# A COMPARATIVE STUDY OF DIFFERENT DIAGNOSTIC METHODS FOR Mycobacterium tuberculosis IN SUSPECTED PATIENTS VISITING NATIONAL TUBERCULOSIS CENTRE, THIMI, BHAKTAPUR, NEPAL

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#### RECOMMENDATION

This is to certify that Mr. Asta Ram Khagi has completed this dissertation work entitled "A comparative study of different diagnostic methods for *Mycobacterium tuberculosis* in suspected patients visiting National Tuberculosis Centre, Thimi, Bhaktapur, Nepal" as a partial fulfillment of M. Sc. degree in Microbiology under our supervision. To our knowledge this work has not been submitted for any other degree.

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**ABSTRACT** 

This study was conducted in 250 symptomatic patients of pulmonary tuberculosis,

attending National Tuberculosis Center (NTC), Thimi, Bhaktapur, Nepal during 29<sup>th</sup>

June 2005 to 29<sup>th</sup> December 2005 using different diagnostic methods.

In this present comparative study, all 250x3 sputum samples, three sputum samples

from each patient were examined by Auramine fluorochrome stain. In this study the

samples were divided in to two groups, A (n=150) one from each patient showed

tubercle bacilli in Auramine fluorochrome microscopy and B (n=100) one from each

patient showed no tubercle bacilli in Auramine fluorochrome microscopy.

In study group A, Out of 150 sputum smear positive by Auramine fluorochrome

microscopy only 134 patients were sputum smear positive in Ziehl-Neelsen microscopy

and 136 were culture positive, where all the cases of sputum smear positive by

Auramine fluorochrome microscopy were x-ray positive.

In study group B, out of 100 sputum smear negative by Auramine fluorochrome

microscopy, 24 cases showed evidence of x-ray positive, 14 cases showed culture

positive and all cases showed negative in Z-N stain.

The evidence of TB was found to be higher in male than female. On the basis of culture

tubercle bacilli isolates were more frequently encountered in male i.e. 111 (82%) than

female 25 (18%) which is statistically significant ( $x^2 = 54.38$ ). Middle age group (20-50)

years) patients were found to be more susceptible to TB followed by younger age group.

Key words: M. tuberculosis, Ziehl-Neelsen, Auramin fluorochrome stain, Culture X-ray

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#### LIST OF ABBREVIATIONS

AFB : Acid Fast Bacilli

AIDS : Acquire Immuno Deficiency Syndrom

ALA : American Lung Association

ATS : American Thoracic Society

BCG : Bacilli Calmette-Guerin

CAMP : Christie, Atkins and Munch Peterson

CD : Cluster of differentiation

CMI : Cell Mediated Immunity

DOTS : Directly Observed Treatment Short Course Therapy

ELISA : Enzyme Linked Immunosorbent Assay

HIV : Human Immuno Deficiency Virus

INH : Isoniazid

IUATL : International Union Against Tuberculosis and Lung Disease

LJ : Lowenstein Jensen

MDR : Multidrug Resistant

MRS : Methicilin Resistance Strain

MTB : Mycobacterium tuberculosis

NTC : National Tuberculosis Centre

NTP : National Tuberculosis Programme

PCR : Polymerase Chain Reaction

PPD : Purified Protein Derivative

PTB : Pulmonary Tuberculosis

SAARC : South Asian Association of Regional Corporation

STC : SAARC Tuberculosis Centre

TB : Tuberculosis

TU : Tuberculin Units

WHO : World Health Organization

Z-N : Ziehl-Neelsen

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