

**KNOWLEDGE, BEHAVIOUR AND ATTITUDE  
TOWARDS STIS, HIV AND AIDS AMONG  
SECONDARY AND HIGHER SECONDARY  
SCHOOL STUDENTS**

**(A Case Study of Shakranti VDC of Terhathum District)**

**BY**

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**A Dissertation**

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## **Letter of Recommendation**

The dissertation work entitled "*Knowledge, Behaviour and Attitude Towards STIs, HIV and AIDS Among Secondary and Higher Secondary School Students (A Case Study of Shakranti VDC of Terhathum District)*" has completed by Mr. Naresh Sangbo (Limbu) under my guidance and supervision. I, therefore, recommend the Dissertation Committee for the evaluation of this dissertation.

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# APPROVAL-SHEET

This dissertation entitled "*Knowledge, Behaviour and Attitude Towards STIs, HIV and AIDS Among Secondary and Higher Secondary School Students (A Case Study of Shakranti VDC of Terhathum District)*" by Naresh Sangbo (Limbu) has been accepted as partial fulfillment of the requirements for the Master's Degree of Arts in Population Studies.

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## **Abstract**

This study is based on primary data, collected from one higher secondary school of Terhathum district. There are 95 respondents selected in 9, 11 and 12 grades by using systematic random sampling technique (SRST). The selected respondents for this purpose represent all indigenous, Dalits as well as girl respondents.

The main and first objective of this study in conducting in this area is to know the level of knowledge, attitude and behavior of the school going students of 9, 11, and 12 grades and the second objective of this study is that this type of research had not been carried out before in the area.

The major findings of this study are:

- ) About 97 percent of the total respondents have heard STIs.
- ) Hundred percent respondents have heard HIV/AIDS.
- ) Those respondents who have heard STIs, HIV and AIDS also know the symptoms, transmissions, and preventives measures of these problems.

Teachers are the main source for both STIs and HIV/AIDS. Behaviorally, only few numbers of respondents are involved in sexual intercourse and those who are involve and not, both types of respondents are aware about using family planning methods in avoiding STIs and HIV/AIDS.

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## ACRONYMS

AIDS	:	Acquired Immune-deficiency Syndrome
CBS	:	Central Bureau of Statistics
CDPS	:	Central Department of Population Studies
FP	:	Family Planning
GOs	:	Government Organizations
HIV	:	Human Immunodeficiency Virus
ICPD	:	International Conference on Population and Development
IEC	:	Information, Education and Communication
INGO	:	International Non-Governmental Organization
MOH	:	Ministry of Health
MOPE	:	Ministry of Population and Environment
NCASC	:	National Centre for AIDS and STDs Control
NDHS	:	Nepal Demographic Health Survey
NFHS	:	Nepal Family Health Survey
NGO	:	Non- Governmental Organization
STDs	:	Sexual Transmitted Disease
STIs	:	Sexual Transmitted Infections
SWs	:	Sex Workers
TU	:	Tribhuvan University
UN	:	United Nation
UNFPA	:	United Nation Population Fund
WHO	:	World Health Organization