

**The Socio Economic Condition of Dairy Farmers**  
**(A Case Study of Teenghare Chilling Center, Ilam District)**

**A Thesis Submitted To the Faculty of Humanities and Social  
Sciences of Tribhuvan University in Partial  
Fulfillment of the Requirements For  
The Master Degree of Arts In  
Rural Development**

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## **Recommendation Letter**

It is great pleasure that I recommend the approval of the project work report entitled " **The Socio-economic Condition Of Dairy Farmers: A Case Study of Teenghare Chilling Center, Ilam District**" completed by Mr. Damodar Regmi under my supervision for the partial fulfillment of the requirements for Master of Arts in Rural Development. Therefore, this Thesis is recommended for its evaluation.

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# Approval Sheet

This is to certify that the project work report submitted by Mr. Damodar Regmi entitled " **The Socio-economic Condition Of Dairy Farms: A Case Study of Teenghare Chilling Center, Ilam District**" has been approved by this department in the prescribed format of the Faculty of the Humanities and Social Sciences. This Thesis is forwarded for the evaluation.

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# Abstract

This thesis has been prepared for the fulfillment of partial requirement of M. A. in Rural Development. The present study attempts to explain the socio-economic condition of dairy farmers in some VDC of Ilam district. The surrounding area of 17 milk cooperatives which are collected milk from the dairy farmers and bring to Teenghare Chilling Center is chosen for the study purpose. Out of the total dairy farming household of the study area, only 10.37 percent are selected for the detailed study. Sample size is taken from every dairy cooperative by using the method of Simple Random Sampling.

Dairy farming is developing as a second occupation of rural Nepalese people. It has been playing a vital role to uplift rural socio-economic condition. The study has found the changing situation due to gradual development of education, some positive impact has exposed toward education in the study area. Looking the result of the study, it can be concluded that the living standard of the people of the area is uplift to some extent by milk selling. The income from the milk production and its selling occupies about one third income of the farmers. Such income has helped the rural farmers to fulfill their different needs. Most of the farmers use the dairy income in cattle feeding, but the income from the milk is also supporting the domestic expenses of the farmers. Some farmers use their income to pay school fees for their children study. Others have invested such as income in fixed assets such as land and house, health etc.

There are some problems in dairy farming such as lack of institutional credit services, low price of milk, high price of fodder, milk holiday, insufficient veterinary services and high price of improved breed of dairy animals. But these problems have not hindering dairy farming negatively though it needs some improvements. Dairy farming and agriculture are interrelated to each other. The production of crops, improved grass and other feeding materials are high in this area. There is further possibility of market expansion. Likewise, suitable climate and road access are other push factors which help to further expansion of dairy farming in this area. Thus, the overall scenario of socio-economic condition of dairy farmers is not so good, but, it is going very positively.

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## **ABBREVIATIONS**

<b>ADB/N</b>	<b>Agriculture Development Bank / Nepal</b>
<b>AGDP</b>	<b>Agricultural Gross Domestic Product</b>
<b>CBS</b>	<b>Central Bureau of Statistics</b>
<b>CEDA</b>	<b>Center for Economic Development and Administration</b>
<b>DAN</b>	<b>Dairy Association of Nepal</b>
<b>DDC</b>	<b>Dairy Development Corporation</b>
<b>DFAMS</b>	<b>Department of Food and Agriculture marketing System</b>
<b>DOA</b>	<b>Department of Agriculture</b>
<b>FAO</b>	<b>Food and Agriculture Organization</b>
<b>GDP</b>	<b>Gross Domestic Product</b>
<b>HHs</b>	<b>Households</b>
<b>Kg.</b>	<b>Kilogram</b>
<b>Ltr.</b>	<b>Liter</b>
<b>NARC</b>	<b>National Agriculture Research Council</b>
<b>NDDB</b>	<b>National Dairy Development Board</b>
<b>NPC</b>	<b>National Planning Commission</b>
<b>NRs.</b>	<b>Nepalese Rupees</b>
<b>SAARC</b>	<b>South Asian Association for Regional Cooperation</b>
<b>Sq. Km.</b>	<b>Square kilometer</b>
<b>TCC</b>	<b>Teenghare Chilling Center</b>
<b>TU</b>	<b>Tribhuvan University</b>
<b>UNDP</b>	<b>United Nation Development Program</b>
<b>USAID</b>	<b>United States Agency for International Development</b>
<b>VDC</b>	<b>Village Development Committee</b>
<b>WFP</b>	<b>World Food Program</b>