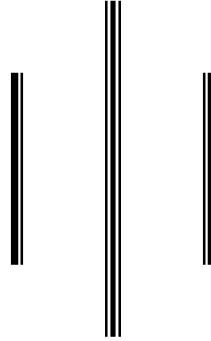
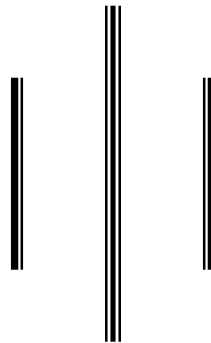


Knowledge and Perceptions of Adolescent Girls
on Reproductive Health
(A Case Study of Kalika Higher Secondary School, Pokhara)



A Dissertation Submitted to
The Central Department of Population Studies
Faculty of Humanities and Social Sciences
For the Partial Fulfilment of Master's Degree of Arts
in Population Studies



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Recommendation Letter

This is to certify that Kamala Bhandari has worked under my supervision and guidance for the preparation of this dissertation entitled "Knowledge and Perceptions of Adolescents Girls on Reproductive Health" A Case Study of Kalika Higher Secondary School, Rambazar, Pokhara for the partial fulfilment for the requirement for the Master Degree of Arts in Population Studies. To the best of my knowledge, the study is original and carries useful information. I therefore recommend this dissertation to evaluation committee for the final approval and acceptance.

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Approval Sheet

This dissertation entitled "Knowledge and Perception of Adolescent Girls on Reproductive Health" A Case Study of Kalika Higher Secondary School, Rambazar, Pokhara submitted by Mrs. Kamala Bhandari has been approved as a partial fulfilment of the requirement for the Masters Degree of Arts in Population Studies.

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Acknowledgements

This dissertation is submitted to CDPS, Faculty of Humanities and Social Sciences for the partial fulfilment of the Master Degree of Arts in Population Studies.

For the preparation of this dissertation, I extend my deepest gratitude and gratefulness to Dr. Ram Sharan Pathak, Associate Professor, Central Department of Population Studies, for his pleasant guidance, inspiration and extreme co-ordination to complete this dissertation. I would like to express my sincere gratitude to Prof. Dr. Bal Kumar K.C. head of the CDPS for his encouragement and valuable suggestion. I am equally obliged to the research committee of the department for the permission to conduct a research on this topic.

Similarly, I would like to express my sincere thanks to all respected lecturers and all librarians of CDPS for their invaluable advice and help for the preparation of this dissertation.

I must extend thanks to the principal, other teachers and all of the sampled students of Kalika Higher Secondary School, for their invaluable help and providence of true information for the data collection of this dissertation. Similarly my thanks go to Bibek Shrestha for data processing in SPSS.

Lastly, I am equally grateful to my parents and husband for their advice, encouragement and continue support during my study.

9th July, 2007

Kamala Bhandari

Abstract

This study is based on the primary data collected from field survey including 139 sampled adolescents girls students aged 15-19 years of higher secondary school. Among of them 119 girls were selected by systematic random sampling and 20 were selected for the purpose of focus group discussion.

Reproductive health is vital component of overall health, which is considered as a great subject of concern all over the world. Reproductive health is an area in which adolescents are particularly vulnerable. Due to the interplay of biological, socio cultural and traditional barrier to the information and inaccessibility of the services with regard to the sexual and reproductive health, they have to faced various vulnerable situation such as early pregnancy, unsafe abortion, risk of STDs including HIV/AIDS, adolescents maternal mortality etc. In this context, this study tries to analyse the knowledge and perception of adolescents on reproductive health.

From this study, it is observed the level of their knowledge and perception on reproductive health and its education is quite satisfactory. They also well informed in this issues such as STDs including HIV/AIDS routes of transmission and its preventing measures, unsafe abortion, maternity care and infertility. The study also deals with the variation among students in terms of age.

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Abbreviations

AIDS	Acquired Human Immune Deficiency Syndromes
ANC	Antenatal Care
ARH	Adolescent Reproductive Health
CBS	Central Bureau of Statistics
CDPS	Central Department of Population Studies
DC	Delivery Care
FP	Family Planning
FPAN	Family Planning Association of Nepal
HIV	Human Immuno Deficiency Virus
ICPD	International Conference on Population and Development
MCH	Maternity Health Care
MMR	Maternal Mortality Rate
MOH	Ministry of Health
MR	Multiple Response
NCASC	National Centre for AIDS and STDs Control
NDHS	Nepal Demographic Health Survey
PLWHA	People Living with HIV/AIDs
PNC	Postnatal Care
RH	Reproductive Health
SAARC	South Asian Association for Regional Co-operation
STDs	Sexually Transmitted Diseases
UN	United Nation
UNAIDS	Joint United Nation Programme on HIV/AIDS
UNICEF	United Nation Children's Fund
UNFPA	United Nation Population Fund
UNESCO	United Nation Educational, Scientific and Cultural Organization
WHO	World Health Organization