# SEXUALITY IN ADVERTISEMENTS: A REFLECTION FROM THE FEMALE AND THE MAIN STREAM MAGAZINES OF NEPAL 

## [Based on the study of the advertisements published on 'Nari' and 'Nepal']

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## LETTER OF RECOMMENDATION

This is to certify that Mr. Prakash Ghimire has completed this dissertation entitled "Sexuality in advertisements: A reflection from the female and the main stream magazines of Nepal" (based on the Study of the advertisements published on 'Nepal' and 'Nari') under my supervision and guidance. I therefore recommended this dissertation for final approval and acceptance.

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Date: September 14, 2015

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## LETTER OF ACCEPTANCE/APPROVAL

This dissertation entitled "Sexuality in advertisements: A reflection from the female and the main stream magazines of Nepal" (based on the Study of the advertisements published on 'Nepal' and 'Nari') carried out by Prakash Ghimire has been accepted as a partial fulfilment of the requirement of the Master Degree of Arts in Sociology.

Dr.Tikaram Gautam
(Supervisor)

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## LIST OF TABLES

Table3.4.1. Descriptions of Selected Magazines ..... 25
Table4.4.1. Frequencies and Percentage for Genders Portrayed in Advertisement ..... 31
Table4.4.2. Frequencies and Percentage of Genders Portrayed in Advertisements byMagazine31
Table4.4.3. Frequencies and Percentages of Products Advertised ..... 32
Table4.4.4. Frequencies and Percentage of Products Advertised by Magazine ..... 33
Table4.4.5. Frequencies and Percentage for type of Sexuality by Advertisements ..... 34
Table4.4.6. Frequency and Percentage of Sexuality in Advertisements by Magazine34
Table4.4.7. Frequencies and Percentages for Type of Sexuality in Advertisements by Magazine ..... 35
Table4.4.8. Frequencies and Percentages of Sexuality in Advertisements by Genders Portrayed ..... 35

## LIST OF PHOTOGRAPHS

Figure.1. ..... 49
Figure.2. ..... 50
Figure. 3 ..... 51
Figure. 4 ..... 52
Figure.5. ..... 53
Figure.6. ..... 54
Figure. 7 ..... 55
Figure.8. ..... 56
Figure.9. ..... 57
Figure. 10. ..... 58

# LIST OF ACRONYMS/ABBREVIATIONS 

| AAAN | Advertising Association of advertisers Nepal |
| :--- | :--- |
| AD | Anno Dominie |
| Ad | Advertisement |
| BS | Bikram Sambat |
| EU | European Union |
| FM | Frequency Modulation |
| NPI | Nepal Press Institute |
| NTV | Nepal Television |
| VOW | Voice of Woman |


#### Abstract

This thesis explores the use of sexuality in contemporary women's magazine and the mainstream magazine advertising and how women are depicted into. A year-long analysis of two different monthly magazines, female and mainstream magazine was done and over 1664 advertisements were analysed in a quantitative manner to determine the level of sexuality.

This study uses a content analysis of advertisements in women's and mainstream magazines to better understand how women are portrayed in these advertisements and determine if they contain more sexuality than images of men and women in advertisements in these magazines.

Previous studies have addressed gender issues and gender stereotyping in magazines, as well as sexuality being used in advertising and few have looked at how male and female are portrayed in women's and men's magazines. This study provides a starting point for more research in the area of women's and the main stream magazines and women's advertisements.

Future research should address the content and themes found in women's and mainstream magazines and advertisements in other countries and parts of the world, as well as analyze the articles contained in these publications.


## TABLE OF CONTENTS

CHAPTER 1: INTRODUCTION ..... 1
1.1. Introduction ..... 1
1.1.1. The Definition of "Sex" ..... 2
1.1.2. Sociology of Visual advertisements ..... 3
1.2. Statement of the problems ..... 4
1.3. Objectives of the study ..... 5
1.4. Hypothesis ..... 5
1.5. Significance of the Study ..... 5
1.6. Organization of the Study ..... 6
CHAPTER 2: LITERATURE REVIEW ..... 8
2.1. General Review ..... 8
2.2. Advertisements ..... 9
2.2.1. Sex in advertisements ..... 10
2.3. Research on Advertisements and Gender ..... 10
2.4. Gender Portrayals in Advertisements ..... 13
2.4.1. Sexuality and Gender in Advertising ..... 16
2.4.2. Difference between Male and Female Sexuality ..... 18
2.5. The History of Advertising in Nepal ..... 19
2.5.1. Pre-2007 BS (pre- 1951AD) ..... 19
2.5.2. Period 2007-2046(1951-1990 AD) ..... 20
2.5.3. After 1990 AD (2046 BS) ..... 21
2.6. Conceptual frame work and Thesis structure ..... 22
CHAPTER 3: RESEARCH METHODS ..... 23
3.1. Rational for the selection of Study ..... 23
3.2. Research Methods ..... 23
3.3. Data Collection ..... 24
3.3.1 Primary Data ..... 24
3.3.2. Secondary Data ..... 24
3.4. Advertising Stimuli ..... 24
3.5. Data Analysis ..... 26
3.6. Validity and Reliability ..... 28
3.7. Ethical Considerations ..... 28
CHAPTER 4: DATA PRESENTATION, ANALYSIS ..... 29
4.1. Data Presentation and Analysis of data ..... 29
4.2. Placement and Size of Advertisements ..... 29
4.3. Making Connections: Sexism and Hegemony in Magazines ..... 30
4.4. Findings ..... 31
CHAPTER 5: SUMMARYAND CONCLUSIONS ..... 36
5.1. Summary ..... 36
5.2. Conclusion ..... 40
REFERENCES ..... 43
ANNEX/ APPENDIX ..... 48
APPENDIX I: CODEBOOK ..... 48
APPENDIX II: PHOTOGRAPHS ..... 49

