

**KNOWLEDGE AND PRACTICE OF FAMILY PLANNING:
A CASE STUDY OF CHILAUNEBAS VDC OF
SYANGJA DISTRICT, NEPAL**

A Thesis

Submitted to the Central Department of Economics

Tribhuvan University, Kirtipur, Kathmandu

In Partial Fulfillment of the Requirements

for the Degree of

MASTER OF ARTS

in

ECONOMICS

By

DHURBA KUMAR PAUDEL

Central Department of Economics

Tribhuvan University, Kirtipur

Kathmandu, Nepal

December, 2007

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LETTER OF RECOMMENDATION

This thesis entitled "**Knowledge and Practice of Family Planning: A Case Study of Chilaunebas Village Development Committee of Syangja District, Nepal**" has been prepared by Mr. Dhurba Kumar Paudel under my supervision. I hereby recommend this thesis for examination by the Thesis Committee as a partial fulfillment of the requirements for the Degree of MASTER OF ARTS in Economics.

Dr. Devendra Prasad Shrestha
Associate Professor
Thesis Supervisor

Date: 26 December, 2007

Date: 11/09/2064

APPROVAL SHEET

We certify that this entitled "**Knowledge and Practice of Family Planning: A Case Study of Chilaunebas Village Development Committee of Syangja District, Nepal**" submitted by Mr. Dhurba Kumar Paudel to the Central Department of Economics, Faculty of Humanities and Social Sciences, Tribhuvan University, in partial fulfillment of the requirements for the Degree of MASTER OF ARTS in Economics has been found satisfactory in scope and quality. Therefore, we accept this thesis as a part of the said degree.

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LIST OF ABBREVIATIONS

AD	Anno Domini
BDCS	Birth Death and Contraceptive Survey
CDPS	Central Department of Population Studies
CPR	Contraceptive Prevalence Rate
CVDC	Chilaunebas Village Development Committee
DCs	Developed Countries
FCHV	Female Community Health Volunteer
FP	Family Planning
FPAN	Family Planning Association of Nepal
GDP	Gross Domestic Product
GNP	Gross National Product
IEC	Information Education and Communication
IUD	Intra Uterine Device
LDCs	Less Developed Countries
MCH	Maternal and Child Health
MOH	Ministry of Health
MOPE	Ministry of Population and Environment
MWRA	Married Women of Reproductive Age
NCPS	Nepal Contraceptive Prevalence Age
NDHS	Nepal Demographic and Health Survey
NFFHS	Nepal Fertility, Family Planning and Health Survey
NFFS	Nepal Fertility and Family Planning Survey

NFHS	Nepal Family Health Survey
NFS	Nepal Fertility Survey
NGO	Non Governmental Organization
SLC	School Leaving Certificate
TFR	Total Fertility Rate
UNFPA	United Nation Population Fund
USAID	United States Agency for International Development
WHO	World Health Organization