest for Spiritual Truth in Hermann Hesse's *Journey to the East*" Submitted to the Central Department of English, Tribhuvan University, by Mr. Resham Bahadur Bist has been approved by the undersigned members of the Research Committee.

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Letter of Recommendation

Mr. **Resham Bahadur Bist** has completed his thesis entitled
'The Quest for Spiritual Truth in Hermann Hesse's *Journey to the*
East under my supervision. He carried out his research from **May 2008**
(A.D.) to November 2008 (A.D.). I, hereby, recommend his thesis to
be submitted for viva-voce.

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Abstract

Journey to the East, By Hermann Hesse is the story of a character's quest for Spiritual truth, written in the backdrop of the painful experience of World War I, the novel explores the fictional journey of HH and that of the League, a religious sect, to the East, the home of light. HH reaches his goal after much suffering, and it is the insight of suffering and salvation as mentioned in the Eastern religions, Hinduism and Buddhism, that Hesse uses as guidelines in this journey of salvation.

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